Conclusions: The results of the study show significantly worse health status for the unemployed, although the reemployed also have worse health in comparison to the survivors, who in turn have worse health than the general population. These results could be direct or indirect consequences of company restructuring.

Key messages:
- Company restructuring can be associated with poorer health, especially mental health, for all employees affected.
- When comparing different groups of employees affected by restructuring, the unemployed are the group with the poorest health.

Working with depression is experienced as a constant balancing act that includes presenteeism

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Background: Depression is an important reason for work disability. However, employees diagnosed with depression can still work. An estimated 7-10% of the Dutch working force suffers from depression. Research shows not only increased sickness absence but also increased sickness presence (presenteeism) in employees with depression. Research tends to emphasize the costs compared to healthy employees rather than the advantages of participating in paid work by those with long-lasting medical conditions. The aim was to study how Dutch employees with diagnosed depression experience presenteeism and absenteeism, and to what extent the Health Productivity Questionnaire (HPQ) taps their experiences.

Methods: Semi-structured interviews were held with a purposive sample of 13 employees diagnosed with depression, transcribed verbatim and analyzed thematically.

Results: Having depression is experienced as a constant balancing act around three decisions: (1) to seek help for depression or not, (2) to disclose about depression or not, and (3) to be present at work or not. Decisions are made in the context of workplace support. The balancing act affects the depression and work functioning. Presenteeism reflects either ignoring symptoms or a deliberate decision supported by the workplace. Workplace support includes: 1) supervisors creating work adjustments (work structure, content and social environment); 2) occupational physicians advising about work adjustments, and monitoring and supporting the employee. The HPQ is easily misunderstood by these employees with depression, leading to distortion or social desirable answers.

Conclusions: Workplace support for employees with depression includes work adjustments and a positive social environment. Still, this support will not decrease the constant decision-making or presenteeism. The study sheds new light on the experience and support will not decrease the constant decision-making about work adjustments and a positive social environment but does not decrease the constant decision-making about work attendance nor presenteeism.

Key messages:
- Workplace support for employees with depression includes work adjustments and a positive social environment but does not decrease the constant decision-making about work attendance nor presenteeism.
- The Health Productivity Questionnaire was easily misunderstood by employees with depression, leading to distortion or social desirable answers.

Contamination in stethoscopes, a retrospective review

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Background: Stethoscopes are an important fomite per both pathogenic and non-pathogenic bacteria, protozoa and viruses. Lack of standardized protocols: this can spread the problem. Quality of life in patients with achalasia: a systematic review

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Methods: In January-February 2018, we searched studies in PubMed using the key search terms “Quality of life, achalasia”. We included case control, cohort, prospective and retrospective studies in English.

Results: The research yielded 156 publications: after title, abstract and full text analysis, 32 manuscripts were included in this review. The studies were conducted from 1995 to 2017 in USA, Canada, Mexico, Brazil, Italy, Spain, Portugal, UK, France, Netherlands, Sweden, China and included from 19 to 244 patients. Many scores were used like Short Form-36, Eckardt score, Gastro-Eosophageal Reflux Disease Health Related questionnaire and the results showed the existence of a relationship between the severity of symptoms and QoL. Many aspects of QoL significantly improved after treatment and they were not significantly deteriorated by presence of residual, mild...
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ABSTRACT SUPPLEMENT

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