

Environmental drivers of plant assemblages: are there differences between palustrine and lacustrine wetlands? A case study from the northern Apennines (Italy)

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Abstract – Mountain wetlands are among the most vulnerable habitats in the Mediterranean basin. Their conservation requires knowledge of plant species assemblages and their environmental drivers. In this study, we investigated what the main environmental factors driving species composition in mountain wetlands are. Differences in environmental control and floristic composition between palustrine and lacustrine wetlands were explored. We used a dataset of 168 vegetation plots (relevés), sampled at 45 mountain wetlands in the northern Apennines (central Italy). Direct ordination showed that water depth, geology type and altitude were the main factors responsible for species distribution. The most important gradient was linked to soil moisture, with hygrophilous species increasing with moisture levels. Indicator Species Analysis underlined a clear distinction in the distribution of aquatic plants between wetland subsystems. Geology and rainfall affected species assemblages in lacustrine and palustrine subsystems. Indirect ordination and Generalized Additive Models revealed that plant species and their attributes significantly changed in the wetland subsystems with an increase in hydrophytes with increasing rainfall in palustrine wetlands and a decrease in thermophilous species along an altitudinal gradient in lacustrine wetlands. Management and conservation guidelines for northern Apennines wetlands are suggested.

Keywords: aquatic biodiversity / lakes / marshes / ponds / vegetation

Résumé – **Facteurs environnementaux qui guident l'agrégation des plantes: existe-t-il des différences entre les zones de marais et de lacs? Une étude de cas du nord des Apennins.** Les zones humides de montagne font partie des habitats les plus vulnérables du bassin méditerranéen. Nos questions sont les suivantes: i) Quels sont les principaux facteurs environnementaux qui déterminent la composition des espèces dans les zones humides de montagne? ii) Quelles sont les différences de contrôle environnemental entre les différents sous-systèmes de zones humides (palustres ou lacustres)? Nous avons utilisé un ensemble de 168 relevés, échantillonnés dans 45 zones humides de montagne du nord des Apennins (centre de l'Italie). L'ordination directe montre que la profondeur de l'eau, le type de géologie et l'altitude sont les principaux facteurs responsables de la répartition des espèces. Le gradient le plus important est lié à l'humidité du sol, les espèces hygrophiles augmentent avec les niveaux d'humidité. L'analyse des espèces indicatrices montre une distinction claire dans la répartition des plantes aquatiques entre les zones humides. En revanche, les mêmes facteurs, la géologie et les précipitations, ont affecté les espèces dans les sous-systèmes lacustres et palustres. Les autres analyses statistiques ont révélé que les plantes et ses attributs

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changent dans les deux types de zones humides avec une augmentation des hydrophytes à l'augmentation des précipitations dans les zones palustres et une diminution des espèces thermophiles le long du gradient d'altitude dans celles lacustres. Des directives de gestion et de conservation pour les zones humides nord des Apennins sont fournies.

Mots-clés : biodiversité aquatique / étangs / lacs / marais / végétation

1 Introduction

Wetlands are a key component for the conservation of biodiversity. Set at the transitional zone between terrestrial and aquatic ecosystems, they offer unique hydrological and biological conditions and suitable habitats for many threatened plant and animal species. Prolonged anthropogenic pressure and natural succession made them the most threatened habitats worldwide (Dudgeon *et al.*, 2006). Freshwater ecosystems are among the most threatened habitats in Europe (Janssen *et al.*, 2016). As highlighted in the third report on the conservation status of habitats in Italy, a high percentage of wetlands have a poor conservation status (Zivkovic *et al.*, 2017; Gigante *et al.*, 2018), showing evident fragmentation, area reduction, impoverished flora and invasion by alien species. Recent studies highlighted that many wetland plant communities are missing from the Habitats Directive and other protection lists, despite the fact that they are extremely rare in the Mediterranean basin (Gigante *et al.*, 2013; Benavent-González *et al.*, 2014; Lastrucci *et al.*, 2014; Angiolini *et al.*, 2017). As a general trend, European wetlands decrease in size and frequency from north to south. In the Mediterranean basin, most wetlands are in mountain areas (Gerdol and Tomaselli, 1993). Unlike in the Alps, the Apennines are rather poor in wetlands; here, wetlands are often fragmented and floristically less characterized, due a progressive loss of hygrophilous boreal species along the north-south gradient. In particular, at relatively low altitudes (below 1000 m a.s.l.), many Apennine wetlands are partially or completely artificial (Gerdol and Tomaselli, 1993). Nevertheless, also artificial wetlands can be important for the conservation of plant diversity, especially in view of the worldwide degradation of natural aquatic ecosystems and the associated decline in species richness (Hrivnák *et al.*, 2014). A number of studies have also emphasized the importance of small wetlands, such as ponds and pools for biodiversity (De Meester *et al.*, 2005; Edvardsen and Økland, 2006; Novikmec *et al.*, 2016). The significance of regional and local ecological drivers of biodiversity in these habitats has been highlighted as well (De Meester *et al.*, 2005). Two major drivers of community structure in small wetlands are the hydro-period gradient and the availability of water (De Meester *et al.*, 2005 and references therein; Bolpagni *et al.*, 2018). These aspects may become critical under thermal and rainfall anomalies (Bolpagni *et al.*, 2018 and references therein). The central Mediterranean and Italian peninsula are therefore particularly vulnerable to climate change (Casazza *et al.*, 2014).

In this context, northern Apennine wetlands offer the possibility of studying relations between environmental factors and species composition in southern European mountains. Here, wetlands occur mainly at altitudes below 1500 m and their origin might be natural (*e.g.* streams, marshes, ponds),

artificial (*e.g.* irrigation ponds, waterholes) and/or affected by grazing (*e.g.* trampled wet meadows). These wetland subsystems differ in relation to the border between aquatic and terrestrial systems (see Rolon and Maltchik, 2006; Rolon *et al.*, 2008). They can be classified either as “lacustrine”, *i.e.* wetlands with at least temporary open water, such as small lakes, watering places and ponds, or “palustrine”, *i.e.* marshy areas without open water, such as marshes, swamps and wet meadows.

Our hypothesis is that there are significant differences in floristic composition and environmental control between different palustrine and lacustrine wetland subsystems. These differences are mainly driven by water availability. Based on this hypothesis, the main questions we aimed to answer were:

- What are the main environmental factors driving species composition in northern Apennine wetlands?
- Is the floristic composition of palustrine and lacustrine wetlands different and determined by diverse environmental drivers?

2 Materials and methods

2.1 Study area

The study area is situated in the Apennine mountains between Tuscany and Emilia-Romagna (central Italy; Fig. 1) and includes 45 wetland sites. The wetlands range from artificial lakes to small ponds, pools, streams and (trampled) wet meadows. The presence of water is also variable, ranging from permanently flooded (lakes) to temporarily flooded habitats. The wetland sites are at altitudes of 535 to 1470 m.

Detailed information on climate and geology was obtained from various local vegetation studies (Viciani *et al.*, 2002, 2004, 2010; Lastrucci *et al.*, 2005, 2006; Viciani and Gabellini, 2006). Climate is generally (sub-)montane, not distinctly oceanic or continental, with mesic temperatures and moderate to heavy rainfall (depending on altitude), with maximum between October and February and minimum between June and August. According to Pesaresi *et al.* (2017), the study area has a temperate oceanic bioclimate at higher altitudes and a variant temperate oceanic-sub-Mediterranean bioclimate at lower altitudes.

There are four main geological formations in the area (Carmignani *et al.*, 2013). Most slopes on the Tyrrhenian side have two types of siliceous sandstone, one with low percentages of limestone and the other consisting of silty schists, marl and fine siliceous and calcareous sandstone. Some massifs, such as “La Verna” in the south-eastern Tuscan part of the study area, consist of solid “Alberese” limestone which crops out above a chaotic series of clayey rocks (known as

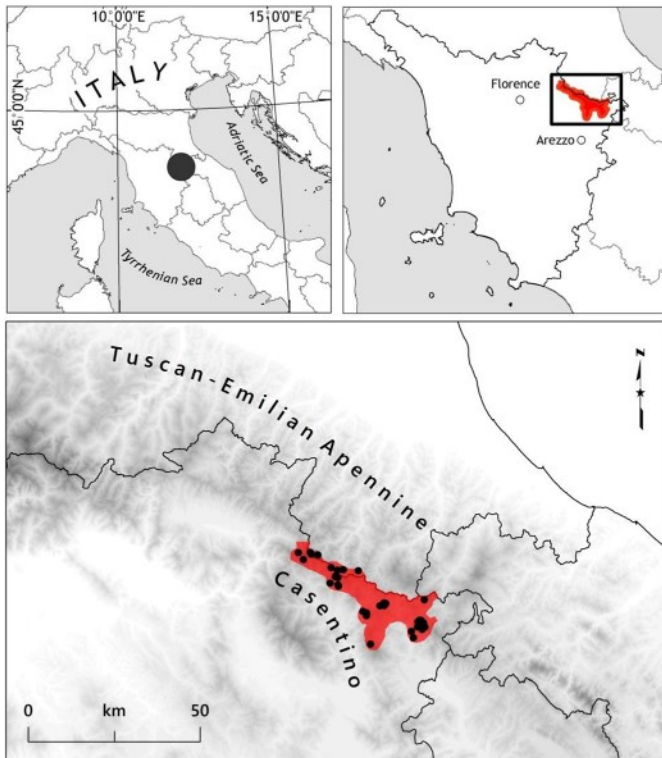


Fig. 1. Study area and its position in the northern Apennines and in Italy (boxes at the top right and left, respectively).

“Liguridi”). The slopes on the Adriatic side are more homogeneous with widespread sandstone-marly flysch formations consisting of sandstone, siltstone and marls with intercalations of calcareous clasts and marly limestone. In the study area other less extensive geological formations are also present (Carmignani *et al.*, 2013).

2.2 Vegetation and floristic data collection

To investigate plant assemblages in the Apennine wetlands, 45 sites were sampled. Minimum, mean and maximum areas were 0.0006, 0.11 and 2.4 ha, respectively. The number of plots was proportional to the size of the sites (ranging from 2 to 18). A dataset of 168 relevés was obtained, including 126 lacustrine and 42 palustrine vegetation plots. The relevé area ranged from 1 (for small hydrophytes) to 50 m² (for large helophytes), with plot sizes as standard as possible within same vegetation types. Plant species were recorded using the phytosociological method (Braun-Blanquet, 1932; Biondi, 2011). The percentage cover of each plant species (plant community composition) was estimated. The nomenclature of species is according to Conti *et al.* (2005) and the definition of families is according to Peruzzi (2010).

2.3 Explanatory variables

Two sets of variables were obtained, namely site and species attributes. They were measured in the field, calculated by GIS for each site or obtained from the literature.

2.3.1 Site attributes

The following site-related explanatory variables were used:

- wetland area (continuous) measured during survey activities with a tape measure and later checked by orthoimagery analysis in the GIS environment (*QGIS*, <https://www.qgis.org/it/site/>);
- water depth (ordinal): the study sites were divided into three groups according to maximum depth measured in the field: i) < 10 cm; ii) from 10 cm to 1 m; iii) > 1 m;
- water persistence (nominal): the study sites were divided into two groups: with permanent water throughout the year and those with a temporary lack of water in the dry season (summer);
- altitude (continuous) was measured in the field by GPS and later checked in a GIS environment;
- rainfall and temperature (continuous): for each sampling site, rainfall and temperature were calculated by data interpolation with GIS. Data were retrieved from available IBIMET-CNR sources for Tuscany and from Antolini *et al.* (2015) for Emilia-Romagna (https://www.arpa.e.it/detta_glio_documento.asp?id=6147&idlivello=1528);
- geology (nominal): the geological substrate of each site was assigned by overlap with the geological map of Italy retrieved from the Web Map Service of the National Geoportal (<http://www.pcn.minambiente.it/>). The following six geological types were identified: i) pelagic marls; ii) chaotic complex; iii) serpentinites; iv) sandstone/arenaceous marls; v) clay limestone; vi) skeletal limestone.

2.3.2 Species attributes

The following three species-related attributes, measured as the percentage presence of each category in the vegetation plots were extrapolated for each species:

- Raunkiaer plant life forms were obtained from Pignatti (1982): i) chamaephytes; ii) geophytes, iii) hemicryptophytes; iv) hydrophytes; v) phanerophytes; vi) therophytes;
- chorotypes were grouped by phytogeographical elements (for details see Viciani *et al.*, 2016, modified): i) endemic; ii) boreal; iii) orophilous; iv) Eurasiatic; v) European; vi) S-European-Mediterranean; vii) wide distribution;
- inclusion in the conservation value lists (Conti *et al.*, 1997; Regional Law 56/2000 and 30/2015; Castelli and Sposimo, 2005; Rossi *et al.*, 2013).

2.4 Data analysis

To detect the main environmental factors driving central Apennine wetland species composition and dissimilarities between palustrine and lacustrine wetlands, different multivariate approaches were used. The characteristic species of the two wetland subsystems were explored by Indicator Species Analysis (INSPAN, Dufrène and Legendre, 1997) under the null hypothesis of no difference in species response across wetland types. To determine whether environmental factors significantly drive species assemblages in Apennine wetlands, constrained ordinations of the total dataset and of the two subsets (lacustrine wetlands, $n=126$; palustrine wetlands,

$n=42$) were used. Given the long data gradient (> 4 SD in all datasets; Šmilauer and Lepš 2014) measured with a preliminary Detrended Correspondence Analysis (DCA), we chose to apply a unimodal constrained ordination (Canonical Correspondence Analysis, CCA; ter Braak and Šmilauer, 2012). The most parsimonious model was fitted using a stepwise algorithm, adding the explanatory variables to the model by selecting the variables that best explained variations in the datasets, until the variables were no longer significant ($p > 0.05$). The relative importance of each explanatory variable was assessed.

To detect differences in the major environmental factor driving species composition in the two wetland subsystems, separate DCAs were performed to describe the general pattern of species distribution along gradients in palustrine and lacustrine wetlands (Lepš and Šmilauer, 2003). We also modelled changes in altitude and rainfall along the first DCA axes in relation to species, using a Generalized Additive Model (GAM) with quasi-Poisson distribution (ter Braak and Šmilauer, 2012). In the DCA diagrams, all species attributes were then projected passively, showing their variation across species data.

A randomized Monte Carlo test with 999 permutations was used to: i) evaluate the statistical significance of the maximum indicator value recorded for a given species (Dufrene and Legendre, 1997; McCune and Grace, 2002; Peck, 2004); ii) test the significance of the first and all constrained axes and of the effect of the variables on species composition in CCA. Spearman's non-parametric correlation coefficient was used to test relationships between ordination scores for sites and the distribution of species and environmental variables. The Bonferroni correction for multiple comparisons was applied to the CCA (ter Braak and Šmilauer, 2012).

Prior to ordination analysis, Spearman's correlation coefficient was used to exclude strongly intercorrelated quantitative variables ($r > 0.85$); the "Wetland area" variable showing skewness > 1 was $\log(x+1)$ transformed to reduce the effect of asymmetry and (natural) outliers, thus improving CCA performance (see McCune and Grace, 2002). Spearman's correlation coefficient was performed in R v. 3.2.3 (R Core Team, 2017) while INSPAN was calculated using the software package PCORD 6.0 (McCune and Mefford, 2011). DCA and CCA were performed using CANOCO v. 5.04 (ter Braak and Šmilauer, 2012).

3 Results

In the vegetation plots of the 45 mountain wetlands, we found a total of 159 species, 108 genera and 46 families of vascular plants and two macroscopic algae (total: 161 taxa; see Appendix 1). The best represented families were *Poaceae* (21 taxa), *Cyperaceae* (15) and *Asteraceae* (12). Six pteridophytes were also recorded. The most abundant genera were *Carex* (11), *Galium* (5), *Epilobium* (4) and *Veronica* (4). The most frequent species in the vegetation plots were: *Mentha aquatica* subsp. *aquatica*, *Ranunculus repens*, *Galium palustre* subsp. *palustre*, *Juncus inflexus*, *Veronica beccabunga* and *Rumex conglomeratus*. Sixteen species were in regional or national red lists, and only two endemics, with distribution

Table 1. Indicator species for lacustrine and palustrine subsystems according to INSPAN.

Species	Lacustrine	Palustrine	<i>p</i> -values
<i>Carex hirta</i>			0.01
<i>Carex pendula</i>			0.05
<i>Dactylis glomerata</i>			0.05
<i>Epilobium hirsutum</i>			0.05
<i>Equisetum palustre</i>			0.05
<i>Geranium nodosum</i>			0.05
<i>Holcus lanatus</i>			0.05
<i>Hypericum tetrapterum</i>			0.05
<i>Lemna minor</i>			0.001
<i>Lycopus europaeus</i>			0.05
<i>Mentha aquatica</i>			0.05
<i>Petasites hybridus</i>			0.001
<i>Phragmites australis</i>			0.01
<i>Poa trivialis</i>			0.05
<i>Potamogeton natans</i>			0.01
<i>Pulicaria dysenterica</i>			0.01
<i>Ranunculus tricophyllus</i>			0.05
<i>Ranunculus lanuginosus</i>			0.01
<i>Ranunculus repens</i>			0.01
<i>Rumex obtusifolius</i>			0.05
<i>Scrophularia umbrosa</i>			0.01

along the Apennine chain, were found (*Arisarum proboscideum* and *Salix apennina*). *Schoenoplectus litoralis*, a rare species linked to coastal and subcoastal wetlands, including brackish ones, was also recorded. On the other hand, only one alien species, with a very low frequency, was found (*Veronica persica*).

The best represented families remained the same when the flora of lacustrine (128 species) and palustrine (111 species) subsystems were considered separately. However, 21 species (12.73%) showed a significant correlation with wetland subsystems, based on their indicator value (Tab. 1). Most species (17; 10.6% of the total number) were associated with palustrine subsystem. They were mainly tall hygrophilous herbs typical of marsh edges, such as *Epilobium hirsutum*, *Ranunculus repens* and *Petasites hybridus*, together with species of wet meadows (*i.e.* *Carex hirta*, *Equisetum palustre*, *Holcus lanatus*). The aquatic species showed a distinct distribution pattern of wetland systems with *Lemna minor*, *Potamogeton natans* and *Ranunculus trichophyllus*, significantly associated with lacustrine subsystem.

3.1 Drivers of plant species composition

The CCA with plant species and explanatory factors along the first two axes (Fig. 2) explained a low but significant ($P < 0.01$) percentage of variance in species composition (2.07% and 1.83%, respectively). Only three significant explanatory variables (water depth, sandstone/arenaceous marls geological type, $P < 0.01$; altitude, $P < 0.05$) were

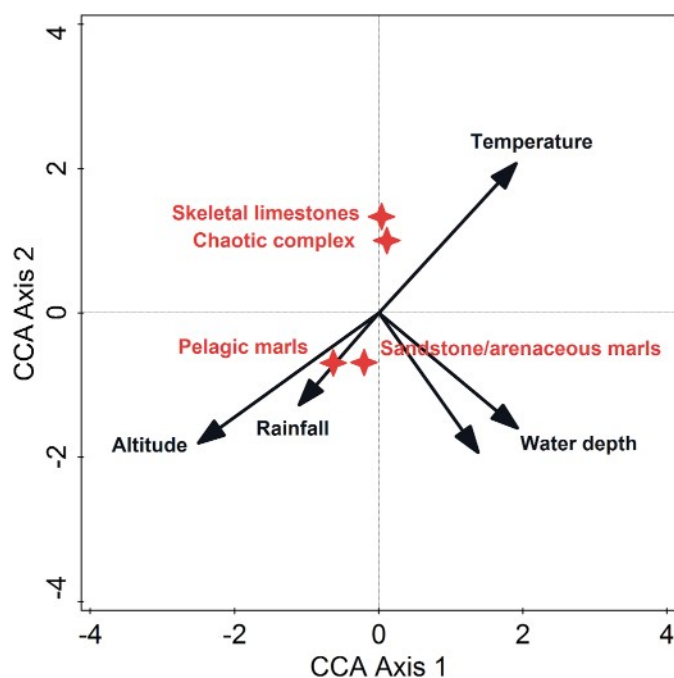


Fig. 2. CCA biplot of northern Apennine wetlands: significant environmental factors are indicated with arrows (continuous variables) and stars (nominal variables).

included in the CCA model and together explained 12.7% of the total variance. The first axis of the CCA diagram showed aquatic species (e.g. *Potamogeton* spp., *Najas marina* and algae of the genus *Chara*) in the positive part, helophytic/amphibious species (e.g. *Eleocharis palustris*, *Phragmites australis*, *Juncus* spp.) in the centre, and those of wet meadows (e.g. *Carex remota*, *Epilobium montanum*, *Milium effusum*) in the negative part of the axis.

The CCAs performed separately for the two wetland subsystems revealed that a different number of factors controlled species composition of lacustrine and palustrine wetlands. Four significant explanatory factors were included in the CCA model for lacustrine wetlands: 11.3% of the species variance was explained by altitude ($F=2.0$, $P < 0.01$), sandstone/arenaceous marls geological type ($F=2.0$, $P < 0.01$), rainfall ($F=1.9$, $P < 0.05$) and clay limestone ($F=1.6$, $P < 0.05$). The first and all canonical axes were significant ($F=2.8$, $P < 0.05$ and $F=1.5$, $P < 0.001$, respectively). For palustrine wetlands, only two significant explanatory factors were included in the CCA model, explaining 19% of the variance in species composition (sandstone/arenaceous marls geological type, $F=2.1$, $P < 0.05$, and rainfall, $F=2.0$, $P < 0.05$). The first and all canonical axes were significant ($F=2.1$, $P < 0.1$ and $F=1.2$, $P < 0.05$, respectively).

3.2 Plant species assemblages in the two subsystems related to altitude and climatic variables

Using indirect ordination (DCA) of species data (biplot not shown), the first two axes explained 12.28% (lacustrine wetlands) and 16.95% (palustrine wetlands) of total species

inertia. According to CCA, the main gradient of floristic change linked to water depth was observed on both wetland subsystems, although it was more evident in lacustrine wetlands. The first axis in the lacustrine subsystem was also significantly linked to altitude. Climatic variables proved to be drivers of the gradient linked to the second axes (Tab. 2), being highly correlated with temperature in lacustrine ($P < 0.01$) and with rainfall in palustrine wetlands ($P < 0.001$); in the latter, the second axis also showed a correlation with altitude and temperature ($P < 0.05$). The other correlations between the wetland subsystems and the explanatory variables are summarized in Table 2.

Changes in rainfall and altitude along the first DCA axes were expressed as plot attributes based on GAMs, with plant life forms, chorotypes and important species passively projected (Figs. 3 and 4). The effects of rainfall on floristic variation were evident in both wetland subsystems. The percentages of hydrophytes increased at the highest rainfall values and species such as *Potamogeton* spp., *Lemna minor*, *Ranunculus trichophyllus* for lacustrine and *Potentilla reptans*, *Ranunculus lanuginosus* and *Galium palustre* for palustrine mainly occurred in the rainiest areas (Fig. 3). A similar trend for hydrophytes along the rainfall gradient was shown by species belonging to the wide distribution chorotype, prevalently represented in our data by aquatic plants. However, the trend of life forms and chorotypes along the rainfall gradient was more evident in the palustrine wetlands (Fig. 3B), with therophytes and species with European or S-European distribution clearly linked to the less rainy areas.

The distribution of wetland species and their attributes were affected by the altitude gradient, with therophytes, S-European Mediterranean and European chorotypes linked to lower altitudes and boreal or Eurasiatic species to the higher altitudes in both wetland subsystems. Lacustrine areas showed hydrophytes distributed at low altitudes and geophytes (such as *Juncus effusus* and *J. inflexus*) at high altitudes (Fig. 4A), while in palustrine wetlands the distribution trend of these life forms was the opposite (Fig. 4B).

4 Discussion

Our study demonstrated that northern Apennine wetlands are an important biodiversity reservoir shaped by a number of environments and related environmental features, such as water depth, wetland type, altitude and substrate.

Based on the number of species found (163), which were concentrated in a very small area (the sum of the areas surveyed was one hectare) and representing almost 15% of the flora of the National Park of the Casentino Forests, Monte Falterona and Campigna (Viciani et al., 2010), our results confirmed that mountain wetlands can host a relatively rich flora, including plants of high conservation value, as already reported for the Apennines by various authors (Gerdol and Tomaselli, 1987, 1993; Lastrucci et al., 2005, 2006; Foggi et al., 2011; Buldrini et al., 2017). Our findings are of particular importance considering the decline in species richness in natural aquatic ecosystems (Hrivnák et al., 2014) and in the wetlands of the Apennine chain (Gerdol and Tomaselli, 1993). Moreover, artificial mountain aquatic

Table 2. Correlations between DCA axes 1 and 2 and environmental factors.

Explanatory variables	Axis 1 Palustrine	Axis 2 Palustrine	Axis 1 Lacustrine	Axis 2 Lacustrine
Environmental physical parameters				
Wetland cover	0.35*	0.36*	n.s.	n.s.
Permanent wetland	n.s.	n.s.	n.s.	n.s.
Water depth	0.33*	n.s.	0.22*	0.31*
Wetland area	n.s.	n.s.	n.s.	n.s.
Altitude	n.s.	0.39*	0.25*	n.s.
Rainfall	n.s.	0.59***	n.s.	n.s.
Temperature	n.s.	0.35*	n.s.	0.29*
Geological types				
Chaotic complex	n.s.	0.35*	n.s.	n.s.
Clay limestone	n.s.	n.s.	n.s.	n.s.
Pelagic marls	–	–	n.s.	n.s.
Sandstone/arenaceous marls	n.s.	0.40***	n.s.	n.s.
Serpentinities	–	–	n.s.	n.s.
Skeletal limestone	–	–	n.s.	n.s.

Superscripts indicate the *P* values of the permutation test. n.s. > 0.05; *; 0.05; ***: < 0.001.

habitats may act as refugia for species of conservation importance. We found that more than 10% of the species recorded are included in Italian regional or national red lists. For instance, *Carex pseudocyperus*, *Caltha palustris* and *Epipactis palustris* are threatened and therefore of high conservation value (see Conti *et al.*, 1997; Tuscan Region, 2000; Castelli and Sposimo, 2005; Rossi *et al.*, 2013; Viciani *et al.*, 2018). The presence of only 1 alien species (*Veronica persica*) is of interest considering the vulnerability of wetlands to invasion (see Kercher and Zedler, 2004) and the strong link between the non-native flora and European wetlands (Chytrý *et al.*, 2008a; Pyšek *et al.*, 2010; Angiolini *et al.*, 2017). However, alien species tend to occur in low altitude wetlands (below 500 m a.s.l.) where human pressure is more intense and anthropogenic habitats prevail (Angiolini *et al.*, 2013; Bolpagni *et al.*, 2018). At higher altitudes, the reduction in number and size of anthropogenic habitats, along with low connectivity between neighboring sites, presumably restricts the spread of invasive plants due to the remoteness of these wetlands from alien sources (Becker *et al.*, 2005; Chytrý *et al.*, 2008b).

4.1 Main environmental factors driving species composition

The key factors shaping the distribution of plant species in mountain wetlands of the northern Apennines were primarily water depth and sandstone/arenaceous marls geological type, and secondarily altitude. As found by other authors (Dwire *et al.*, 2006; Hammersmark *et al.*, 2009), in wet ecosystems, water depth drives the distribution of Apennine mountain wetland flora, also influencing aquatic and helophyte species and determining a specific plant assemblage (see Weiher and Keddy, 1995). Water level fluctuations can cause distinct patterns among those plant communities that are mainly arranged according to a depth gradient (Van Eck *et al.*, 2004; Azzella *et al.*, 2013). The key role of sandstone/arenaceous marls geological type in shaping wetland species distribution,

and the significant correlation of other geological types with CCA axes, highlights that bedrocks contribute to a great diversity of physical environments. It has been recognized as a primary regional determinant of wetland plant communities (e.g. Loughheed *et al.*, 2001; Bubíková and Hrivnák, 2018). The sandstone/arenaceous marls geological type is mainly composed of arenaceous and pelitic-arenaceous lithofacies, and its low permeability, defined by the succession of sandstones and marls, limits the percolation of rainwater, creating superficial runoff (Galassi *et al.*, 2011). This is in line with our finding because this geological type is positively correlated with factors linked to the relative availability of water (wetland cover, water depth and wetland area). Alterations in substrate composition, especially fine sediment, clearly have a direct effect on plant species composition in the studied wetlands. Considering the wide distribution of aquatic plants compared with those of terrestrial ecosystems, and since wetland vegetation is azonal, altitude has been considered a non-typical driver of floristic composition in mountain wetlands (Santamaria, 2002; Chambers *et al.*, 2008). However, altitude necessarily includes other gradients (climatic, water quality and availability, human disturbance, vegetation heterogeneity) that influence aquatic and helophytic plants (Naqinezhad *et al.*, 2009; Short *et al.*, 2016; Bolpagni *et al.*, 2018). This in turn may indirectly affect the distribution of wetland plant species (see Kamrani *et al.*, 2011). Our results showed that species diversity increases with environmental heterogeneity. Therefore, to maintain wetland plant biodiversity, one of the best conservation strategies is to maintain habitat diversity (see also Lastrucci *et al.*, 2015).

4.2 Floristic composition and environmental factors in palustrine versus lacustrine wetlands

A sharp effect of lacustrine and palustrine subsystems on floristic assemblages was found, especially in relation to the different (low versus high) influence of the terrestrial

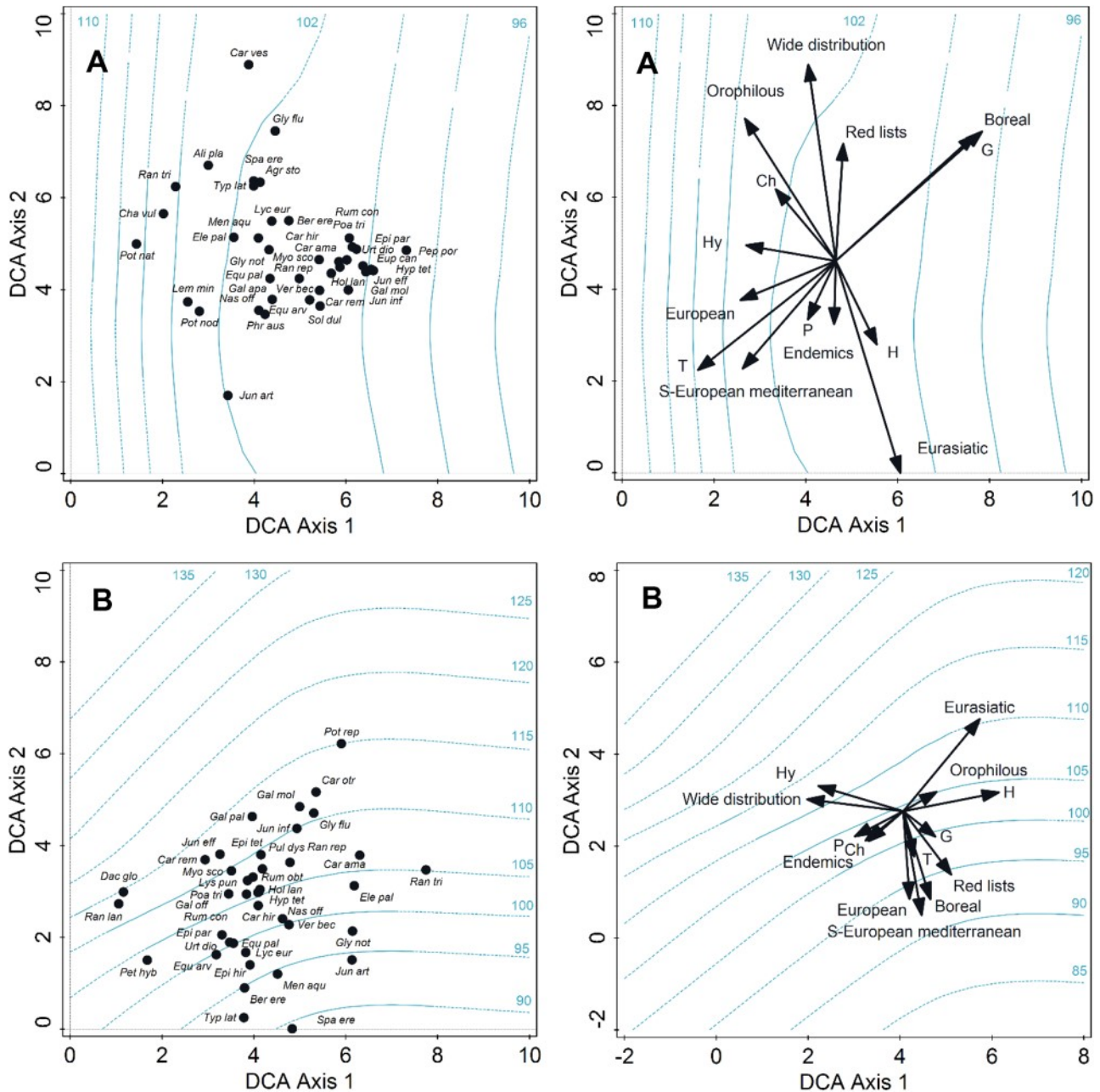


Fig. 3. DCA ordination biplots of northern Apennine wetland sites (A – lacustrine; B – palustrine). Change in rainfall (mm) along the first two DCA axes is expressed as an attribute plot based on the GAMs (in blue in the online version of the paper). Ch = chamaephytes; G = geophytes; H = hemicryptophytes; Hy = hydrophytes; P = phanerophytes; T = therophytes. For species name abbreviations see Appendix 1.

ecosystem (Rolon *et al.*, 2008). This was underlined by the INSPAN results. There was a clear distinction in the distribution of aquatic plants between wetland subsystems. Three hydrophytes with a wide distribution in Italy (Bolpagni *et al.*, 2018), were found to be exclusive to the lacustrine habitat, due to the presence of clearings and because they are obligate aquatic plants that do not tolerate long periods of drought. *Phragmites australis* is also linked to lacustrine wetlands, mainly forming aquatic reed beds consisting of one or few species. Among non-obligate aquatic species, hygrophilous tall herbs of fringes such

as *Epilobium hirsutum*, *Ranunculus repens* and *Petasites hybridus*, species of wet meadows such as *Carex hirta*, *Equisetum palustre* and *Holcus lanatus* and herbaceous species not linked to water (*i.e.* *Geranium nodosum* and *Dactylis glomerata*), were related to the palustrine wetland subsystem. The higher species distinctiveness of the palustrine habitat is linked to the richness of hygrophilous species having their ecological optimum in marshes, swamps and wet meadows rather than in habitats characterized by the permanent presence of water.

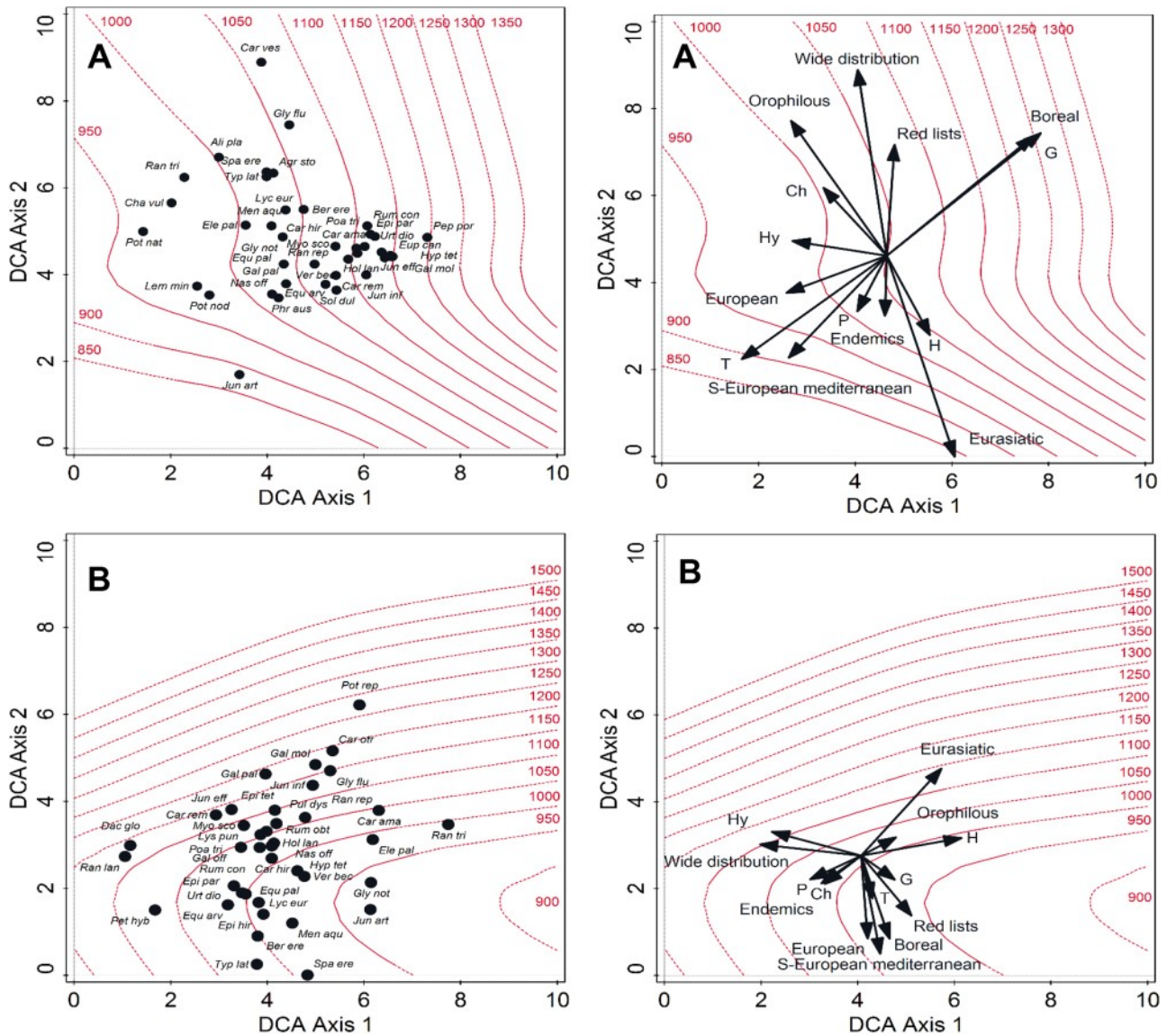


Fig. 4. DCA ordination biplots of northern Apennine wetland sites (A–lacustrine; B–palustrine). Change in altitude (m) along the first two DCA axes is expressed as an attribute plot based on the GAMs (in red in the online version of the paper). Ch = chamaephytes; G = geophytes; H = hemicryptophytes; Hy = hydrophytes; P = phanerophytes; T = therophytes. For species name abbreviations see [Appendix 1](#).

On the other hand, a clear distinction between key factors determining species assemblages in lacustrine and palustrine wetlands was not found. Both rainfall and geology led the distribution patterns of species, life forms and chorological forms. In both subsystems, the distribution of hydrophytes (*Chara vulgaris*, *Ranunculus trichophyllus*, *Potamogeton natans*) and/or hygrophilous species (such as *Juncus* spp. and *Galium palustre*) was linked to the highest rainfall values. However, the role of rainfall was fundamental in palustrine subsystems where the main spread of species, life forms and chorotypes was clearly visible along the increasing rainfall gradient, with therophytes and European chorotype distribution clearly linked to less rainy areas. In palustrine wetlands prevalently fed by rainwater, water availability varied greatly over time in relation to rainfall. Particularly in this subsystem,

the scarcity of rainfall can be a limiting factor for the development and permanence of hygrophilous vegetation. At the same time, the role of geology is important in terms of soil wetness (moist versus dry soils), changing plant species composition that can grow in an area, but also in terms of morphology since it influences landforms (Nucci *et al.*, 2012a) and consequently wetland types (open water systems versus marshes). Moreover, the ordinations highlighted a main gradient of water depth/soil moisture in the two subsystems, with hygrophilous species increasing with higher moisture levels. This gradient was more evident in the lacustrine wetlands. Another major factor driving the species distribution and the succession of plant communities in northern Apennine lacustrine and palustrine wetlands is soil moisture (Bolpagni *et al.*, 2018). In the Apennine wetlands moisture is mainly

linked to rainfall, substrate type and maintenance of traditional agro-pastoral activities, which are fundamental for the preservation of the species pools and for nature conservation in general (Gourmelon *et al.*, 2001). The disappearance of traditional management activities has led to a change in floristic composition and community types. Therefore, conservation management should imitate the management that contributed historically to the development of currently preserved diversity as shown for different vegetation types (Bonari *et al.*, 2017). In particular, wet meadows tend to evolve into mesophilous grasslands with the disappearance of many wetlands and their associated rare species (Middleton *et al.*, 2006; Middleton, 2013).

In the northern Apennines the altitude drives species assemblages only in the lacustrine subsystem, where aquatic species seemed to occur prevalently at lower altitude. Deeper water bodies generally occur at lower altitudes due to the morphological characteristics of the Apennines. The few helophytes and hydrophytes found at higher altitudes may be explained by steep slopes and a lack of lakes, while the wettest areas are often the most low-lying and gently sloped (Bubíková and Hrivnák, 2018). However, plant species and their attributes changed significantly along the altitudinal gradient in both wetland subsystems, following an expected trend of species turnover: therophytes and Mediterranean and European chorotypes were more common at lower altitudes, whereas boreal or Eurasiatic species at higher altitudes, in relation to different temperature and drought values (Angiolini *et al.*, 2011; Nucci *et al.*, 2012b).

5 Conclusion

Based on our study of northern Apennine wetlands, the role of environmental variables such as water depth and substrate, is pivotal. These factors proved to be the best drivers of plant species distribution. Altitude was also found to influence species distribution. These findings are sustained by Apennine environmental heterogeneity, which hosts a variety of habitat types at different altitudes, along with heterogeneous substrates, climate factors and water levels.

The two wetland subsystems with their different species composition showed the same environmental drivers (rainfall and geology) determining plant species distribution. Our results also indicate that biological and chorological forms, especially hydrophytes and hygrophilous species, reflect the influence of rainfall and altitudinal gradients, highlighting the vulnerability of mountain wetland flora in a climate change perspective. Considered among the most vulnerable habitats, Apennine wetlands are threatened by climate change since potential shifts in distribution across mountain landscapes could have substantial consequences for wetland species, wetland ecosystems and their biological networks. Since drastic changes in precipitation patterns and temperatures are expected in the near future in Italy, our findings can be useful in this scenario.

We offer a series of proposals for developing conservation guidelines, which can have important applications for the conservation and management of aquatic and wet habitats in northern Apennines. Management efforts aimed at preserving species assemblages of Apennine wetlands should not only

focus on local conditions of each lake or wet meadows, but also of their watersheds. In addition, the protection of a specific wetland area is not an appropriate strategy for the conservation of its plant species assemblages. In order to effectively conserve the plant species assemblages of the mountain wetland systems of central Italy, protocols should include areas with different range of altitudes, since wetlands at different altitudes and with different climate factors are distinct. Different geology and hydrological characteristics, providing heterogeneous conditions for aquatic and hygrophilous species, should be favoured as well.

Finally, our results suggest that palustrine wetlands are more heavily affected than lacustrine ones by water availability and persistence, as well as by climatic factors. In this respect, substrate alterations related to the use of heavy vehicles in forest management interventions should be avoided because they might cause change to the (micro-)topography and therefore modification of species assemblages. Under restricted resources, attention should be preferentially given to palustrine subsystem in order to minimize the probable loss of hygrophilous plants.

Supplementary Material

Appendix 1. Environmental drivers of plant assemblages: are there differences between palustrine and lacustrine wetlands?

The Supplementary Material is available at <https://www.kmae-journal.org/10.1051/kmae/2019026/olm>.

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