



Emerging topics in cutaneous wound repair

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Issue: *Environmental Stressors in Biology and Medicine***Emerging topics in cutaneous wound repair**Giuseppe Valacchi,^{1,2} Iacopo Zanardi,³ Claudia Sticozzi,¹ Velio Bocci,⁴ and Valter Travagli³¹Dipartimento di Biologia ed Evoluzione, Università degli Studi di Ferrara, Italy. ²Department of Food and Nutrition, Kyung Hee University, Seoul, South Korea. ³Dipartimento Farmaco Chimico Tecnologico, Università degli Studi di Siena, Italy.⁴Dipartimento di Fisiologia, Università degli Studi di Siena, Italy

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The intervention strategies in various types of skin wounds include several treatment programs according to the identified disease. Several factors such as aging, defective nutrition, traumatism, atherosclerosis, and diabetes concur to the formation of a wound which has no tendency to heal due to a defective and complicated repair process. The numerous advances on the understanding of the wound healing process in both acute and chronic lesions have been recently described. The purpose of this paper is to describe relatively new approaches as viable alternative to current therapies for the treatment of wound healing. The future challenges for both the best targeting and optimization of these potential treatments are also described.

Introduction

About 1.5 billion people suffer from skin diseases as a consequence of both the progressive aging of the population and the lack of adequate healthcare programs. Among these, skin lesions are of great interest and they can be mainly represented by acute and chronic wounds. Experts debate about the time for closure that defines a chronic nonhealing wound.¹⁻³

It has been stated that “acute wounds generally follow trauma or inflammation and usually heal within six weeks.”⁴ Chronic wounds (in addition to failing to heal after six weeks) have characteristic pathological associations that inhibit or delay the healing process.⁵ In particular, in the industrialized world it is estimated that 1–1.5% of the population undergo problems related to the recovery process of the correct function of the skin, with particular reference to the elderly and patients with diabetes and/or arteriosclerosis which can easily suffer ulcers and bedsores. The International Diabetes Federation estimates that 285 million people around the world have diabetes.⁶ This total is expected to rise to 438 million within 20 years. Moreover, type II diabetes, most often in connection with obesity, further increases the number of people with chronic wounds.

Throughout the world, beside millions of sick days, the total expenses spent on the impaired healing of chronic wounds is enormous, about 2–4% of health spending, particularly because about 15% of type I diabetes must undergo lower extremity amputations. Certainly not less important are the anguish and the suffering of the affected patients. Moreover, a number of issues directly related to treatment modalities and its correct evaluation are still open,⁷ despite the numerous recent advances on the understanding of the “wound healing” process in both acute and chronic lesions.^{8,9} Furthermore, since a wound represents a violation of natural defense barriers, infectious complications are very common and should be readily avertible.¹⁰ In this sense, the parenteral and/or topical use of valid antibiotics, antivirals, vaccines, antiparasitic drugs makes a valuable contribution. Unfortunately, with time, pathogen agents may become drug resistant as well as the conventional drugs side effects frequently limit their compliance. Another drawback is represented by their cost, which compromise their use or their availability in poor countries. Moreover, wound patients are suffering not only because they become noncompliant to frequent medications but they are discouraged by observing a lack of healing.

Cutaneous wound healing is an age-related as well as gender multiphase process,^{11,12} but both innate and adoptive immune systems are too often hindered by the chronic infection naturally difficult to overcome. This is also the reason explaining the failure of growth factors in heavily contaminated ulcers. This paper briefly summarizes the sequential phases of physiological wound healing and then analyses the causes complicating the healing in chronic wounds. Moreover, after resuming pros and cons of current therapies, it extensively describes both a relatively new approach, which is not mentioned in recent relevant reviews,^{13,14} as well as future concepts.

Physiological aspects of the wound repair process

In humans, and more widely in all mammalian species, the wound healing process can be subdivided in three consecutive and overlapping phases: inflammation, tissue formation, and matrix formation and remodeling.¹⁵ The transition from one phase to another depends on the maturation and differentiation of the main cell populations involved, among which the keratinocytes, the fibroblasts, the neutrophils and the macrophages play the main role.¹⁵⁻¹⁸

Recent observations show that stem cells have an unclear but likely major role in response to cutaneous injury,¹⁹ as well as the evidence for the roles of M1 and M2 macrophage, and that of T cells.^{20,21} The first event occurring after injury is the formation of a blood clot and several cells are involved in the blood plug such as platelet, red, and white blood cells. Due to the action of the fibrin fibers, the clot is stabilized and then will be "invaded" by several infiltrating cells such as neutrophils, macrophages, mastocytes, platelets, and possibly of bacteria and toxins counteracted by the generated H₂O₂. Neutrophils massively infiltrate the wound during the first 24 hours postinjury as are attracted by the numerous inflammatory cytokines produced by the activated platelets, endothelial cells, as well as by the degradation products from pathogens. Macrophages massively infiltrate the wound two days postinjury and exacerbate at this stage an intense phagocytic activity.²²

After two to three days, the second phase lasts about two weeks and it is characterized by the neoangiogenesis and granulation. During the reepithe-

lialisation process keratinocytes from the wound edges migrate over the wound bed at the interface between the wound dermis and the fibrin clot. This migration is facilitated by the production of specific proteases such as the collagenase by the epidermal cells to degrade the extracellular matrix. Activated fibroblasts also migrate to the wound bed and form, with the macrophages, the granulation tissue. A massive angiogenesis allowing the supply of oxygen and nutrients necessary for the healing process also occurs within this tissue. Both growth factors and reactive oxygen species (ROS) produced by the granulation tissue will favor proliferation and differentiation of epithelial cells restoring the epithelial barrier integrity. The last stage of the wound healing process consists in a gradual involution of the granulation tissue and dermal regeneration. This step is associated with the apoptosis of myofibroblasts, endothelial cells and macrophages. The remaining tissue is therefore composed mostly of extracellular matrix proteins, essentially collagen type III that will be remodeled by the metalloproteinase produced by the epidermal cells, endothelial cells, fibroblasts, and the macrophages remaining in the scar and be replaced by collagen type I.⁸

The chronic wound healing is mainly sustained by a chronic inflammation which without an appropriate therapy tends to worsen. The basic reasons are not necessarily old age but rather hypertension, atherosclerosis leading to ischemia, diabetes, and venous insufficiency. Common pathogenetic causes are the local tissue hypoxia, edema, abundant bacterial colonization, and possibly repeated ischemia-reperfusion injuries. The surface area of a nonhealing wound tends to widen and shows fibrin deposition, necrotic areas, and a few islands of granulation tissue.

Current therapies

It is clear that delayed wound healing is due to the deficiency of essential parameters as a normal vascular bed, a physiological pO₂, an active local immune system, and the normal sequential release of growth factors able to, step by step, heal the wound.²³ A number of therapies have been evaluated and they may vary in relation to the causes of the wound: diabetes, peripheral arterial obstructive disease (PAOD), trauma, and venous insufficiency.^{24,25} Moreover, infection complications and severity may vary from mild when infection is limited to the skin

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Wound healing; oxidative stress; ROS; 1,2,4-oxolane moieties

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3 surrounding the wound, to moderate, when infec-
4 tion is spread on the nearby tissues and severe, with
5 systemic toxicity, high fever and metabolic prob-
6 lems. Antibiotic therapy to be effective should be
7 dictated by repeated culture data indicating the op-
8 timal antibiotics and it should be continued for at
9 least two to three weeks.²⁶ However, such a subject
10 cannot be considered as an emergent topic, except
11 than for the use of topical doxycycline to enhance
12 healing of chronic wounds because of its enzyme
13 inhibitors properties.²⁷ On the other hand, both the
14 type of culture and the role of contamination have
15 been long debated, together with the role of biofilm
16 bacteria.^{28,29} Several approaches useful for wound
17 repair will be reviewed below.

18 *Wound cleansing and debridement*

19 Particular attention has been placed on measures of
20 wound cleansing as part of wound bed preparation
21 that gently and continuously removes debris and ex-
22 udate to prepare the wound bed for closure.^{30,31} It is
23 increasingly well recognized that clearing a wound
24 bed of nonviable tissue is an important step that
25 may facilitate the healing process for a variety of
26 wound types. In fact, removal of necrotic tissue is
27 essential for the treatment of chronic wounds be-
28 cause devitalized tissue poses a major impediment
29 to wound healing. A number of different modalities
30 exist for wound debridement. The four most com-
31 mon debridement methods are surgical, autolytic,
32 enzymatic, and mechanical.³²

33 *Wound care*³³

34 In order to prevent tissue dehydration and cell death
35 and to enhance neo-angiogenesis and reepithelial-
36 ization the use of a clean, moist wound-healing
37 environment appears to be very useful.³⁴ Recent
38 advancements in technology and in the understand-
39 ing of human physiology have led to the commer-
40 cial development of dressings that offer material
41 improvements on these same ancient fundamental
42 principles.³⁵

43 *Revascularization*

44 Whenever possible, the treatment of peripheral arte-
45 rial obstructive disease (PAOD) consists in perform-
46 ing endovascular or open surgery using either angio-
47 plasty, or endarterectomy. Catheter-based options
48 for revascularization currently play an important
49 role. Available technology will continue to improve
50 and innovation will be rapid. These innovations in-

clude biodegradable stents, drug eluting balloons,
and new stent platforms.³⁶⁻³⁸ Moreover, pharma-
ceutical therapy with statins, platelet-antiaggregants
together with dieting with a low-fat diet, and daily
physical exercise are helpful.

51 *Pressure off-loading*

52 The evidence for the role of offloading in the pre-
vention and treatment of plantar ulcers in the di-
abetic foot has been assessed, even if it has been
pointed out that there is a gap between evidence-
based guidelines and current practice.³⁹ A highly
evaluated offloading technique is represented by a
contact casting, half shoe, and felted foam dressings
to be changed every one to two weeks. Soft-tissue
infections and osteomyelitis are contraindications
to total-contact casting. Pressure offloading with
the total-contact cast is the gold standard of care
for chronic neuropathic noninfected, nonischemic
plantar foot ulcers in individuals with diabetes mel-
litus. The recent trials of removable cast walkers
rendered irremovable suggest that this alternate ap-
proach may be preferable given that less technical
expertise for fitting is required.⁴⁰

53 *Negative-pressure wound therapy*

Negative-pressure wound therapy (NPWT) is a
fairly popular method for providing a subathmo-
spheric pressure (about -125 mmHg) to dressed
wounds connected to a vacuum pump and the area
sealed with an adhesive film. There is no doubt
that the negative pressure reduces the perilesional
edema, the hypoxia and stimulates cellular prolifer-
ation. This procedure has been found effective and
safe in advanced diabetic foot ulcer,^{41,42} even if re-
cently the FDA issued a Preliminary Public Health
Notification and Advice for patients on serious com-
plications, especially bleeding and infection, from
the use of NPWT systems.⁴³ Although rare, these
complications can occur wherever NPWT systems
are used, including hospitals, long-term healthcare
facilities, and at home.⁴⁴

54 *Wound management agents*

Recently, many agents have been used in the man-
agement of wounds. In detail, becaplermin, the re-
combinant human platelet-derived growth factor,
subunit B is a potent mitogen for cells of mesenchy-
mal origin. Binding of this growth factor to its re-
ceptor elicits a variety of cellular responses. It is
released by platelets upon wounding and plays an

1 Wound healing; oxidative stress; ROS; 1,2,4-oxolane moieties

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3 important role in stimulating adjacent cells to grow
4 and thereby heals the wound.^{45–47} For completeness
5 sake, results of clinical trials conducted in devel-
6 oped Western countries cannot be directly extrap-
7 olated and applied to populations living in developing
8 countries. In fact, a prospective comparative study,
9 conducted on 613 consecutive patients with diabetic
10 foot lesions, documented the regional differences in
11 risk factors and clinical presentation of diabetic foot
12 lesions.⁴⁸

13 Finally, other types of treatment options such as
14 the potential use of stem cells have elicited interest
15 but at this stage, if they are not autologous, they
16 may be rejected.⁴⁹ Autologous cells may be used in
17 some patients but not in diabetics because defec-
18 tive. Gene therapy programmed in cells able to re-
19 lease growth factors is promising but again release of
20 growth factor in infected wounds is useless.⁵⁰ More-
21 over, there is little evidence to justify the routine
22 use of bioengineered skin substitutes, extracellular
23 matrix proteins surface or dressing compared with
24 standard care.^{51,52}

25 A plethora of natural products and deriva-
26 tives like terpenoids have been more or less
27 anecdotally used as wound healing agents.^{53,54}
28 Among these, alkannins, and shikonins—chiral-
29 pairs of naturally occurring isohexenylnaphthaz-
30 arins found in the external layer of the roots of
31 at least 150 species of the Boraginaceae family—
32 show significant and promising wound healing
33 properties.⁵⁵

34 As for nonnatural compounds as wound healing
35 agents, benzazepines, phenytoin, raxofelast, mol-
36 sidomine, and *S*-nitrosothiols, together with nitric
37 oxide in its gaseous form are very important for a
38 better understanding of the wound healing process
39 and they represent lead compounds for the design
40 of new efficient drugs.⁵⁴

41 *Proteolytic enzymes*

42 The properties and functions of the extracellular
43 and cell surface proteases involved in wound heal-
44 ing are well known. They involve matrix protein syn-
45 thesis and degradation; release of cryptic bioactive
46 fragments; regulation of growth factors and other
47 cytokines; and the control of cell adhesion, migra-
48 tion, apoptosis, and signaling.⁵⁶ Moreover, it has
49 been confirmed that collagenase ointment is a safe
50 and effective choice for debridement of cutaneous
51 ulcers and burn wounds.⁵⁷

Maggot therapy

It represents the application of disinfected fly larvae
to chronic wounds. Maggots are gradually finding
their way into a more acceptable system of wound
management and they have been used for treating
diabetic foot ulcers unresponsive to conventional
therapy.^{58,59} Maggot secretions and excretions pos-
sess antibacterial activity against a wide range of
pathogens and in their wound healing capabilities
in biosurgery.⁶⁰

Hyperbaric oxygen therapy

Hyperbaric oxygen therapy (HBOT) delivers 100%
O₂ at 2–3 bar for a period of—one to two hours
usually five days a week in a suitable chamber. The
leading idea is to enhance the low pO₂ values of
hypoxic tissues and to display some bactericidal ef-
fect. Normally, 10–30 treatments are necessary if the
patient tolerates them. On the whole, HBOT im-
proves the chance of healing and it reduces the risk
of amputation.^{61–63} However even if to day there
is practically no risk of chamber explosion, it is a
costly therapy,⁶⁴ both tympanic membrane rupture
and pneumotorax are common side effects,⁶⁵ and
presently, there are conflicting data regarding the
efficacy of this therapy.^{63,66,67} It may be in conjunc-
tion with topical oxygen therapy localized to the
wound area using a portable inflatable device. This
method lowers the risk of oxygen toxicity, improves
the oxygenation of the lesion, has a low cost, and
it has the advantage of home treatment. Kalliainen
et al. evaluated this topical therapy and found it was
beneficial in improving wound.⁶⁸

Having summarily described the current main
types of treatments for cutaneous wound healing,
there are emerging topics in cutaneous wound repair
involving the use of substances correlated with the
ROS, with particular emphasis on the use of ozone
and its derivatives, relating to cellular and humoral
responses to cutaneous injuries. Such topics will be
following discussed.

Role of ROS in wound repair

As mentioned before, the wound healing process
is regulated by a large variety of different growth
factors, such as cytokines and hormones⁶⁹ but also
by ROS. Such factors, among which the superox-
ide anion (⁻O₂) is central because it may be con-
verted into other physiologically relevant ROS by
enzymatic or nonenzymatic reactions, are required

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3 for the defense against invading pathogens,⁷⁰ and
4 low levels of ROS are also essential mediators of in-
5 tracellular signaling.⁷¹ It has been shown that low
6 doses of H₂O₂ can improve wound healing. On the
7 other hand, excessive amounts of ROS are deleteri-
8 ous due to their high reactivity.^{72,73} Due to the short
9 half-life of ROS, their concentrations *in vivo* are dif-
10 ficult to determine, although the levels of H₂O₂ have
11 been recently measured in wound fluid from acute
12 murine excisional wounds.⁷⁴ These studies revealed
13 that concentrations of H₂O₂ ranging from 100 μM
14 to 250 μM are present at the wound site and these
15 levels are even higher in the first stage of wound
16 healing.

17 It has been therefore suggested that the low levels
18 of ROS that are produced in normal wounds are
19 important for the repair process. In other studies
20 the wound levels of ROS have been determined
21 indirectly through analysis of oxidation products of
22 lipids, proteins or DNA.⁷⁵ A major product of lipid
23 peroxidation is 4-hydroxy-2-nonenal (4-HNE),
24 which could be detected by immunohistochemistry
25 at the edge of murine excisional wounds. Inter-
26 estingly, coimmunostaining revealed that 4-HNE
27 mainly colocalizes with neutrophils, suggesting that
28 the respiratory burst of these inflammatory cells
29 results in the production of superoxide, which in
30 turn causes lipid peroxidation.⁷⁶

31 **Topical use of ozone and its derivatives as** 32 **mediators of ROS**

33
34 Such an issue represents a neglected but important
35 opportunity for the treatment of chronic wounds.
36 Since its use is increasing in the scientific commu-
37 nity, to stimulate the knowledge about this topic it
38 will be discussed more in detail. It is generally under-
39 stood that, although O₃ is not a radical species per se,
40 the toxic effects of O₃ are mediated through free rad-
41 ical reactions and they are achieved either directly by
42 the oxidation of biomolecules to give classical radical
43 species (hydroxyl radical), H₂O₂ or by driving the
44 radical-dependent production of cytotoxic, nonrad-
45 ical species (aldehydes).^{77,78} The first mention of the
46 use of ozone for treating dermatological pathologies
47 dates back to the 19th century when it was identified
48 as a potent antiinfective gas and it was used during
49 World War I for treating German soldiers affected
50 by gaseous gangrene due to *Clostridium* anaerobic
51 infections.⁷⁹ Recently, in several countries such as
52 Germany, Italy, Russia, and Cuba the possibility of

using ozone under its various forms as antiinfective
in veterinary and human medicine has been evalu-
ated.^{80,81} In fact, ozone is slowly being appreciated,
as a gas, or as ozonated water, or as ozonated nat-
ural matrices in a variety of infections, trophic ul-
cers, burns, cellulitis, abscesses, anal fissures, decu-
bitus in paralytic patients, fungal diseases, gingivitis,
peritonitis, and vulvovaginitis.^{82,83} It is realized that
ozone, under various formulations, can display a
cleansing effect and act as a potent disinfectant able
to practically kill all pathogens present in the skin
and mucosal surfaces also due to its oxidative prop-
erties. However, the bactericidal action of ozone,
while is rapidly effective in contaminated water, it is
markedly reduced when antioxidant compounds are
present. In fact, our studies performed with various
bacterial suspensions either in pure saline medium
or saline addition with human serum has yielded
discouraging results: the presence of only 5–10% of
serum almost blocks the ozone bactericidal effect.
Retrospectively, such an outcome is not surprising
because serum shows a potent antioxidant capaci-
ty able to neutralize the ozone oxidant effect.⁸⁴
On the other hand, the same result appears to be
very instructive in the sense that the application of
ozonated derivatives, mainly ozonated oils, must be
preceded by a careful cleaning and washing of the
biological exudates present in wounds and ulcers.
Moreover, it is necessary to have a series of ozonated
oils graduated in terms of peroxide value to be used
whether the wound is highly contaminated with
bacteria mixed to dead cells. On the other hand, the
decomposition of ozone derivatives has the addi-
tional advantage to improve the local metabolism
and the proliferation of tissues, essential for the
eventual mucosal or/and cutaneous healings.⁸⁵

Today, especially in modestly developed coun-
tries, the value of ozone is greatly estimated while in
highly technologically advanced countries ozone re-
mains neglected because of prejudice, lack of knowl-
edge, and the wide availability of pharmaceutical
products, unfortunately not always effective.

The topical ozone application can be practiced
with either: (a) the bagging of the ulcerated lesion
with exposure to gaseous oxygen/ozone mixture
for about 30 minutes daily, by using ozone con-
centration from 80 μg/mL down to 5–10 μg/mL in
clean wounds; (b) the local treatment of the wound
with ozonated water or ozonated saline, again using
variable concentrations of ozone. This is considered

Wound healing; oxidative stress; ROS; 1,2,4-oxolane moieties

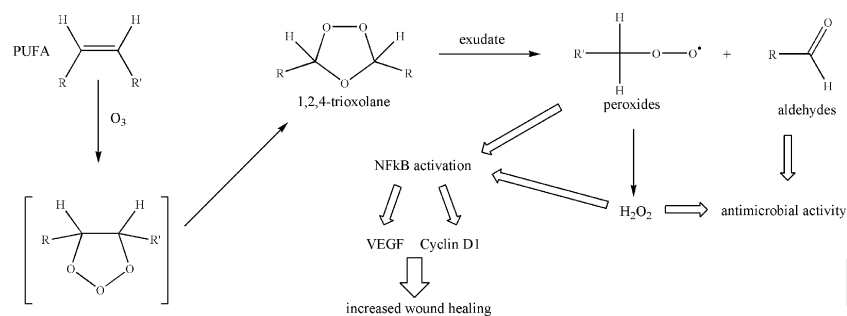
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Figure 1. Schematic of ozonated derivative formation by chemical reaction of ozone with unsaturated fatty acids of triglycerides from oils, and their possible mechanisms. The interaction between ozone and PUFA leads to the formation of aldehydes, peroxides, and H₂O₂ that can affect wound healing process by activating redox sensitive transcription factors (NF-κB) that is responsible for the expression of proangiogenic (VEGF) and proliferative (Cyclin D1) genes involved in the wound healing processes.

a chemical, most effective debridement where pus, deposits of fibrin, and necrotic tissue are removed with consequent activation and oxygenation of the wound, followed by (c) the application of ozonated oil for the night which maintains the wound sterile and activated by the release of ozonated products and oxygen. In addition, ozonated oils with a reliable peroxide value can also be used for wound healing purposes.⁸⁵ How ozonated oils act remains an open question (Fig. 1). Probably, when the stable trioxonide comes into contact with the warm exudate of the wound, it slowly decomposes into different peroxides, which readily dissolves in water, probably generating hydrogen peroxide that can explain the prolonged disinfectant and stimulatory activity. Consequently, it should be used titrated preparations with high, medium, or low ozonide concentrations during the inflammatory septic phase I, regenerating phase II, or remodeling phase III, respectively. These phases have been related to the rapidly changing cell types and to the release of cytokines and growth factors that modulate the complex healing process.

Future challenges

In recent years, research in the pharmaceutical field has turned a growing commitment in the development of new technologies to optimize the application, increase the bioavailability while minimizing potential side effects of substances applied onto both the skin and mucosae. In that regard, a great interest in new techniques that enhance the permeation of drugs at the different membrane levels has been developed. In particular, the topical application of drugs through lipid colloidal carriers, such as vesic-

ular systems (traditional liposomes, deformable and ethosomes) and solid lipid nanoparticles (SLN) has stirred much interest.^{86,87} These carriers are proposed for dermal and topical application of useful substances for a number of advantages: they enhance the penetration of both lipophilic and hydrophilic substances by incorporation; they have high affinity and similarity with epidermal barrier offering the possibility to improve the absorption of drugs across the skin barrier, thus ensuring a greater local concentration; they are natural (bio-compatible, nontoxic, nonimmunogenic) and they have a natural skin-moisture action because the small size give them their adhesive properties to form a lipid film on the skin surface. Topical application allows for reconstruction of the lipid layer and alters the skin barrier damaged by various diseases. Eventually, they can control the rate of supply of therapeutic agents. At the time of either the carrier-to-skin or carrier-to-mucosa contact, the first is absorbed from the surface and slowly releases its biologically active content.

Moreover, of great interest is the potential application of micro- and nano-bubbles for the targeted release of efficient drugs, among which ozone and its derivatives. Bubbles may be used in a number of ways to aid drug delivery. Drugs may be encapsulated within the bubbles, they may be incorporated into the shell or incorporated into it in some way, for example by ligands embedded into the lipid membrane.^{88,89} It is also possible to construct microbubbles with a multilayered shell containing drug. The spatial localization relies on the ability to confine the ultrasound beam to the required volume.⁹⁰ If these bubbles can be accumulated within the target

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Wound healing; oxidative stress; ROS; 1,2,4-oxolane moieties

2
3 volume, ultrasound can destroy them locally, releas-
4 ing the efficient therapeutic agents able to influence
5 neuronal, stromal, vascular, and circulatory system
6 cells by chemical, physical, or biological stimuli.⁹¹

7 Conflicts of interest

8
9 The authors declare no conflicts of interest.

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Q1

1 Wound healing; oxidative stress; ROS; 1,2,4-oxolane moieties

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Q2

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Queries

Q1 Author: Please update reference 18.

Q2 Author: Please update reference 70.