



# Copper nanoclusters and their application for innovative fluorescent detection strategies: An overview

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## ARTICLE INFO

### Keywords:

Copper nanocluster  
CuNCs synthetic approach  
CuNCs-based assays  
Fluorescence detection strategies

## ABSTRACT

Nanomaterials have revolutionized the design of the detection strategies, and nowadays nanoparticles are extensively employed in innovative assays for the selective and sensitive detection of a large variety of analytes. Recently, a new nanomaterials category, namely nanoclusters (NCs), is rapidly emerging. These nanostructures offer great advantages in terms of stability and ease of fabrication. The increasing interest in NCs applications, well represented by the wide bibliography reporting on gold and silver NCs, opens new perspectives for copper nanoclusters (CuNCs). Compared to noble metals, CuNCs not only are more easily available and inexpensive, but also display unique photoluminescent properties with large Stokes shifts, low toxicity, and high biocompatibility, providing high sensitivity even in complex biological matrices. In this review, we present some relevant aspects in the application of CuNCs to various detection strategies, reporting the main features that define the most interesting CuNCs properties, focusing on CuNCs as a promising functional nanomaterial for the development of innovative fluorescent-based platforms.

## 1. Introduction

There is a need in bioanalytical chemistry of simple, easy, sensitive, and inexpensive assays. In the last years, nanomaterials have been used to improve bioassays' analytical performances, mainly in terms of detection limits. Metal or carbon nanostructures have been applied to Surface Plasmon Resonance (SPR) coupled to nucleic acids or protein based biosensing [1,2] or used in fluorescent-based measurements such as quantum dots (QDs). Recently, a new category of nanomaterials, namely nanoclusters (NCs), is rapidly attracting the interest of bio-analytical chemists for the important fluorescence features applied to the development of bioassays.

Metal nanoclusters (MNCs) are exciting and versatile nanomaterials with intermediate properties between isolated metal atoms and metal nanoparticles (MNPs). To date, the majority of the sensing strategies based on MNCs exploit noble metals, e.g., silver (AgNCs) [3] and gold (AuNCs) [4].

Thanks to their low toxicity and high biocompatibility, in the last decade, copper nanoclusters (CuNCs) were successful used in biomedical and biological fields for *in vitro* and *in vivo* applications [5–8], including molecular diagnostics, nanotheranostic, and environmental analysis. Furthermore, copper is less expensive and more accessible on

earth than noble metals, positively impacting on NCs-based systems development. CuNCs appear as excellent substitutes of QDs and organic dyes, thanks to high quantum yield (QY), photostability [9], and large Stokes shifts [10]. The outstanding fluorescence and catalysis features of CuNCs are size-dependent [11], limited by definition to few-to-tens atoms, and diameters within 1 nm, leading to a quantum-like behavior with discrete HOMO-LUMO electronic transitions [12].

The first reports on the formation of fluorescent CuNCs nanoclusters were proposed in 1998 by Zaho et al. [13,14]. They used a class of monodisperse polymeric macromolecular compounds (dendrimers) as templates triggering metal ion reduction which stabilize formed metal clusters, avoiding their aggregation [15]. Other useful templates are nucleic acids [16], proteins [17], peptides [18], and small molecules [19], which reduce copper ions and inhibit the formation of aggregates by steric hindrance [20]. CuNCs were used as sensing probes (enhancing or quenching their fluorescence) to achieve the high-sensitive determination of small and macromolecules even in complex real matrices. First studies reported the Pb<sup>2+</sup> ions detection by using BSA as template for copper clustering and CuNCs fluorescence quenching to reveal Pb<sup>2+</sup> presence in solution [21]. Since then, CuNCs were used for qualitative-quantitative molecular targets' analysis [22–26], pH determination [27–30], or biological imaging [31–33]. The coupling of CuNCs

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with a biological recognition element, enabled the development of fluorescence-based platforms characterized by good detection range and detection limit, great stability, and selectivity, which are of great importance in bioanalysis to develop simple and ultrasensitive strategies for biomolecular targets. In this framework, the use of peptides, proteins [34], single (ssDNA), double stranded (dsDNA) [35], and hairpins DNA [36], has been reported [37].

This review firstly describes the general synthetic strategies of CuNCs, then it summarizes the CuNCs-based platform focusing on nucleotides-based CuNCs applied to sensing strategies [38,39] in a framework of easy-to-use, portable, and low-cost devices. Differently from interesting published reviews [38–43], we will distinguish between homogeneous (in solution) and heterogeneous (e.g., lateral flow strips) assays, preserving the definition of sensors and biosensors to devices where a transducer is coupled to a biological receptor immobilized on the surface, including electrodes, planar waveguides, optic fibers, quartz crystals, for electrochemical, optical, and gravimetric based sensing.

## 2. Synthesis and features of CuNCs

### 2.1. Experimental parameters that influence fluorescence of CuNCs

The fluorescent properties of CuNCs depend on their nanometric dimensions (Fig. 1) and, similarly to NPs, can be tuned by playing on the synthesis conditions (metal and template concentration/type, reducing agent, solvent, pH, temperature, growth time, etc.), generating atomically precise entities [44]. The emission energy ( $E_g$ ) of CuNCs depends on Fermi energy of the bulk metal ( $E_{fermi}$ ) and the number of atoms in single clusters ( $n$ ), according to equation  $E_g = E_{fermi}/n^{1/3}$  [44,45], with the emission wavelengths ( $\lambda$ ) spanning from the visible to the near-infrared (NIR) region. Consequently, NCs represent a link between optical properties of a single atom, with discrete electronic transitions between the occupied  $d$  bands and the Fermi level, and those of nanoparticles, exhibiting localized surface plasmon resonance (LSPR) [46–50]. The core size is directly proportional to the quantity of the reducing agent used during the synthesis but inversely proportional to fluorescence intensity. In particular, fluorescence is limited to NCs with less than ten copper atoms that can be obtained using very low percentages of reducing agent with respect to stoichiometric amount of copper ( $\alpha < 0.1$ ) [51].

Coordination of ligands to the metal core [52] and pH influence both the photoluminescence (PL) of the CuNCs. In particular, electron-rich or electron donor groups, like  $-SH$ ,  $-COOH$ ,  $-NH_2$  and  $-OH$ , increase the emission intensity and fluorescence lifetime of CuNCs [53,54].

Moreover, pH changes lead to CuNCs emission and excitation peaks shifts due to protonation/deprotonation mechanisms [55], inducing aggregation, emission enhancement, and impacting on CuNCs growth [56]. For example, alkaline pH favors disulfide bonds breaking within the protein scaffold, stabilizing CuNCs by thiol groups coordination [57]. Thanks to the CuNCs pH sensibility, pH sensors are reported [58–61] in the range from 2.0 to 13.2.

Solvents also influence CuNCs PL spectra, due to interactions among the ground state, the excited state, and solvent molecules [62,63]. In particular, CuNCs fluorescence spectra show lower number of peaks and greater Stokes shift in solvents with higher polarity [64], but the fluorescent emission intensity is higher when CuNCs are dispersed in solvents with lower polarity [65].

### 2.2. Synthetic strategies of copper nanoclusters

Top-down and bottom-up approaches are leading strategies to obtain photoluminescent CuNCs (Fig. 2). Top-down synthesis is based on CuNPs resizing to obtain smaller CuNCs; this approach is very laborious [66,67] while the bottom-up one, simple and mostly used, involves the reduction of metal atoms, followed by their aggregation into clusters, often in presence of a stabilizing agent. Different procedures including electrochemical [68], sonochemical [69], photo-reduction [70], microwave-assisted [32], and template-based synthesis [71] are used in the bottom-up approach. In electrochemical methods, an anode is used as the metal ions source that are reduced at the cathodic surface to metal atoms forming aggregates or nanoclusters stabilized by using surfactants [72]. The sonochemical method is a green and easy synthetic method, exploiting ultrasounds derived from acoustic cavitation [73]. Its limitation is the low quantity of metal atoms obtained, which impairs the following nanoclusters' growth. In photo-reduction synthesis, the production of NCs is induced directly by UV radiation [70]. The microwave-assisted method produces rapid CuNCs crystallization due to homogenous and fast heating [72]. The most used approach is the template-assisted one, allowing a facile, fast, cheap, and green synthesis of nanoclusters by using a template to control the kinetics of copper ions reduction, tuning CuNCs size and shape, and preventing their aggregation [74]. Micro and macromolecules like polymers, oligonucleotides, proteins, peptides, and small molecules have been adopted as scaffolds to induce the controlled nucleation of copper nanoclusters as detailed in the following paragraphs.

#### 2.2.1. Nucleotide sequences as templates

Copper ions interact with nucleotide bases through the coordination of the negatively charged phosphodiester backbone [75]. The length and

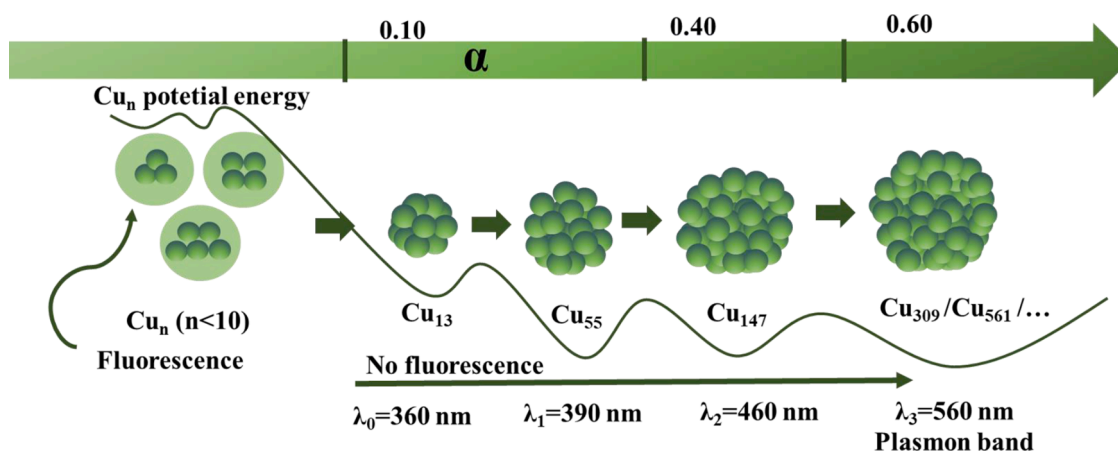


Fig. 1. The influence of the reducing agent-to-copper ratio ( $\alpha$ ) on CuNCs size ( $n$ ) and absorption band ( $\lambda$ ). Size changes proportionally with  $\alpha$  values, whereas photoluminescence is observed when the number of atoms ( $n$ ) is smaller than 10. The estimated wavelengths ( $\lambda$ ) for each cluster and the trend of potential energy are reported [51].

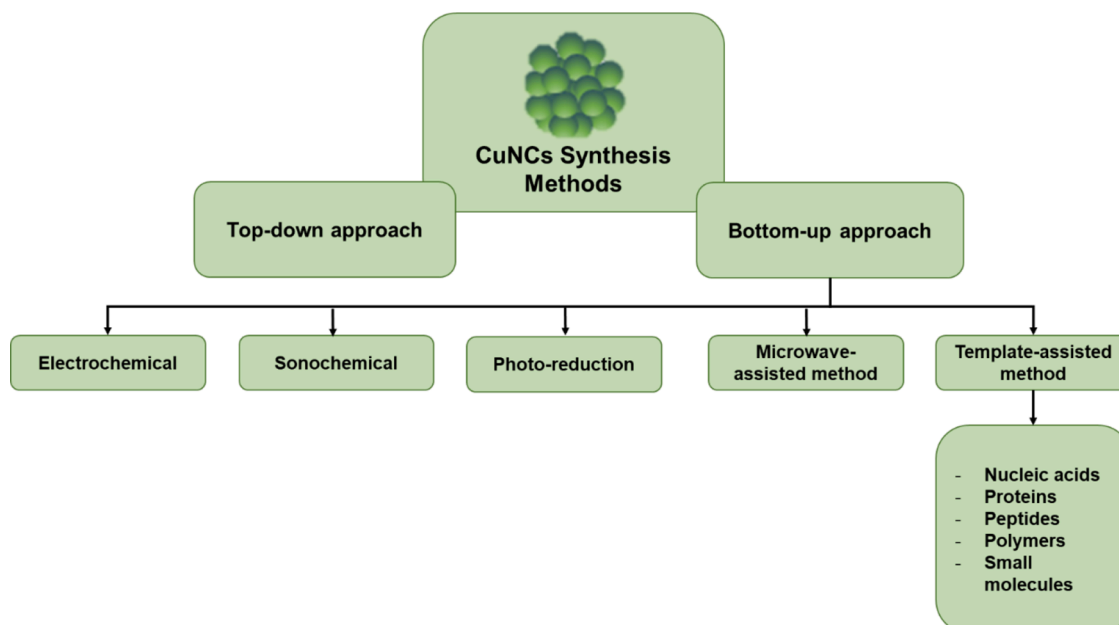


Fig. 2. Synthetic strategies of copper nanoclusters.

the nucleic acid sequence of the dsDNA template strongly influence the CuNCs synthesis and photoluminescence properties [41]. Firstly, random dsDNA was initially exploited for the CuNCs synthesis. Subsequently, it was noticed that a remarkable fluorescent signal improvement was obtained by using polyT ssDNA or poly(AT-TA) dsDNA, where adenine and thymine represent the nucleation site for reduction of Cu(II) to Cu(0) and its clustering to CuNCs. This mechanism is impaired by adopting cytosine and guanine rich sequences likely due to strong copper complexation that could limit copper reduction. Summarizing, ssDNA containing poly(thymine) sequences [76–78], dsDNA with AT-rich domains, as well as long oligonucleotide sequences [79,80], in presence of a reducing agent (usually ascorbic acid), favor the formation of high fluorescent CuNCs with an excitation wavelength at 340 nm and an emission peak around at 600 nm. Beside the stabilizing effect and its influence on the CuNCs photoluminescent properties, nucleotide sequences may also possess specific molecular recognition ability, that can be exploited in solution assays to selectively bind different analytes [81, 82], like for the aptamers that are nucleic acid sequences (DNA or RNA) able to bind a target molecule [83,84]. They are obtained *in vitro* after a selection process by exponential enrichment (SELEX) or non-SELEX approaches [85,86]. DNA is a privileged scaffold for the synthesis of CuNCs also because it can be used for a rapid detection of genetic alteration [87], differently from classic genetic tests that usually require long analysis time [88].

### 2.2.2. Proteins and peptides as templates

Proteins and peptides are often used as templates for building stable and biocompatible CuNCs, requiring mild conditions for the synthesis [89,90]. They contain several functional groups, like amine-, thiol- and carboxyl groups, which initiate the complexation through electrostatic forces. Amine- and carboxyl groups coordinate copper ions while thiol groups contribute to the reduction and stabilization of CuNCs. Thus, the diversity of the amino acid sequence affects the final CuNCs properties. A conventional protein-CuNCs synthesis implies the use of various additives that alter the protein structure by breaking the disulfide bonds, like dithiothreitol (DTT) [91], H<sub>2</sub>O<sub>2</sub> [92], hydrazine hydrate [93], and NaOH [94]. So far, different protein templates have been explored to synthesize luminescent CuNCs. For instance, bovine serum albumin (BSA) leads to high QY fluorescent CuNCs [81,82,95]. Bustos et al. produced blue emitting CuNCs (610 nm) with high photostability with a

decrease of only 15% in emission signal after 50 min [82]. Other proteins, such as human serum albumin (HSA) [96,97], lysozyme [98,99], ovalbumin [100], papain [101,102], transferrin [103] and trypsin [60] have been also applied as templates for CuNCs production. Although proteins are preferred as templates for the presence of multiple active sites that favor the reduction and the accumulation of copper ions promoting the CuNCs growth, few studies report the use of peptides as template [104,105]. For example, Tang and co-workers prepared stable and well water-dispersed CuNCs by reducing copper chloride with ascorbic acid in the presence of a short peptide template Cys-Cys-Cys-Asp-Leu, highlighting the importance of CuCl<sub>2</sub>-to-peptide molar ratio (1:4) in the formation of CuNCs [104].

### 2.2.3. Polymers as templates

Dendrimers, *i.e.*, highly ordered branched polymers with different size and the chemical structure, are the most exploited templates to produce very stable CuNCs [13,106]. Polyvinyl pyrrolidone (PVP)-CuNCs were applied to develop a FRET-based assay in solution (named sensor) for the micromolar detection of glutathione (GSH) in human serum with performances comparable to HPLC [107]. Polyethyleneimine (PEI) was also used as scaffold for facile one-pot synthesis of water soluble CuNCs applied to Fe<sup>2+</sup> detection in tap, river water, and urine, with very good analytical performances, *i.e.*, micromolar level concentration and 100% recovery [108]. Furthermore, CuNCs were incorporated into composite polymer films by reduction of copper ions in a hydrogel network with 30% QY, opening to possible applications in heterogeneous phase assays/sensors [109].

### 2.2.4. Small molecules as templates

Small molecules, containing thiolates and carboxylates groups, like glutathione (GSH) and cysteine, act as reducing, protecting, and capping agents to stabilize CuNCs through to a facile one-step green synthetic approach [110–114]. Glutathione was exploited also for its ability to coordinate metal cations like aluminum ions that guide the self-assembly of nanoclusters resulting in the formation of CuNCs with controllable size and retained bright luminescence in neutral conditions [115,116]. Many authors took advantage of the easy and cheap synthesis of copper nanoclusters by using small molecules as template [117–120]. Additional small molecules like 4-methylthiophenol and 4-chlorothiophenol were also applied to synthesize CuNCs able to

sensitively detect different kinds of target molecules like tetracycline (LOD 40 nM) [121].

### 3. CuNCs-based detection strategies

CuNCs were exploited as sensing probes in solution since they are able to detect different types of targets, from ions to macromolecules (*i.e.*, proteins, DNA, enzyme, etc.) [122]. Numerous publications are related to the integration of noble metal nanomaterials in bioanalytical assays development [123–126], leading to remarkable improvement in bio-detection processes.

Generally, an efficient detection system should be characterized by the following properties: stability, selectivity towards the analyte, reproducibility, desired sensitivity, a null or minimal sample pre-treatment. Moreover, to ensure the development of a potential commercial device, the assay should be simple, cheap, and able to perform

rapid analysis making it suitable as a point-of-care (POC) test [127–129].

Copper nanoclusters employed as signal transducers in “sensors” design lead great advantages in the assay performance, such as high selectivity, sensitivity, low detection limits, and wide detection range. Typically, when the bioreceptor is associated with CuNCs, the binding event leads to a fluorescence signal variation depending on analyte concentration [130–132].

In the following sections, different types of detection strategies combined with CuNCs are reported, with the focus on oligonucleotide sequences as bioreceptors both in solution and in heterogeneous assays. Nucleic acids are employed for CuNCs growth and may hybridize or not the complementary DNA sequences. Alternatively, NAs act as synthetic biomimetic receptors *i.e.*, aptamers, binding different analytes (both small and macromolecules), leading to several detecting strategies. The nucleic acids-, proteins-, and immuno-based approaches will be

**Table 1**

DNA-based detection strategies for CuNCs-based assays.

| Template      | Target        | Technique       | Read out | Sample   | Linear range  | LOD   | QY         | Refs. |
|---------------|---------------|-----------------|----------|--|---|---|------------|-------|
| dsDNA         | miRNAs        | *340/608 nm     | Turn-on  | -  | 1.0 pM–10.0 nM  | 1 pM  | -          | [134] |
| polyT DNA     | miRNA21       | *340/605 nm     | Turn-on  | Cancer cells   | 50 pM – 1 nM  | 18.7 pM   | -          | [135] |
| hp-DNA        | miRNA155      | *400/510        | Turn-on  | Human serum, saliva, plasma, MCF-7, fibroblast                           | 5.0 pM – 10.0 nM  | 2.2 pM  | -          | [136] |
| AT-rich dsDNA | miRNAs        | *340/580 nm     | Turn-on  | Urine  | -   | 500 fM  | -          | [137] |
| dsDNA         | T4 PNKP       | *340/570 nm     | Turn-off | HeLa cells   | 0.07–15.0 U mL  | 60 U L  | 3.4 %      | [155] |
| AT-rich dsDNA | MNase         | *340/570 nm     | Turn-off | -  | 1.0–50 U L  | 1.0 U L   | -          | [142] |
| dsDNA         | ExoIII        | *345/610 nm     | Turn-off | -  | -   | -   | -          | [168] |
| hpDNA         | S1 nuclease   | *490/660 nm     | Turn-on  | -  | 5.0–8.0 U L   | 3.0 U L   | -          | [36]  |
| AT-rich dsDNA | EcoRI         | *340/575 nm     | Turn-off | -  | 2.0 – 100 U mL  | 0.87 U mL   | -          | [79]  |
| polyT DNA     | UDG           | *345/650 nm     | Turn-on  | HeLa Cells   | 0.05–2.0 U L <sup>-1</sup>  | 0.002 U L <sup>-1</sup>                                     | -          | [143] |
| polyT DNA     | UDG           | *340/602 nm     | Turn-on  | HeLa Cells   | 0.1–10 U L  | 0.05 U L <sup>-1</sup>                                      | -          | [144] |
| AT-rich dsDNA | UDG           | *340/570 nm     | Turn-off | HeLa Cells   | 1.0 – 100 U L   | 0.5 U L <sup>-1</sup>                                       | 0.039      | [145] |
| AT-rich dsDNA | Dam MTase     | *340/590 nm     | Turn-off | Human Serum  | 0.5–10.0 U mL   | 0.5 U mL  | -          | [146] |
| AT-rich dsDNA | TdT           | *340/570 nm     | Turn-on  | Leukemia cells   | 0.7–14.0 U mL   | 60.0 mU L <sup>-1</sup>                                     | 0.112      | [147] |
| dsDNA         | SNP           | *344/593 nm     | Turn-on  | -  | -   | -   | -          | [138] |
| polyT DNA     | SMN1          | *340/500 nm     | Turn-on  | Clinical samples   | -   | -   | -          | [139] |
| dsDNA         | Abasic sites  | *340/585 nm     | Turn-off | Linear plasmid, onion and HeLa Cells                                     | -   | -   | -          | [140] |
| Nucleosides   | Nucleosides   | *300/380 nm     | Turn-on  | -  | -   | -   | 0.27–1.34% | [141] |
| Nanowire-DNA  | TdT and BamH1 | Electrochemical | Turn-on  | Human serum and urine  | 0.5 – 160 U mL <sup>-1</sup> (TdT);<br>2 × 10 <sup>-2</sup> – 30 U mL <sup>-1</sup> (BamH1) | 100 U L <sup>-1</sup> (TdT);<br>4 U L <sup>-1</sup> (BamH1) | -          | [156] |
| AT-rich dsDNA | miRNA21       | ECL             | Turn-on  | Human breast cancer cells (MCF-7) and human cervical cancer cells (Hela) | 100 aM–100 pM   | 16.05 aM  | -          | [157] |
| AT-rich dsDNA | miRNA155      | ECL             | Turn-on  | Human serum  | 100 aM– 100 pM  | 36aM  | -          | [158] |
| polyT-DNA     | miRNA155      | Colorimetric    | Turn-off | Human plasma   | 1.0 pM to 10.0 nM   | 0.6 pM  | -          | [159] |
| dsDNA         | HBV DNA       | Colorimetric    | Turn-on  | Human serum  | 12 × 10 <sup>9</sup> –12 × 10 <sup>13</sup> DNA molecules                                   | 12 × 10 <sup>9</sup> DNA molecules                          | -          | [160] |
| polyT-DNA     | DNA           | SPR             | Turn-on  | -  | -   | 3.21 fM   | -          | [163] |

\* Fluorescence ( $\lambda_{ex}/\lambda_{em}$ )

discussed with the focus in real matrices detection, when available in the literature.

The CuNCs-based solution assays/sensors are reported in three tables and three paragraphs to differentiate DNA- (Table 1, paragraph 3.1), aptamer- (Table 2, paragraph 3.3), and immuno-based (Table 3, paragraph 3.3) detection strategies, i.e., defining the probe used for the biorecognition of the target molecule. Within each table and detection strategy, the assays are classified according to the template used for copper reduction and CuNCs generation, the target molecule, the analytical technique used for signal transduction, the turn-on/turn-off read out, the kind of sample, and the analytical parameters, i.e., the linear range for the detection of the analyte, the limit of detection (LOD), and the QY for fluorescent probes only.

### 3.1. DNA-based detection strategies

#### 3.1.1. Fluorescent detection of oligonucleotides

One of the most used biorecognition elements in sensing strategies are nucleic acids, in particular, single stranded DNA [133]. In the case of CuNCs, DNA sequences have a dual role. They act as template and molecular probe at the same time, stabilizing NCs and selectively binding the analyte. The recognition mechanism involves affinity interaction, hybridization between the probe and complementary sequences or, as in the case of aptamers, Van der Waals, hydrogen bonding, and electrostatic interactions, without hybridization. The crucial role of miRNAs in the regulation of gene expression and, consequently, their association with several diseases, prompted the development of CuNCs-based assays. The pioneering work from Ye's group reported the miRNA detection via an isothermal enzymatic reaction [134], using an amplified template to generate a dsDNA as scaffold for the synthesis of fluorescent CuNCs, showing a detection range from 1 pM to 10 nM (Fig. 3A). Subsequently, similar assays were proposed [134–137]. In particular, miRNA21 was determined in cancer cells by using a duplex-specific nuclease (DSN). When miRNA binds the DNA probe, the DSN digests the DNA sequence, releasing an oligonucleotide that forms a long polyT acting as scaffold for the synthesis of high fluorescent CuNCs [135] (Fig. 3B). DNA-CuNCs are also employed to identify single nucleotide polymorphisms (SNPs) [138], or nucleotide variants [139–141], linked to diseases and drug responses. For example, Chen and coworkers [139] used luminescent polyT (DNA)-CuNCs to identify the Survival Motor Neuron genes SMN1 involved in spinal muscular atrophy, observing fluorescence in 65 DNA clinical samples containing the SMN1 gene. This approach could be exported to other SNPs or nucleotide variants by designing suitable sensing probes (Fig. 3C).

#### 3.1.2. Fluorescent detection of enzymes and small molecules

DNA-CuNCs based assays are also applied to detect enzymes and their activity. Recently, Zhang and coworkers designed a fluorimetric method to detect the activity of the T4 polynucleotide kinase

phosphatase (PNKP) by using a short phosphorylated DNA (pDNA) strand, and a long-dephosphorylated DNA (dsDNA) as complementary probes [119]. When PNKP is present, pDNA undergoes dephosphorylation and the dsDNA thus operates as template for CuNCs growth (Fig. 3D). Several research groups adopted similar strategies to develop different DNA-based bioassays for micrococcal nuclease [142], exonuclease III [141], S1 nuclease [36], endonuclease EcoRI [79], Uracil-DNA Glycosylase (UDG) [143–145] and transferase [146,147]. Details relative to LODs and detection ranges of the cited assays are reported in Table 1.

Finally, DNA is also employed as an indirect probe to detect ions [80, 148], or small molecules [149–154]. In these cases, the fluorescent signal could be the result of:

- Interaction between copper ions and small molecules;
- Electron transfer effect between copper ions and the detected target;
- Oxidation of CuNCs;
- Binding between the small molecule and the DNA template, resulting in CuNCs formation;
- Binding between the small molecule and the DNA template which leads to DNA destruction, avoiding CuNCs growth.

#### 3.1.3. Electrochemical and electro-chemiluminescence detection strategies

Most CuNCs-based detection strategies exploit their PL properties for direct analyte detection. However, alternative analytical electrochemical and electrochemiluminescent (ECL) methods have been proposed [156–160] also because of low fabrication costs, simple and low-cost experimental setup, as well as high sensitivity and selectivity. ECL is a kind of luminescence produced by an electrochemically generated intermediates, and the absence of a light source dramatically reduces the background signal from scattered light and luminescent impurities [161]. In this context, Hu et al. reported a CuNCs DNA-based electrochemical sensor to determine the enzymatic activity of terminal deoxynucleotidyl transferase (TdT) that catalyzes the growth of long T-rich DNA nanowires, here used as CuNCs template, further attached to a graphene oxide (GO)-modified electrode where occurs the H<sub>2</sub>O<sub>2</sub> reduction, with an electrochemical signal proportional to the TdT amount (LOD = 0.1 U mL<sup>-1</sup>, detection range: 0.5–160 U mL<sup>-1</sup>) [156]. The same strategy has been applied to test BamHI activity, an site-specific endonuclease employed to detect hepatitis C virus (LOD = 0.004 U mL<sup>-1</sup>, detection range: 0.02–30 U mL<sup>-1</sup>) [156].

Different sensing mechanisms based on ECL were designed [157, 158]. For example, miRNA21 was detected within an excellent concentration range 100 aM - 100 pM, with the ultrasensitive detection limit of 19 aM [157]. The same range and a LOD of 36 aM was obtained for microRNA-155 detection by using an innovative DNA probe (DNA nanocranes) stabilized by an AT-rich domain [158] (Fig. 4A).

#### 3.1.4. Colorimetric detection strategies

Simple colorimetric assays for NA detection are also reported,

**Table 2**  
Aptamer-based detection strategies for CuNCs-based assays.

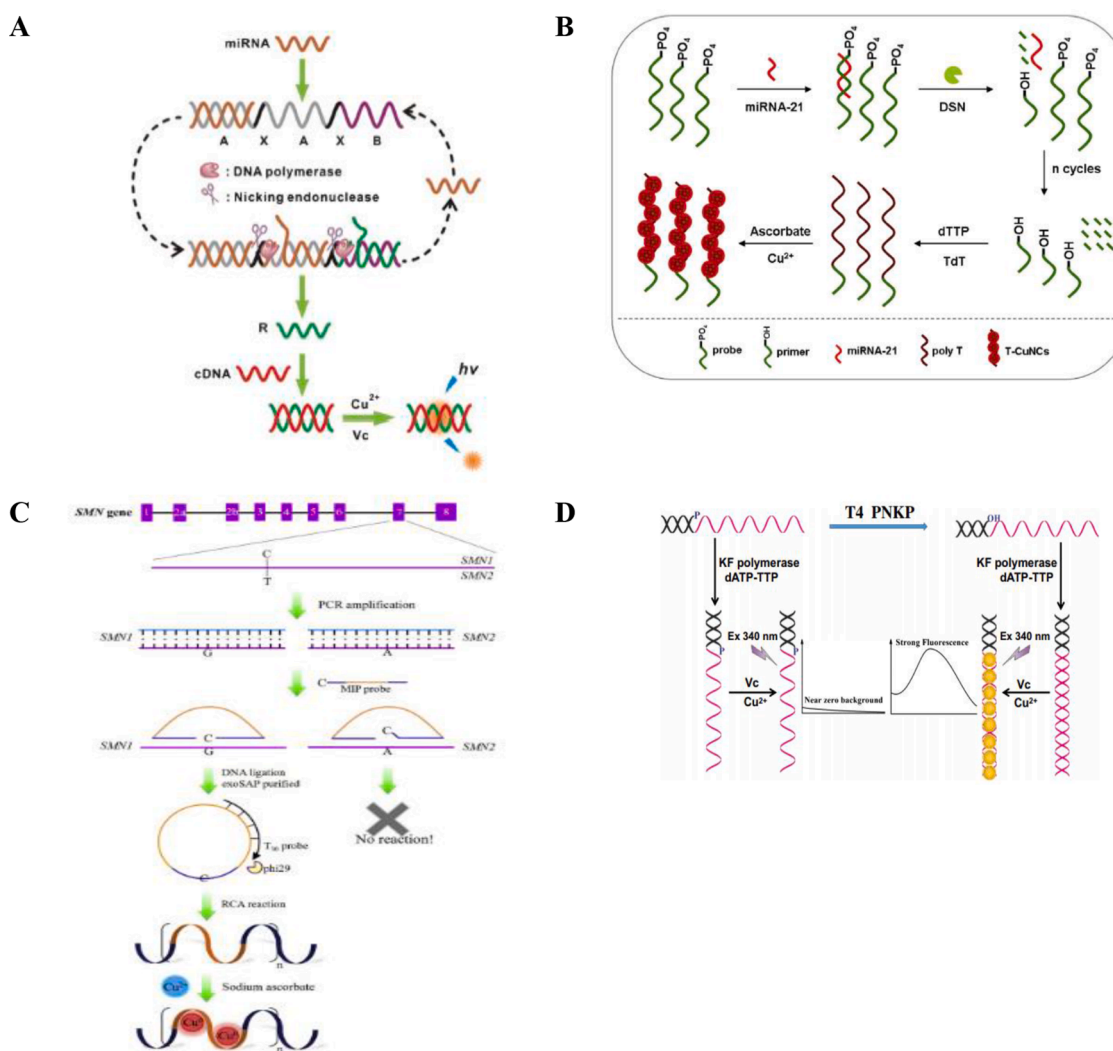
| Template  | Target      | Technique               | Read out                      | Sample             | Linear range                                | LOD | QY                                      | Refs.       |
|-----------|-------------|-------------------------|-------------------------------|--------------------|---|-----|---|-------------|
| DNA       | ATP and ADA | *460/580 nm             | Turn-on (ATP), Turn-off (ADA) | Fetal bovine serum | 2–18 mM (ATP); 5–50 U L <sup>-1</sup> (ADA) |     | 7.0 μM (ATP); 5 U L <sup>-1</sup> (ADA) | - [170]     |
| dsDNA     | MC-LR       | *34/575 nm              | Turn-off                      | Water              | 0.01–1000 mg L <sup>-1</sup>                |     | 4.8 ng L <sup>-1</sup>                  | - [174]     |
| polyT-DNA | VEGF165     | *332/393<br>*463/524 nm | Turn-on                       | Human serum        | 10–800 pM                                   |     | 12 pM                                   | 0.082 [175] |
| PDANS     | PKA         | *390/492 nm             | Turn-off                      | HepG2 cell lysates | 0.05–4.5 U mL <sup>-1</sup>                 |     | 0.021 U mL <sup>-1</sup>                | 1.24% [172] |
| dsDNA     | PKA         | *345/595 nm             | Turn-off                      | HepG2 cell lysates | 0.1–5.0 U mL <sup>-1</sup>                  |     | 0.039 U mL <sup>-1</sup>                | - [177]     |
| dsDNA     | ATP         | *340/598 nm             | Turn-on                       | -                  | 0.01 nM - 100 nM                            |     | 5 pM                                    | - [171]     |
| Y-DNA     | miRNA21     | Electrochemical         | Turn-on                       | Human blood        | 0 pM-0.1fM                                  |     | 10 aM                                   | - [176]     |

\* Fluorescence ( $\lambda_{ex}/\lambda_{em}$ ).

**Table 3**  
Immunoassay-based detection strategies for CuNCs-based assays.

| Template | Target    | Technique        | Read out | Sample       | Linear range                                | LOD | QY                      | Refs.   |
|----------|-----------|------------------|----------|--------------|---|-----|-------------------------|---------|
| -        | HIV-1 p24 | *394/598 nm      | Turn-on  | Human plasma | 27–1000 ng L <sup>-1</sup>                  |     | 23.8 ng L <sup>-1</sup> | - [178] |
| BSA      | PKA       | Electrochemical  | Turn-on  | Human serum  | 0.5 ng L <sup>-1</sup> –100 ug L            |     | 146 pg L                | - [179] |
| -        | LSR       | PEC-Colorimetric | Turn-off | Human serum  | 1 pg L <sup>-1</sup> –10 ug L <sup>-1</sup> |     | 1 pg L <sup>-1</sup>    | - [180] |
| dsDNA    | ALP       | *340/575 nm      | Turn-on  | Human serum  | 0.04–100 U L <sup>-1</sup>                  |     | 7.0 ng L <sup>-1</sup>  | - [181] |
| DNA      | PSA       | PEC              | Turn-off | Human serum  | 0.02–100 ug L <sup>-1</sup>                 |     | 5.0 ng L <sup>-1</sup>  | - [182] |
| DNA      | MM-7      | Potentiometric   | Turn-on  | Human serum  | 0.02–100 ug L <sup>-1</sup>                 |     | 5.3 ng L <sup>-1</sup>  | - [184] |
| -        | hc-TnT    | PEC              | Turn-off | Human serum  | 0.1 to 2 ng L                               |     | 0.03 ng L               | - [183] |

\* Fluorescence ( $\lambda_{ex}/\lambda_{em}$ ).

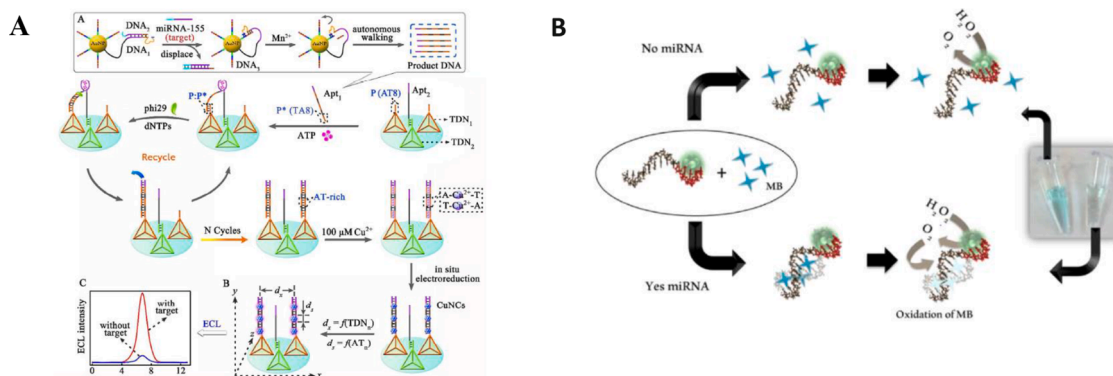


**Fig. 3.** Schematic illustration of CuNCs DNA-based assays for: (A) miRNA detection according to the assay strategy proposed by Ye's group, reprinted from Ref. [134] with permission of Royal Society of Chemistry; (B) miRNA detection according to the assay strategy proposed by Li's group, reprinted from Ref. [135] with permission of Elsevier B.V.; (C) enzymes detection according to the assay strategy proposed by Zhang and co-workers, reprinted from Ref. [155] with permission of Springer Nature; (D) nucleotide variants detection according to the assay strategy proposed by Chen and co-workers, reprinted from Ref. [139] with permission of Elsevier B.V.

employing CuNCs DNA platforms [91,160,162,163]. Borghei and co-workers developed a colorimetric assay based on methylene blue (MB) to detect a cancer biomarker miRNA-155 in solution. In detail, polyT-DNA was used for CuNCs synthesis, exhibiting an enzyme-like peroxidase activity (Fig. 4B). After miRNA-155 incubation, the complementary sequence on DNA-CuNCs hybridizes miRNA sequences and CuNCs catalyze the oxidation of the methylene blue [159]. Increasing the miRNA concentration, the absorbance of MB decreases with a dynamic range from 1.0 pM to 10.0 nM with a LOD equal to 0.6 pM.

Application to the detection in human blood plasma resulted in excellent recovery (99%). This offers an interesting application in clinical diagnostics since miRNA-155 amount can be related to cancer stage and expression, increasing with advancing cancer stage. The use of MB is not new in DNA sensing, since it has been widely and successfully reported coupled to electrochemical transduction [164], but reinforces the CuNCs applicability to companion diagnostics.

Virus detection has also been successfully achieved by an inexpensive colorimetric heterogeneous assay to identify Hepatitis B virus



**Fig. 4.** Schematic illustration of CuNCs DNA-based (A) electrochemiluminescence (ECL) platform according to the assay strategy proposed by Zhou et al. reprinted from Ref. [158] with permission of American Chemical Society (C) colorimetric platform according to the assay strategy proposed by Borghei et al. reprinted from Ref. [159] with permission of Elsevier B.V.

(HBV) by naked eye [160], with possible use in remote areas. In this strategy, a ssDNA probe is immobilized on the surface of a 96-well plate, hybridizing the complementary HBV NA, if present. The resulting dsDNA acts as a CuNCs template. To reveal the hybridization by naked eye, a chromogen is necessary. Thus, simple and cheap reagents leading to ox-red reactions, with final color development, are further added to the mixture:

- (1) creatinine with the consequent formation of a copper-creatinine complex
- (2) Azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS used as substrate)
- (3) H<sub>2</sub>O<sub>2</sub>

The copper-creatinine complex shows peroxidase-like enzyme properties converting H<sub>2</sub>O<sub>2</sub> into H<sub>2</sub>O and ABTS into its oxidized form [160]. Different concentrations of HBV DNA led to different degrees of ABTS oxidation reaction and, consequently, different green color gradations. This assay was applied also to explore single nucleotide polymorphism (SNP) analysis, in which, in case of SNP presence, decreased color intensity *versus* wild type DNA, can be observed. The possibility to analyze the presence of the target sequence, wild type or mismatched (SNP), in the sample by naked eye and using very simple chemistry, represents an important possibility for bioanalytical applications *in situ*, in remote and/or disadvantaged places of the planet.

### 3.1.5. Surface Plasmon resonance (SPR)

SPR spectroscopy was explored in combination with CuNCs [163] to achieve ultrasensitive NA detection in real samples [165–167] (i.e., human blood), including SNP detection. An interesting approach is reported by Yuan et al. dealing with the CuNCs synthesis on dsDNA formed at the SPR gold chip surface, followed by target NA extension by terminal deoxynucleotidyl transferase. Here, TdT-mediated prolongation reaction was activated onto the dsDNA modified gold chip, originating an origami scaffold for CuNCs synthesis and precipitation by addition of ascorbic acid, leading to an ultrasensitive determination of femtomolar-level nucleic acid [163].

## 3.2. Aptamer-based detection strategies

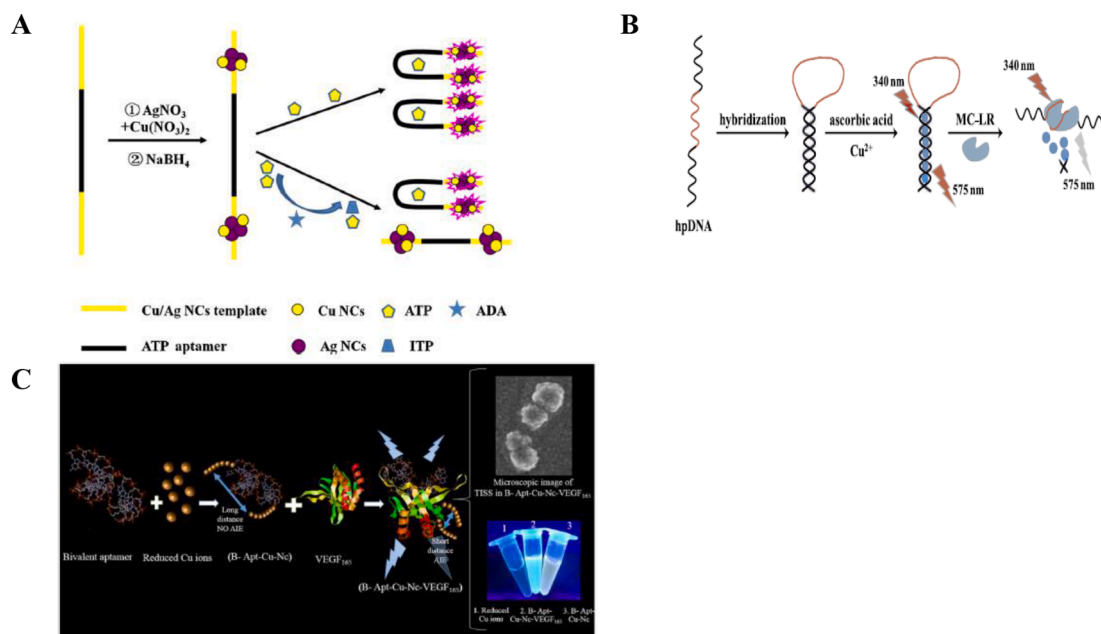
### 3.2.1. Fluorescence detection

Another important class of oligonucleotide-based sensing strategy exploits aptamers as a biorecognition element, where the aptamers are short ssDNA or ssRNA sequences able to recognize a specific target [169]. The aptamer-target recognition is independent from both the detection principle and signal transduction that can be optical (e.g., fluorometric, colorimetric, plasmonic, etc.), electrochemical, or

piezoelectric. Conventional fluorescent aptamer-based platforms (not employing CuNCs) use a fluorophore and a quencher label to produce a Förster resonance energy transfer (FRET) event in which a fluorophore (the donor), in an excited state, transfers its energy to a neighboring molecule (the acceptor) by nonradiative dipole-dipole interaction. Although not necessary, in most cases the acceptor is also a fluorescent dye. In biological applications, this technique has become popular to qualitatively map protein-protein interactions.

In aptamer-based assays, the presence of the target triggers a change in the aptamer conformation, corresponding to a distancing between fluorophore and quencher and, in turn, a fluorescent response. FRET technique has been extensively investigated, however presents some limitations such as low fluorescent signal, due to an overlap between donor emission and acceptor excitation spectra, leading to low quantum yield and low sensitivity, high background due to an incomplete quenching phenomenon, and high cost of the labeled aptamer. These drawbacks encourage the design of new aptamer-based platforms, where CuNCs are exploited as fluorescent probes and the DNA aptamer acts both as template and bioreceptor. Currently, Zhang and Wei developed a ‘turn-on’ fluorescent method based on DNA-templated copper/silver nanoclusters (DNA-Cu/Ag NCs) for the detection of ATP (adenosine triphosphate) and the enzyme ADA (adenosine deaminase) [170], involved in the purine metabolism, playing a central role in the differentiation and maturation of the lymphoid system. The aptamer sequence is inserted in the middle of the DNA template (Fig. 5A). When the aptamer binds ATP or ADA, it changes its conformation, and, consequently, DNA-Cu/Ag NCs get closer, becoming bright emitters. This approach, in standard solutions, showed a linear range of 2–18 mM and of 5 to 50 U L<sup>-1</sup> with 7.0 μM and 5 U L<sup>-1</sup> as LOD, respectively for ATP and ADA. Furthermore, the approach succeeded also in detecting ATP and ADA in a complex matrix, i.e., fetal bovine serum, opening new perspective for a real applicability of this strategy. This aptamer-based ‘turn-on’ fluorescent assay combined with Cu and Ag and nanoclusters is the only example found so far, including silver.

ATP detection has been achieved also by a fluorescent aptasensor, where the structural switch induced by the affinity ATP binding leads to the aptamer harpin open conformation. This results in a primer hybridization which drives a target-cycling strand displacement amplification (TCSDA). As a result, a large quantity of dsDNA is produced, acting as template for CuNCs growth with high fluorescent signal [171]. Relatively to enzymatic activity testing a FRET-based assay for Protein Kinase (PKA) is also reported. In this case, an aptamer-based ‘in solution’ assay/sensor utilizing CuNCs and polydopamine nanospheres (PDANS) was employed [172]. The ATP-CuNCs aptamer (apt-CuNCs) was adsorbed onto PDANS surface. The ox/red event regulates the signal generation. Here the donor apt-CuNCs is in close proximity to the acceptor polydopamine (PDANS), leading to apt-CuNCs fluorescence



**Fig. 5.** Schematic illustration of CuNCs-aptamer based detection strategies (A) according to the assay strategy proposed by Zhang and Wei, reprinted from Ref. [170] with permission of Springer Nature. (B) according to the assay strategy proposed by Yanli Zhang's group, reprinted from Ref. [174] with permission of Elsevier B.V. (C) according to the assay strategy proposed by Moghadam's group, reprinted from Ref. [175] with permission of Elsevier B.V.

quenching.

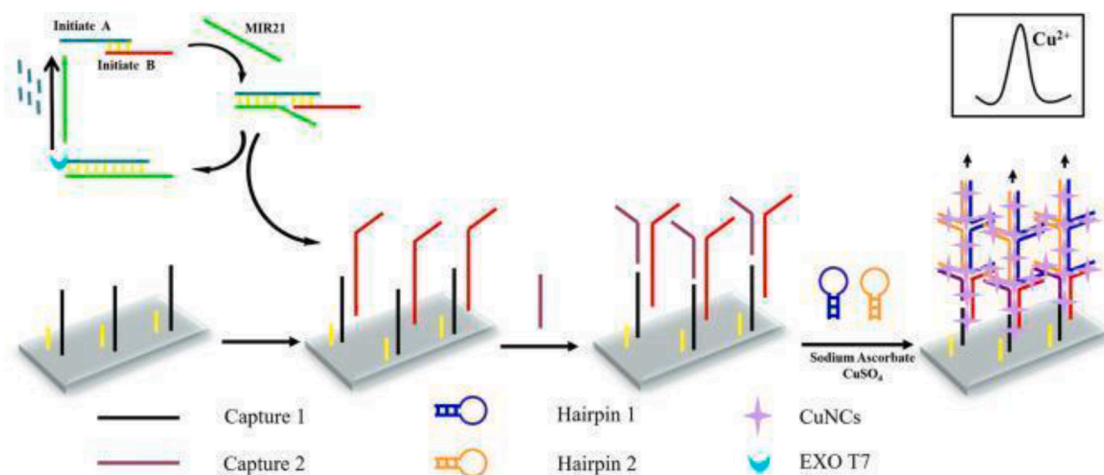
In the case of toxic molecules analysis, an assay targeting microcystins is reported. Microcystins are toxins produced by cyanobacteria with microcystin-leucine arginine (MC-LR) [173]. Zhang et al. designed an aptamer-CuNCs assay selective for MC-LR. The aptamer is also designed to hybridize the complementary DNA sequence (cDNA) which acts as template for CuNCs growth (dsDNA-CuNCs) (Fig. 5B) [174]. After MC-LR addition, the affinity interaction aptamer-target leads to aptamer conformational changes resulting in DNA hybrid (dsDNA/-CuNCs) opening, with CuNCs fluorescence quenching. MC-LR detection in 0.01 to 1000 mg L<sup>-1</sup> concentration level, with 4.8 ng L<sup>-1</sup> as LOD in real water samples is reported.

Relatively to protein detection, Vascular Endothelial Growth Factor (VEGF) was quantified via a "signal-on" fluorescent method, based on

bivalent aptamer-CuNCs (Fig. 5C) [165]. A multimerized VEGF aptamer works as template for CuNCs growth. VEGF detection is successfully achieved in the 10–800 pM linear range with a LOD of 12 pM. The selectivity and specificity assessment displayed high discriminant capability in serum samples. This strategy is based on a previous work conducted by the same research group, in which graphene dioxide and dsDNA were employed [167].

### 3.2.2. Electrochemical detection

miRNA21 detection has been reported also with electrochemical techniques [176]. Here NA sequences are immobilized on a gold electrode (GE), and the analysis is performed by differential pulse stripping voltammetry (DPSV) [176], by detecting the Cu<sup>2+</sup> ion of dissolved and stripped CuNCs. miRNA21, as already underlined, is a very interesting



**Fig. 6.** Schematic illustration of CuNCs aptamer-based electrochemical platform according to the assay strategy proposed by Yijia Wang's research group. This reported detection strategy consists in a multi-steps assay. First, sequence A and B are mixed together to form a duplex DNA. Thus, in this first step A and B are hybridized. Then, it was added MIR21 that lead a displacement between A and B. At this point, EXO T7 degrades A and the fragment binds MIR21 forming a hybrid sequence. Instead, sequence B contributes to the Y-shaped DNA with capture 1 and capture 2 on the electrode. Once obtained the final arrangement of the detection strategy, the Y-shaped branched DNA was used as template for CuNCs synthesis to finally detect MIR21 through oxidation peak current of copper by using DPSV techniques. From Ref. [176], with permission of Elsevier B.V.



target, upregulated in many pathological conditions including cancer and cardiovascular diseases. The approach proposes the fast (in 3 min) and precise *in situ* growth of CuNCs on tree-like overlapping and branching Y shaped dsDNA on the electrode surface [176], with the advantage of being time-saving and allowing controlled dimension of CuNCs (with diameter around 2.5 nm). A simplified scheme is reported in Fig. 6. The assay results a bit cumbersome, requiring several experimental steps: immobilization of NA probes, efficient enzyme with nuclease activity (exonuclease T7 for triggered targets recycling) to cleave only one strand of dsDNA, and the hybridization chain reaction (HCR) amplification for more signal molecules loading on Y-shaped dsDNA [176]. To obtain the Y-shaped branching DNA template, aptamers and hairpin sequences are adsorbed on the gold electrode surface. Subsequently, miRNA21 is added to form the overlapping Y-shaped branching ds-DNA template. This latter was exploited as a template to grow CuNCs. Then, the electrode was immersed in a HNO<sub>3</sub> solution which oxidized Cu (0) to Cu (II) that is thus released in solution. In conclusion, miRNA21 is determined by the oxidation peak current of copper obtained by applying differential pulse stripping voltammetry (DPSV) analysis. The aptasensor shows a linear range within 10 pM and 0.1 fM and 10 aM as LOD. This LOD is competitive with the ones recorded with fluorescence and ECL detection respectively in the order of pM [135] and aM [157] as displayed in Table 1. Moreover, this electrochemical platform was tested in blood samples, with around 100% recovery in human blood spiked with miRNA21 down to 0.1 fM, demonstrating an excellent ability to operate in real samples.

### 3.3. Immuno-based CuNCs assays

Over the past decades, considerable advances have interested the design of immunoassays thanks to the introduction of photoluminescent metal nanomaterials that improved the detection efficiency of biomolecules. However, the combination of CuNCs with immuno-based strategies is still poorly applied and only few studies are reported in the literature. Among these, detection strategies involving the growth of CuNCs on glutathione (GSH) and the subsequent coupling to streptavidin have been reported for detection of HIV-1 p24 biomarker in AIDS tests [178]. In particular, a secondary biotinylated antibody interacts with a CuNCs-conjugate streptavidin, emitting a fluorescence signal HIV-1 p24 concentration dependent (Fig. 7A). A dynamic range of 27–1000 pg mL<sup>-1</sup> is achieved with a LOD of 23.8 pg mL<sup>-1</sup> standard solution. Reliable results were obtained also in plasma samples spiked with known concentrations of p24 antigen. Moving to tumor markers analysis, prostate specific antigen (PSA) detection was achieved by electrochemical detection, where Square Wave Voltammetry (SWV)-based immunosensing was coupled CuNCs growth [179] (Fig. 7B). The capturing Ab (Ab1) is immobilized on a glassy carbon electrode modified with Au nanoparticles (AuNPs), to bind PSA; the

secondary Ab (Ab2) binds PSA on a different epitope of the Ab1. The novelty of the work is the use of BSA-templated CuNCs carried on platinum NPs and modified with Ab2. Thus, after the immunocomplex formation (Ab1-PSA-Ab2), catalytic signal amplification occurs, mediated by presence of Pt and Cu nanostructures. The recorded current is due to Cu<sup>2+</sup> reduction at the electrode. The proposed immunosensor works in a wide linear range from 0.5 pg mL<sup>-1</sup> to 100 ng mL<sup>-1</sup> displaying a LOD of 145.69 fg mL<sup>-1</sup> (S/N = 3). In addition, the assay demonstrated good response in clinical serum samples; compared to reference ELISA assays the two methods displayed from %RSD of 5.0% and 5.5%, respectively, thus good accuracy and an acceptable reliability for PSA analysis in real practice.

The detection of stimulated lipoprotein receptor (LSR), a biomarker closely related to ovarian cancer, deals with a photoelectrochemical (PEC)-colorimetric immunoassay [180]. Basically, the PEC response is reduced when the Antigen-Antibody reaction takes place. At the same time, color variations in Leuco-MB functionalized colorimetric poly (vinyl alcohol) (PVA) film occurs, providing a dual mechanism and independent signal transduction. The immunoassay is in a simple direct format, *i.e.*, the Ab, immobilized on the transducer surface, directly binds the Ag, added in solution. In detail, the immunoreaction takes place on the CuNCs, grown on several layers of TiO<sub>2</sub> (mixed TiO<sub>2</sub> mesocrystals junction (MMMJ)). CuNCs improve photoelectrochemical colorimetric properties and the catalytic activity of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) that catalyzes Leuco-MB conversion from colorless to blue. When the antibody and the target antigen are captured onto the MMMJ, PEC properties and catalytic activities are inhibited. Spiked human serum samples with LSR, at sub ng/ml concentration level, provided excellent recovery (in the range from 98.4% to 100.7%). The assay analytical parameters are listed in Table 3.

Behind biosensing-based approaches, disposable platforms can be combined with CuNCs use, to improve test analytical performances, in ELISA-like assays. The sandwich immunoassay format is quite common for protein detection. In particular, Immunoglobulins (Ig) and cancer biomarkers like prostate-specific antigen (PSA), matrix metalloproteinase-7 (MMP7) detection has been addressed, by fluorescent, photoelectrochemical (PEC) and electrochemical *i.e.*, potentiometric analysis respectively. A fluorescent ELISA platform for IgG analysis with a new strategy for *in-situ* *i.e.*, in solution synthesis of CuNCs, is reported. A sandwich assay format is used, where Alkaline Phosphatase (ALP) is bound to the secondary Ab and catalyzes the hydrolysis of ascorbic acid 2-phosphate (AAP) leading to ascorbic acid, that, in presence of Cu<sup>2+</sup> and the DNA template, allows the *in situ* growth of CuNCs [181] with fluorescence emission. A LOD of 7 pg mL<sup>-1</sup> is achieved in IgG standard solutions. This novel, easy-to-use and cost-effective fluorescent ELISA platform, led to improved performances with respect to the common commercial ELISA kit and can be transferred to other analytes, if validity in real matrices is further explored.

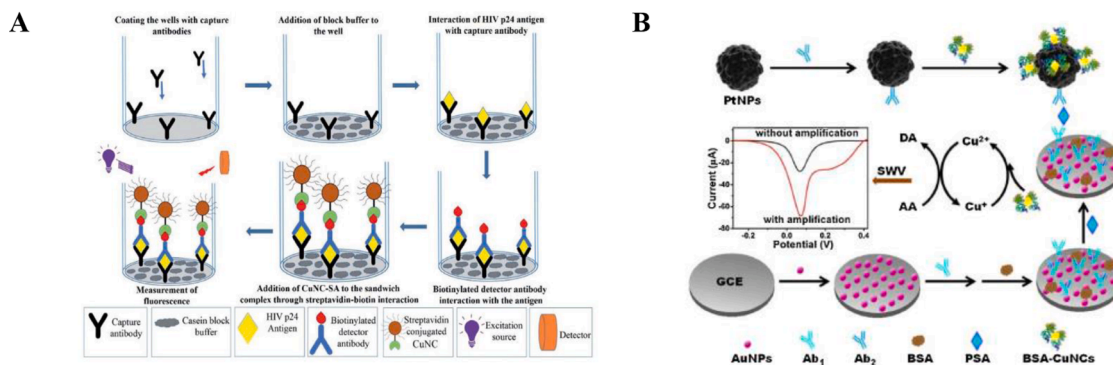


Fig. 7. Schematic illustration of CuNCs immunoassay-based detection strategies (A) according to the assay strategy proposed by Kurdekar's et al. reprinted from Ref. [178]., with permission of Royal Society of Chemistry; (B) according to the assay strategy proposed by Lihua Zhao and Zhanfang Ma, reprinted from Ref. [179], with permission of Elsevier B.V.

PSA is detected by a PEC-CuNCs-based immunoassay employing a Carbon Dots/g-C<sub>3</sub>N<sub>4</sub> [182], while MMP7, involved in cancer progression, was quantitatively detected by potentiometric immunoassay using copper ion-selective electrode (Cu-ISE) with a portable detector [183]. Cu<sup>2+</sup>, under acidic conditions, was released from CuNCs formed at the immunocomplex, where the secondary Ab was linked to a short nucleic acid sequence, acting as probe for further hybridization reaction cycles forming dsDNA structures, promoting CuNCs growth. A dynamic linear range of 0.01–100 ng mL<sup>-1</sup> with a detection limit of 5.3 pg mL<sup>-1</sup> MMP7 was achieved in human serum samples.

Behind the cancer biomarker MMP7, the quantitative analysis of cardiac troponin T (cTnT), an important marker of Acute Myocardial Infarction (AMI) is reported by a PEC approach [183]. Here CuNCs were synthesized on BSA, eventually encapsulated in liposomes for further labeling of antibodies to their external surface. After the sandwich immunocomplexing, the confined liposomal labels were lysed to release the CuNCs and numerous Cu<sup>2+</sup> ions, free to interact with the ITO electrode modified with quantum dots (QD) modifying the photocurrent [183]. The photocurrent signal decreased linearly with the increasing cTnT concentrations from 0.1 to 2 pg mL<sup>-1</sup>, with a LOD of 0.03 pg mL<sup>-1</sup> in standard solutions. The details relative to the CuNCs immunoassay-based detection strategies are reported in Table 3. Finally, considering the CuNCs growth on some proteins, carrying suitable characteristics, one may think of simple and direct antibody-free assays. We very recently reported on sensitive and selective Human Serum Albumin (HSA) fluorimetric detection in body fluids, *i.e.*, urine with interest in kidney related diseases. HSA in different matrices was detected, obtaining excellent limits of detection:  $2.48 \pm 0.07 \text{ mg L}^{-1}$  (in H<sub>2</sub>O),  $1.8 \pm 0.1 \text{ mg L}^{-1}$  (in human serum) and  $0.62 \pm 0.03 \text{ mg L}^{-1}$  (in urine). This confirms the potentialities of these very powerful nanostructures [97].

### 3.4. Ratiometric fluorescent sensing based on CuNCs

Recently, ratiometric fluorescent methods have attracted growing research interest [185]. Generally, this emerging fluorescent technique exploits double tunable emission characteristics of two fluorescence species [186].

In order to design a ratiometric sensor, a suitable reference probe should be choice [187]. Emerging nanomaterial used for the development of ratiometric fluorescent probe are CuNCs [188]. Generally, the CuNCs-based ratiometric methods take advantage of the combination of CuNCs PL properties with additionally fluorescent species (*e.g.* dye, QDs, NMs etc.) [189]. The fabrication of ratiometric fluorescent probes usually exploits several photophysical properties including internal charge transfer (ICT), fluorescence resonance energy transfer (FRET), monomer–excimer formation, and excited-state intramolecular proton transfer (ESIPT) [190]. Despite the gain in terms of method accuracy, the reports of ratiometric fluorescent sensor based on CuNCs, are limited. This is probably due to the lack of effective means to tune emission wavelength of the synthesized Cu NCs [191]. However, we report an interesting study on ratiometric fluorescence sensing platform developed by Wang and its collaborators [192]. This work was based on the sensing platform developed in which GSH-CuNCs and *o*-phenylenediamine was integrated into same device. This label-free fluorescent ratiometric assay allowed very sensitively and simultaneously detection of Cu<sup>2+</sup> and kojic acid. This method paved the way for future application in real sample analysis closely concerned with human health [192].

## 4. Biological application of CuNCs

The biocompatibility and the low toxicity of CuNCs enable their application as fluorophores for *in vitro* and *in vivo* biological imaging by using different kinds of templates for the preparation of CuNCs. Numerous works reported blue emitting CuNCs for the labeling of various kinds of cell lines, including human and cancerous cells, as well as microorganism cells [193–195]. In order to verify the compatibility of

CuNCs in biological systems, diverse tests were performed in biological samples like blood or serum [99,196]. An interesting study was conducted by Mukherjee's group in which Glutathione (GSH)-CuNCs were employed to perform cell viability and uptake assays on three cancerous cell lines, HeLa (malignant immortal cell line derived from cervical cancer), A549 (human lung carcinoma) and MDAMB-231 (human breast adenocarcinoma) [197]. They demonstrated the low toxicity of CuNCs localizing the nanoclusters close to the nucleus by laser scanning confocal microscopy. The same procedure was followed on *Bacillus subtilis* cells by Kailasa's group for *in vitro* imaging tests [32]. In the last years, great advances in the application of CuNCs combined with *in vivo* imaging strategies, have been reached (Table 4). One of the most innovative research is represented by the synthesis of radioactive BSA-CuNCs conjugated with the Luteinizing Hormone Releasing Hormone (LHRH) whose receptor is overexpressed in some cancer cells such as breast, ovarian, prostate, lung, and hepatic ones. The 64CuNCs@BSA-LHRH structure was thought to be used as a contrast agent for *in vivo* PET imaging and the uptake by tumor cells in a primary lung cancer model [90]. Theranostic applications based on the use of CuNCs are instead more common [6,43]. For example, a hydrogel-based anticancer carrier containing CuNCs and Cisplatin were exploited for mammalian cell uptake monitoring [198]. Moreover, CuNCs was used as a biological dye to stain proteins or oligonucleotides in gel electrophoresis [199] and cells in flow cytometry [200]. Copper, like other noble metals, is known also for its antibacterial properties; therefore, CuNCs were used for their antimicrobial action [201].

## 5. Conclusions and future perspectives

In this review, we focused on the remarkable progress in the synthesis and use of fluorescent copper nanoclusters combined with different detection strategies. We first evaluated diverse aspects that influence the photoluminescent properties of CuNCs, in particular size, surface ligands, and reaction environment. The synthesis of CuNCs can be effectively controlled by using a template-assisted approach. Nucleic acids, proteins, polymers, peptides, and small molecules are usually employed to reduce copper ions, stabilize and protect the growth of nanoclusters. In particular, nucleic acids, beside being excellent templates, are powerful biological recognition elements for bioanalytical assay development. Here, we discussed the combination of oligonucleotide sequences, as capture probes, and copper nanoclusters in CuNCs DNA-based detection strategies. We at first reported the CuNCs-based assays classified according to the capture probe used (*i.e.*, DNA, aptamer, antibody) and, consequently, we discussed the CuNCs-based assays diversified depending on the transduction element (*i.e.*, electrochemical, photoelectrochemical, colorimetric). Then we analyzed the biological application of copper nanoclusters. Despite the numerous advantages in terms of excellent fluorescent properties, cost effectiveness, selectivity, sensitivity, rapidity in the response, versatility and environmental-benign, the use of CuNCs for analytical applications is mostly unexplored, with a low number of publications about immuno-based or electrochemical-based assays involving CuNCs in the detection strategy. Consequently, this research area offers considerable margins of improvement and new investigations. Firstly, large scale synthesis does not allow to obtain CuNCs with uniform size distribution. This mainly occurs in DNA-CuNCs synthesis where it is necessary to pay more attention to the experimental condition to guarantee a long-term stability of DNA-templated CuNCs. Secondly, the CuNCs formation mechanism on nucleotides template is still unknown. In addition, CuNCs signal can be quenched by many biomolecules and this could influence the system selectivity. Finally, more studies are expected for practical applications. For example, the development of CuNCs-based disposable devices, *i.e.*, paper-based assay systems, as well as the combination of CuNCs with antibody-free biomimetic receptors, such as molecularly imprinted polymers (MIP), could lead to a great advantage in the fast and cost-effective target analyte detection.

**Table 4**  
Biological application of CuNCs.

| Application                   | Template                         | Target                | $\lambda_{ex}/\lambda_{em}$            | Sample                                    | Linear range   | LOD                                       | Q.Y.                             | Refs. |
|-------------------------------|----------------------------------|-----------------------|--|---|--|---|----------------------------------|-------|
| <i>In vitro</i><br>Bioimaging | Lysozyme                         | –                     | 375/450 nm                             | HeLa cells, Human blood                   | –  | –   | 14%                              | [99]  |
| <i>In vitro</i><br>Bioimaging | Tannic acid                      | Fe <sup>3+</sup>      | 360/480 nm                             | Serum and living cell (A549)              | 10 nM–10 $\mu$ M   | 10nM                                      | 18%                              | [196] |
| <i>In vitro</i><br>Bioimaging | GSH                              | Fe <sup>3+</sup>      | 340/430 nm                             | HeLa, A549, MDAMB-231 human cells         | 10 nM–50 $\mu$ M   | 25 nM                                     | 6%                               | [197] |
| <i>In vitro</i><br>Bioimaging | Egg white                        | Thiram and paraquat   | 340/600 nm                             | Food samples and <i>Bacillus subtilis</i> | 0.5– 1000 $\mu$ M (thiram),<br>0.2–1000 $\mu$ M (paraquat) | 70 nM (thiram) 49 nM (paraquat)           | 6.7%                             | [32]  |
| <i>In vivo</i><br>Bioimaging  | BSA                              | Orthopedic lung tumor | 488/640 nm                             | Mice, MRC-5 and A549 cells                | –  | –   | –                                | [90]  |
| Theranostic                   | PVP                              | Cisplatin             | 365/650 nm                             | HeLa cells                                | 1.5–8.4 mg L <sup>-1</sup>                                 | –   | 7.2%                             | [198] |
| Biological dye                | DNA                              | DNA                   | 343/584 nm                             | –   | –  | –   | –                                | [199] |
| Flow cytometry                | L-cysteine (NCs1) and GSH (NCs2) | Tetracycline          | 368/493 nm (NCs1)<br>373/595 nm (NCs2) | HeLa cells                                | –  | 5.6 $\mu$ M (NCs1),<br>8.4 $\mu$ M (NCs2) | 5.8%–<br>3.6%                    | [200] |
| Antimicrobial action          | GSH                              | –                     | 588/488 nm                             | <i>E. coli</i> , DH5 $\alpha$             | –  | –   | 1.3 $\times$<br>10 <sup>-4</sup> | [201] |

### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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