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This is a pre print version of the following article:

Original:

Marschalek, J.W., Zurli, L., Talarico, F.M., van de Flierdt, T., Vermeesch, P., Carter, A., et al. (2021). A large West Antarctic Ice Sheet explains early Neogene sea-level amplitude. NATURE, 600(7889), 450-455 [10.1038/s41586-021-04148-0].

Availability:

This version is available <http://hdl.handle.net/11365/1230094> since 2023-04-12T14:50:24Z

Published:

DOI:10.1038/s41586-021-04148-0

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1 **A Large West Antarctic Ice Sheet Explains Early Neogene Sea-Level Amplitude**

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36 **Early to Middle Miocene sea-level oscillations of approximately 40-60 m estimated from far-**
37 **field records^{1,2,3} are interpreted to reflect the loss of virtually all East Antarctic ice during peak**
38 **warmth². This contrasts with ice-sheet model experiments suggesting most terrestrial ice in**
39 **East Antarctica was retained even during the warmest intervals of the Middle Miocene^{4,5}. Data**
40 **and model outputs can be reconciled if a large West Antarctic Ice Sheet (WAIS) existed and**
41 **expanded across most of the outer continental shelf during the Early Miocene, accounting for**
42 **maximum ice-sheet volumes. Here, we provide the earliest geological evidence proving large**
43 **WAIS expansions occurred during the Early Miocene (~17.72-17.40 Ma). Geochemical and**
44 **petrographic data show glacial marine sediments recovered at International Ocean Discovery**
45 **Program (IODP) Site U1521 in the central Ross Sea derive from West Antarctica, requiring the**
46 **presence of a WAIS covering most of the Ross Sea continental shelf. Seismic, lithological and**
47 **palynological data reveal the intermittent proximity of grounded ice to Site U1521. The erosion**
48 **rate calculated from this sediment package greatly exceeds the long-term mean, implying rapid**
49 **erosion of West Antarctica. This interval therefore captures a key step in the genesis of a**
50 **marine-based WAIS and a tipping point in Antarctic ice-sheet evolution.**

51 **Introduction**

52 Reconstructing past Antarctic ice sheet change informs predictions of the continent's contribution to
53 future sea-level rise^{6,7}. Since the 1970s, drilling efforts proximal to Antarctica have revealed the
54 general Cenozoic evolution of Antarctic glaciation^{8,9,10,11}, but fundamental steps in the development
55 of the ice sheets remain poorly constrained. One key uncertainty is the timing of West Antarctic Ice
56 Sheet (WAIS) initiation and expansion across the outer continental shelf. Deep-sea benthic
57 foraminifer oxygen isotope records and Antarctic abyssal plain sedimentary sequences suggested
58 WAIS formation occurred in the Late Miocene or early Pliocene^{12,13}. However, drilling from the
59 Antarctic margin^{11,14,15} and ice-sheet modelling studies^{4,5,16} have raised the possibility that WAIS
60 expansions into areas below sea-level could have occurred during the Early Miocene or earlier,
61 facilitated by a subaerial West Antarctic topography^{17,18}.

62 Without widespread WAIS expansions across the continental shelf in the Early Miocene, maximum
63 ice volumes are low enough that global sea-level fluctuations of ~40-60 m estimated from far-field
64 stratigraphic records¹ and oxygen isotope-derived ice volume estimates^{2,3} require the near complete
65 loss of the East Antarctic Ice Sheet (EAIS) during the warmest Middle Miocene periods². Such an
66 outcome is incompatible with current ice-sheet model outputs, which suggest retention of most
67 terrestrial East Antarctic ice even during the warmest feasible Middle Miocene environmental
68 conditions⁴. This is mainly due to hysteresis effects driven by height-mass balance feedbacks; once
69 the ice sheet is present, parts of it can be retained in a climate warmer than that which would permit
70 ice-sheet inception on an ice-free landscape^{4,19}.

71 Marine sediments, deposited on the continental shelf of the Ross Sea, can reveal whether the WAIS
72 expanded across the continental shelf during the Early Miocene. However, ice proximal geological
73 records have been hampered by poor recovery, unconformities, and/or influence from East
74 Antarctica^{9,10,11}. Seismic data suggest that significant volumes of lower Miocene glacimarine
75 sediment exist around the West Antarctic margin^{20,21,22,23}. However, seismic data require constraints
76 from drilling to determine the age of the sediments, and to differentiate between detritus from

77 continental-scale ice-sheet expansion and local ice caps on (paleo)topographic highs^{22,23}.
78 Consequently, WAIS grounding across the Ross Sea shelf is only clear in seismic data after the
79 Middle Miocene Climate Transition (~14 Ma)^{24,25}; it remains uncertain whether there were earlier
80 WAIS expansions across the Ross Sea shelf.

81 **IODP Site U1521 and Provenance Approach**

82 IODP Expedition 374 Site U1521 (75°41.0' S, 179°40.3' W; 562 m water depth) was drilled to 650.1
83 metres below sea floor (mbsf) in the Pennell Basin on the outer continental shelf of the Ross Sea
84 (Fig. 1). The site was drilled in a region that ice-sheet models indicate is one of the last locations
85 where ice grounds during glacial maxima, making it an ideal location to assess the timing of past
86 WAIS expansions onto the outer continental shelf^{4,16,26}. The sediments from the base of the borehole
87 up to 209.17 mbsf are split into four chronostratigraphic sequences (1-4; Fig. 2) which constitute an
88 expanded lower Miocene section (~18 to ~16.3 Ma; see Supplementary Material for details) with
89 73% recovery. These sediments provide a unique window for detailed analysis of ice-sheet behaviour
90 immediately before the onset of the Miocene Climate Optimum (MCO, ~17 Ma; Fig. 2; Extended
91 Data Fig. 1; Extended Data Table 1).

92 Site U1521 sediments below 209.17 mbsf are predominantly muddy to sandy diamictites, often
93 interbedded with thin laminae and beds of mudstone (see Supplementary Material for details)²⁶.
94 Palynological counts on 23 samples revealed sparse palynomorphs in Sequences 1 and 4A, common
95 reworked dinoflagellate cysts in Sequence 2, and evidence for high biological productivity in
96 Sequence 3B (Extended Data Fig. 2; Supplementary Material). These lithological and
97 paleontological data from Sequences 1, 2, 3A and 4A indicate an ice-proximal glacimarine (and
98 potentially subglacial) setting, while data from Sequence 3B suggest an ice-distal setting. Notably,
99 the ~190 m thick succession of Sequence 2, containing a high proportion of reworked dinoflagellate
100 cysts, was deposited rapidly (0.592 mm a⁻¹) within a ~317 kyr interval spanning ~17.72-17.40 Ma
101 (Extended Data Fig. 1).

102 Through comparison with terrestrial rock outcrops, the sediments recovered at Site U1521 were
103 traced back to their source regions. A differing geological history of the rocks beneath the EAIS and
104 WAIS (Fig. 1) gives the sediment eroded by each ice sheet a distinct geochemical, petrological and
105 mineralogical composition, allowing expansions of the EAIS and WAIS to be distinguished. To
106 avoid bias towards, or omission of, any lithologies, we applied multiple sediment provenance
107 proxies²⁷. Specifically, we analysed the detrital fine fraction of 37 samples for neodymium (Nd) and
108 strontium (Sr) isotope compositions (<63 μm) and 23 samples for clay mineralogy (<2 μm). Eight
109 samples were also processed for U-Pb dating of detrital zircons (<300 μm) and five for ⁴⁰Ar/³⁹Ar
110 dating of detrital hornblende grains (150-300 μm). Additionally, the petrological composition of
111 15,740 clasts >2 mm was identified down-core (Extended Data Fig. 3).

112 **Evidence for Early Miocene WAIS Growth**

113 At Site U1521, detrital ϵ_{Nd} values are consistently more radiogenic (higher) in Sequence 2 compared
114 to the sediments above and below (Fig. 2e), implying a contribution from a more radiogenic end
115 member. This end member can be traced to beneath the WAIS; the ϵ_{Nd} values, ranging between -7.2
116 and -5.9, are in good agreement with measurements of Upper Quaternary diamicts from the eastern
117 Ross Sea shelf, adjacent to West Antarctica²⁸. Here, the radiogenic end member is hypothesised to be
118 the Cenozoic alkali volcanic rocks of Marie Byrd Land, West Antarctica (Extended Data Fig. 4)²⁸.
119 Subaerial outcrops of the Marie Byrd Land volcanic province are limited, but magnetic and gravity
120 anomalies associated with subglacial cone-shaped structures indicate the presence of numerous
121 subglacial volcanoes (Fig. 1)²⁹. We hypothesize that the Marie Byrd Land volcanic province is the
122 more radiogenic end member in Sequence 2. Conversely, the less radiogenic (lower) ϵ_{Nd} values seen
123 in Sequences 1, 3A and 4A reflect a mixture of lithologies present in the (East Antarctic)
124 Transantarctic Mountains and fall within the range of Upper Quaternary Ross Sea tills of
125 Transantarctic Mountain provenance (Extended Data Figs. 4, 5)^{28,30}. These less radiogenic sediments

126 also show higher and more variable magnetic susceptibility (Fig. 2)²⁶. The patterns seen in the ϵ_{Nd}
127 data are broadly mirrored by detrital Sr isotope compositions (Extended Data Fig. 2).

128 Single-grain geochronology/thermochronology and clast petrography provide insights into specific
129 source terranes. In the Transantarctic Mountains, Precambrian rocks were affected by the pervasive
130 Ross Orogeny (615-470 Ma), which was accompanied by intrusive felsic magmatism
131 (Supplementary Material)³¹. Zircon age populations from Sequences 1, 3A and 4A show a strong
132 peak towards the earlier part of the Ross Orogeny (595 to 535 Ma) and a 6 to 21% population of
133 Archaean and Paleoproterozoic (>1600 Ma) zircon grains (Figs. 1, 3). These features, together with a
134 lack of grains younger than 250 Ma, resemble data from moraines in the Transantarctic
135 Mountains^{32,33,34}. Clasts in sequences 1, 3A and 4A also correlate with rocks in the Transantarctic
136 Mountains, with lithologies including common felsic granitoids and meta-sediments alongside rarer
137 limestones, marbles and sandstones (Extended Data Fig. 3)³¹. Although a relatively minor
138 component, dolerite clasts are found throughout Sequences 1, 3A and 4A (Fig. 2g) and can be traced
139 to the Jurassic Ferrar Group, which predominantly crops out in the Transantarctic Mountains (Fig. 1).
140 Furthermore, rare *Protohaploxylinus* pollen, a distinctive component of the Permian Beacon
141 Supergroup in the Transantarctic Mountains, are observed in Sequence 3A³⁵. Overall, the sediments
142 comprising Site U1521 Sequences 1, 3A and 4A are predominantly sourced from erosion of the
143 Transantarctic Mountains in East Antarctica.

144 In contrast, Sequence 2 is characterized by the highest ϵ_{Nd} values and contains zircons with
145 Cretaceous (~100 Ma) U-Pb ages (n = 16; Fig. 3a). Such ages are indicative of a West Antarctic
146 provenance as they are presently only found beneath the modern Siple Coast ice streams, including
147 Kamb Ice Stream and those closer to Marie Byrd Land^{33,36}. The age spectra of samples from
148 Sequence 2 share other features with data from the Siple Coast ice streams, including a broad
149 Triassic (~240-190 Ma) age peak, few pre-Mesoproterozoic zircons (<5 % of grains) and a young
150 (~515-505 Ma) Ross Orogeny peak (Fig. 3)³³. Detrital hornblende $^{40}Ar/^{39}Ar$ ages from Sequence 2

151 further corroborate a West Antarctic provenance. Unlike zircon grains, which can survive multiple
152 sedimentary cycles, hornblende grains are less resistant to weathering. The absence of Grenvillian
153 (~1100-900 Ma) ages in the Sequence 2 hornblende sample (Extended Data Fig. 6) therefore
154 suggests a West Antarctic provenance, as Grenville-age rocks are absent there³⁷. The scarcity of
155 Ferrar Group dolerite clasts, common in the Transantarctic Mountains, is also consistent with a West
156 Antarctic provenance (Figs. 1, 2), as is a high proportion of smectite in the clay fraction at the bottom
157 of Sequence 2 ($\leq 58\%$; Extended Data Fig. 3), with smectite percentages similar to Quaternary
158 sediments in the eastern Ross Sea³⁸. Additionally, Sequence 2 contains evidence for recycling of
159 older marine detritus, most likely from the lower Cenozoic rift-fill strata that exist in the eastern Ross
160 Sea region of the West Antarctic Rift System²¹. This is inferred from the dominance of reworked
161 Eocene-Oligocene species in the diatom and spore-pollen assemblages²⁶, alongside the common (13-
162 21%) reworked Eocene-Oligocene marine dinocysts, which are rare ($< 1.5\%$) in younger sediments
163 (Extended Data Fig. 2).

164 Smectite abundance declines significantly up-section within Sequence 2 and is accompanied by an
165 increase in the proportion of basalt clasts (Extended Data Fig. 7). This anticorrelation is unexpected
166 given that smectite is a weathering product of basalt and volcanic rocks. We infer that lower in
167 Sequence 2, basaltic bedrock was predominantly weathered to smectite and was thus largely
168 confined to the finer grain size fractions. Over time, this more weathered regolith layer was removed,
169 leading to erosion of progressively more pristine continental detritus containing more basalt clasts.
170 This scenario is supported by more radiogenic ϵ_{Nd} values measured in the $< 63 \mu m$ fraction lower in
171 Sequence 2 (Fig. 2, Extended Data Fig. 7), as Marie Byrd Land basalts are more radiogenic than
172 other lithologies (Extended Data Fig. 5). Sequence 2 (17.72-17.40 Ma) could therefore record an
173 advance of the WAIS over parts of West Antarctica which had not been covered by grounded ice for
174 an extended period.

175 Further evidence for WAIS expansion can be found in seismic data, which can trace the sediment
176 package deposited at Site U1521 between 17.72 and 17.40 Ma (Sequence 2) across the Ross Sea
177 continental shelf²³. The sediment package, which is thicker towards the eastern Ross Sea (i.e., West
178 Antarctica), contains glacial features including widespread progradational wedges and high relief
179 morainal banks^{20,21,23}. Coupled with the lithological and palynological evidence for ice proximity at
180 Site U1521, this shows marine-terminating ice was present. Transport of large volumes of West
181 Antarctic detritus as far west as the Pennell Basin in the central Ross Sea is evident in our
182 provenance data, which, alongside common reworked marine microfossils, proves this marine-
183 terminating ice derived from an Early Miocene WAIS which intermittently extended across most of
184 the outer continental shelf.

185 Our data therefore reveal WAIS expansions across the Ross Sea continental shelf date back to at
186 least 17.72 Ma, which is significantly earlier than previously suggested^{12,13,23,24,39}. Advance of the
187 WAIS into marine-based areas (i.e., regions grounded mainly below sea level) at 17.72-17.40 Ma is
188 supported by a corresponding period of high sensitivity of the marine $\delta^{18}\text{O}$ record to obliquity
189 forcing (Fig. 2i). High obliquity sensitivity is considered a proxy for enhanced ice-sheet sensitivity to
190 ocean dynamics and thus the presence of marine-based ice¹⁵.

191 **Birth of a Marine-Based WAIS**

192 The mean erosion rate for the WAIS catchments draining to the Ross Sea between 17.72 and 17.40
193 Ma can be estimated using the volume of the corresponding seismic package east of Site U1521²³.
194 Assuming that, at the time of deposition, the area of the Ross Sea drainage sector of the WAIS was
195 approximately the same as today ($\pm 20\%$), the inferred sediment volume requires a mean catchment
196 erosion of approximately 87 m in ~ 317 kyr (Extended Data Table 2). The mean erosion rate of
197 ~ 0.275 mm a^{-1} during this interval greatly exceeds the long-term mean rate of 0.012 mm a^{-1}
198 calculated for this part of the WAIS between 23 and 14 Ma¹⁸; even when the full uncertainty is taken

199 into account (Extended Data Table 2), it is still more than an order of magnitude higher. This
200 highlights the 17.72 to 17.40 Ma interval as one of unusually rapid erosion, with erosion rates
201 comparable to modern subpolar to temperate glacial catchments⁴⁰. Transporting this large volume of
202 subglacially eroded debris quickly to the WAIS margin required abundant meltwater at the ice sheet
203 bed⁴¹, as well as fast-flowing ice streams that extended into marine settings where broad deposition
204 took place. Ocean temperatures must therefore have been sufficiently cool to permit the advance of
205 marine-based ice, yet atmospheric conditions must have remained warm enough to provide sufficient
206 precipitation to drive dynamic ice flow and enhanced basal erosion⁴.

207 Since most of West Antarctica, apart from Marie Byrd Land, was thermally subsiding throughout the
208 Miocene¹⁸, the high erosion rate at 17.72 to 17.40 Ma is unlikely to have been driven by tectonic
209 uplift. The eroded sediments therefore reflect ice expansion and enhanced glacial incision of the
210 terrestrial West Antarctic hinterland, plus infilling of the Ross Sea basins. This erosive event
211 occurred at a time when topographic reconstructions indicate a transition from a terrestrial West
212 Antarctic topography (23 Ma) to a largely submarine West Antarctic topography (14 Ma)¹⁸. The
213 timing and large volume of sediment deposited in Sequence 2 at Site U1521 suggests that the 17.72
214 to 17.40 Ma interval records a critical step in the transition of the WAIS from a largely terrestrial ice
215 sheet to one that was primarily marine-based. This significant alteration to West Antarctic
216 topography occurred just prior to major changes affecting the Antarctic cryosphere and global
217 climate during the MCO^{2,11}. Subglacial erosion may therefore have driven changes in ice-sheet
218 evolution and behaviour as, after ~17.40 Ma, a greater submarine area in central West Antarctica
219 would have made the mass-balance control of the WAIS more sensitive to external drivers such as
220 sea level and oceanic forcing^{5,16}. We propose that ice retreat at the onset of the MCO may be
221 partially attributable to the crossing of this topographic tipping point and that Sequence 2 records the
222 birth of a marine-based WAIS. This event dates to well before 14 Ma, the time slice at which
223 topographic reconstructions first show a largely sub-marine West Antarctica¹⁸.

224 **Sea-Level Reconciliation**

225 Grounded ice flowing from West Antarctica was close to Site U1521 towards the end of the Early
226 Miocene. We therefore validate recent modelling studies suggesting that an ice sheet nucleating on a
227 partially terrestrial West Antarctica could expand extensively into the marine realm under Early
228 Miocene climatic and paleotopographic conditions^{4,5,16}. Our data are consistent with an ice extent
229 similar to, or exceeding, the largest modelled Early to Middle Miocene Antarctic ice sheets (Fig. 1),
230 containing ice volumes of approximately 80 m sea-level equivalent (SLE) depending on the
231 topographic reconstruction used^{4,5,16}. This expanded WAIS contained approximately 14-15 m SLE of
232 ice, but also acted to buttress the EAIS resulting in significantly larger-than-present ice volumes^{4,16}.
233 These maximum ice volume constraints indicate that far-field sea-level amplitudes of ~40-60 m did
234 not require the loss of nearly all terrestrial East Antarctic ice during subsequent warm periods during
235 the MCO^{1,2,3}, consistent with modelled EAIS hysteresis effects⁴. By providing the earliest conclusive
236 evidence for a large marine-based WAIS, our data also dispel long-held inferences that a WAIS, able
237 to significantly impact global eustasy and climate, was not present until the Middle or Late
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373 **Figure Legends**

374 **Figure 1. Site U1521 location and surrounding geology.** The outcropping regional geology around
375 the Ross Sea⁴² (© SCAR GeoMAP and GNS Science 2019) is overlain on the BedMachine Antarctica
376 V1 modern bed topography^{43,44}. The MEaSURES grounding line, ice sheet margin and basins are
377 used^{45,46} and the map was produced using ArcGIS software. IODP Site U1521 is located on the outer
378 continental shelf of the central Ross Sea. Locations referenced in the text are labelled, including the

379 ANDRILL 2A (AND-2A) and Cape Roberts Project 1 (CRP-1) drill sites. The white dashed line
380 indicates the boundary between East and West Antarctic lithosphere⁴⁷. Orange triangles show
381 Cenozoic subglacial volcanic edifices detected based on morphological characteristics, gravity
382 anomalies and magnetic anomalies²⁹. The inset shows an ice-sheet model simulation using a ‘cold’
383 climate (‘cold’ orbit and a climate with 280 ppm atmospheric CO₂ concentrations) and an estimated
384 Middle Miocene topography⁴. Provenance indicators from Site U1521 Sequence 2 sediments are
385 broadly consistent with an ice sheet similar to or exceeding the extent of this model output.

386 **Figure 2. Selected provenance proxies from IODP Site U1521 compared to Early Miocene**
387 **climate records.** The light blue shaded section (Sequence 2) highlights the interval with sediments
388 of predominantly West Antarctic provenance. The depth of Ross Sea Unconformity (RSU) 4a and 5
389 and seismic surface D-b are indicated in red²³. a) Site U1521 inclination data after 20 mT
390 demagnetisation (red points)²⁶ and polarity interpretation (white = reverse polarity, black = normal
391 polarity, grey = no interpretation). b) Site U1521 lithostratigraphy²⁶. c) Chronostratigraphic
392 sequences. The circled letters between b) and c) mark the depths of the zircon U-Pb samples (Figure
393 3). d) Magnetic susceptibility measured on the whole core²⁶. e) Neodymium isotope signature of the
394 fine fraction. Error bars are 2 S.D. external reproducibility; for provenance interpretations, see
395 Extended Data Figure 4 and references in Supplementary Material. f) Abundance of Eocene-
396 Oligocene dinocysts as a percentage (black) and concentration (i.e., counts per gram sediment; grey).
397 g) Dolerite clast abundance. Errors shown in f) and g) are 95% confidence intervals⁴⁸.
398 Magnetostratigraphic tie points between the polarity interpretations from shipboard data (a)²⁶ and
399 geomagnetic polarity timescale (h)⁴⁹ are marked by purple dashed lines. i) Obliquity sensitivity,
400 indicating the strength of obliquity in the $\delta^{18}\text{O}$ record relative to the theoretical strength of obliquity
401 forcing. This has been interpreted as representing the presence of marine-based Antarctic ice¹⁵. j)
402 Sea-level record based on an oxygen isotope splice². Red and blue shaded intervals indicate
403 pronounced sea-level highstands (>40 m) and lowstands (<-20 m), respectively. MCO = Miocene

404 Climatic Optimum. k) CO₂ reconstruction with a LOESS smoothing (shaded region indicates 1
405 sigma error)⁵⁰. l) Simplified lithological log from the AND-2A record, with diamictites differentiated
406 based on a grounding-zone proximal vs distal glacial marine depositional setting^{11,15}.

407 **Figure 3. Site U1521 detrital zircon U-Pb age distributions.** a) Data displayed as kernel density
408 estimates (KDEs). When present, large Ross Orogeny (~600-500 Ma), Triassic (~240-190 Ma) and
409 Cretaceous (~100 Ma) age peaks are labelled. The age ranges of the Ross Orogeny, Grenville
410 Orogeny and a ~2.7 Ga event recorded in Ross Sea sedimentary strata are illustrated using grey-
411 shaded bars. The sub-bottom depth midpoints of the samples are shown in Figure 2 and listed in the
412 methods section. b) Same data as in a), displayed as a multi-dimensional scaling (MDS) map
413 calculated using the Kolmogorov–Smirnov statistic⁵¹. Stress (a measurement of the goodness of fit
414 between the disparities and the fitted distances⁵¹) = 0.072. A MDS plot visualises the degree of
415 similarity between samples, with the proximity of sample points reflecting their similarity. The axis
416 scales are dimensionless and have no physical meaning. The colour of Site U1521 samples (A to I)
417 corresponds their ϵ_{Nd} value. Previously published zircon U-Pb data from Kamb, Whillans and
418 Bindschadler ice streams in West Antarctica, as well as Transantarctic Mountain moraines from
419 inland and coastal regions, are shown in grey^{32,33,34}. The KDEs and region of the MDS plot
420 interpreted as having a West Antarctic provenance are shaded in light blue, consistent with the blue
421 shading in panel a) and Figure 2. Note that although Whillans Ice Stream drains the WAIS, it is
422 excluded from the blue shaded area due to its proximity to the Transantarctic Mountains (Figure 1),
423 resulting in a subglacial sediment provenance signature indistinguishable from East Antarctic
424 detritus³³.

425 **Methods**

426 **Neodymium and Strontium Isotopes**

427 Samples were disaggregated and wet sieved to isolate the <63 μm fraction, which was then dried at
428 60°C. This size fraction represents the bulk composition, as samarium and neodymium are
429 incorporated in equal proportions into most rock-forming minerals, meaning grain-size sorting is not
430 likely to impact results^{52,53}. However, the Rb-Sr system is subject to elemental fractionation during
431 weathering and grain-size sorting, which can influence $^{87}\text{Sr}/^{86}\text{Sr}$ ratios (see ‘Provenance Changes
432 within Sequence 2’ section in Supplementary Material). To remove authigenic Fe-Mn oxyhydroxide
433 phases, samples were leached in a mixture of 0.05 M hydroxylamine hydrochloride, 15% acetic acid,
434 and 0.03 M EDTA at a pH of 4⁵⁴. A carbonate removal step was not included due to the very low
435 carbonate content²⁶. Leached sediment was dried, homogenised, and 50 mg aliquots were digested on
436 a hotplate in concentrated HF (2 mL), HClO₄ (0.8 mL) and HNO₃ (1 mL) for three to five days, with
437 a subsequent 6 M HCl step. The Nd was isolated from the sample matrix using a cation exchange
438 resin (AG50W-X8, 200-400 μm mesh) and HCl in increasing molarity, followed by a low molarity
439 HCl Ln-Spec resin procedure (50–100 μm mesh). The sample matrix from the cation exchange step
440 was dried down, taken up in HNO₃, then loaded onto Eichrom Sr Spec resin to wash down the matrix
441 and elute the Sr⁵⁵.

442 Neodymium isotopes were measured in the MAGIC laboratories at Imperial College London on a Nu
443 high resolution multi-collector inductively coupled plasma mass spectrometer (HR MC-ICP-MS). To
444 account for instrumental mass bias, isotope ratios were corrected using an exponential law and a
445 $^{146}\text{Nd}/^{144}\text{Nd}$ ratio of 0.7219. Although negligible, interference of ^{144}Sm on ^{144}Nd was corrected for.
446 Bracketing standards were used to correct measured $^{143}\text{Nd}/^{144}\text{Nd}$ ratios to the commonly used JNdi-1
447 value of 0.512115⁵⁶. USGS BCR-2 rock standard was processed alongside all samples and yielded
448 $^{143}\text{Nd}/^{144}\text{Nd}$ ratios consistently within error of the published ratio of 0.512638 ± 0.000015 ⁵⁷. Full
449 procedural blanks for Nd ranged from 7 to 30 pg (n = 6). $^{143}\text{Nd}/^{144}\text{Nd}$ ratios are expressed using
450 epsilon notation (ϵ_{Nd}), which denotes the deviation of a measured ratio from the modern Chondritic
451 Uniform Reservoir (0.512638)⁵⁸ in parts per 10,000.

452 Strontium isotopes were measured in the MAGIC laboratories at Imperial College London on a
453 TIMS (Thermal Ionisation Mass Spectrometer). 10% of the sample was loaded in 1 μL of 6M HCl
454 onto degassed tungsten filaments with 1 μL of TaCl_5 activator. The measured $^{87}\text{Sr}/^{86}\text{Sr}$ ratios were
455 corrected for instrumental mass bias using an exponential law and an $^{88}\text{Sr}/^{86}\text{Sr}$ ratio of 8.375.
456 Interference of ^{87}Rb was corrected for using an $^{87}\text{Rb}/^{85}\text{Rb}$ ratio of 0.386. Analyses of the NIST 987
457 standard reference material were completed every four unknowns, yielding a mean of $0.710290 \pm$
458 0.000041 (2SD, $n = 36$). Samples were corrected to the published value of $0.710252 \pm 0.000013^{57}$.
459 The relatively poor reproducibility for our NIST 987 runs was due to technical issues, but is still
460 more than sufficient for interpreting sample results, which change in the 3rd to 4th digit. Accuracy of
461 results was confirmed using rock standard USGS BCR-2, processed with every batch of samples,
462 which yielded $^{87}\text{Sr}/^{86}\text{Sr}$ ratios of 0.705010 ± 0.00029 (2SD, $n = 18$). This is well within error of the
463 published ratio of $0.705013 \pm 0.00010^{57}$.

464 **Detrital Zircon U-Pb Dating**

465 The sub-bottom depth midpoints of the nine samples are: A: 220.23, B: 270.03, C: 335.72, D: 373.58, E:
466 410.82, F: 487.40, G: 546.55, H: 588.00 and I: 642.21 mbsf. To ensure there were enough grains for
467 statistical analysis, the above samples were taken over 40 cm intervals. Samples were disaggregated,
468 dried and sieved at 300 μm . Zircons from the <300 μm fraction were concentrated using standard
469 gravity settling and magnetic separation techniques. Samples were then mounted in resin, polished
470 and analysed using an Agilent 7900 laser ablation inductively-coupled plasma mass spectrometer
471 (LA-ICP-MS) with a 25-35 μm pit diameter in the London Geochronology Centre at University
472 College London. Approximately 150 grains resembling zircons were randomly selected for analysis
473 from each sample. Plešovice zircon⁵⁹ was used as a primary standard to correct for instrumental mass
474 bias and depth-dependent inter-element fractionation. Approximate U and Th concentrations were
475 calculated by comparison with NIST 612 glass⁶⁰.

476 Data reduction of the time-resolved mass spectrometer data was performed using GLITTER 4.5⁽⁶¹⁾.
477 Ages younger than 1100 Ma were calculated using the $^{206}\text{Pb}/^{238}\text{U}$ ratio whilst older grains used the
478 $^{207}\text{Pb}/^{206}\text{Pb}$ ratio. Data were filtered to exclude non-zircons based on zirconium concentrations ($>10^6$
479 counts per second) and a -5/+15% discordance threshold was applied. This yielded at least 92 grains
480 per sample, giving a 95% confidence that any age populations comprising more than 7% of the
481 sample will be measured⁶². GJ1 zircon⁶³ was used as a secondary standard to verify accuracy of the
482 data. Repeat analyses using zircons with and without existing ablation pits were made to check
483 sample reproducibility; these agreed within the uncertainties associated with random sampling. Final
484 data were processed and visualised using the R package IsoplotR⁶⁴.

485 **Clast Petrography**

486 The gravel fraction (>2 mm) was characterized in continuum along the core between 648.17 and
487 209.17 mbsf. Clasts exposed in the cut surface of the archive half core were measured, logged and
488 described on the basis of macroscopic features (e.g. shape, colour, texture). Logging aimed to
489 identify the distribution and variation of the gravel-size clasts along the core length. Clast logging
490 followed the methods previously applied to the ANDRILL and Cape Roberts Project drill records
491 from the Ross Sea. On the basis of macroscopic features, clasts were grouped into seven main
492 lithological groups: igneous rocks, quartz fragments, dolerites, volcanic rocks, metamorphic rocks,
493 sedimentary rocks and sedimentary intraclasts^{65,66,67,68}. Data processing involved counting the
494 occurrence of each lithological group over 10 cm core intervals and summarizing this for each core
495 (Extended Data Fig. 3). The total number of clasts was also summed for each metre interval
496 (Extended Data Fig. 3). To highlight the along-core variation in dolerite and volcanic clasts - two of
497 the most indicative lithologies for provenance constraint - the number of these clasts was divided by
498 the total number of clasts in each core (Extended Data Fig. 3). A total of 73 pebble to cobble-sized

499 clasts were sampled for petrographic analysis, of which the most representative of each lithological
500 group were analysed using standard petrographic methods with polarized light microscopy.

501 **Palynology**

502 Sample processing was performed at Utrecht University, following standard techniques of the
503 Laboratory of Palaeobotany and Palynology. Samples were oven-dried and weighed (~15 g dry
504 weight sediment each). One *Lycopodium clavatum* tablet with a known amount of marker spores was
505 added for quantification of palynomorph abundances⁶⁹.

506 Samples were treated with 10% HCl (Hydrochloric acid) and cold 38% HF (Hydrofluoric acid), then
507 sieved over a 10 µm mesh with occasional mild ultrasonic treatment. To avoid any potential
508 processing-related preservation bias, no oxidation or acetolysis was carried out. The processed
509 residue was transferred to microscope slides using glycerine jelly as a mounting medium, and 2
510 slides were analysed per sample at 400× magnification. Slides were examined for detailed marine
511 palynomorphs (dinoflagellate cysts, acritarchs and other aquatic palynomorphs) and, at screening-
512 level, terrestrial palynomorphs (pollen and spore) at Utrecht University. Subsequent detailed analysis
513 of terrestrial palynomorphs on a sub-set of seven samples was undertaken at GNS Science. Of the 23
514 palynological samples analysed for dinocysts, two contained <60 dinocysts (Sequence 1; 594.48
515 mbsf and Sequence 2; 567.75 mbsf) and one was almost barren (yielding only 12 *in situ* dinocysts,
516 Sequence 3A; 374.9 mbsf). The almost barren sample is excluded from all plots. The two low
517 abundance samples are included in our plots but require careful interpretation. Samples between
518 594.48 and 567.75 mbsf and below 594.48 mbsf (cores 65R, 67R, 69R and 71R) were also checked,
519 but yielded few dinocyst specimens. Those present comprised of fragments of mostly reworked
520 dinocysts.

521 Pollen and spore identification followed taxonomic compilations^{70,71}, augmented by key Antarctic
522 literature^{72,73,74}. For pollen and spores, scanning continued until an entire cover slide was completed,

523 or a 100 count reached. Results are presented as specimens/gram, and percentage of all terrestrial
524 palynomorphs. Dinocysts were identified based on a taxonomical index⁷⁵ and informally and
525 formally described species in the literature^{76,77,78,79}. Dinocyst percentages were calculated based on
526 the total *in situ* dinocysts counted, excluding reworked specimens. The percentages of other
527 palynomorph groups such as brackish and freshwater algae (*Cymatiosphaera* spp. and *Pediastrum*
528 spp.) and reworked dinocysts were calculated using the total palynomorphs counted (Fig. 2;
529 Extended Data Fig. 2). *In situ* dinocyst and terrestrial palynomorph absolute abundance (specimens/g
530 dry weight) and the absolute abundance of the other palynomorph groups were calculated by
531 counting the amount of *Lycopodium clavatum* spores encountered, following the equation of
532 Benninghoff (1962)⁸⁰.

533 Protoperidinioid (P) dinocysts are mostly represented by the genera *Brigantedinium*, *Lejeunecysta*,
534 and *Selenopemphix*. Gonyaulacoid (G) dinocysts mostly include *Batiacasphaera* spp.,
535 *Operculodinium* spp. and *Spiniferites* spp. Protoperidinioid cyst percentages (Heterotrophic % in
536 Extended Data Fig. 2) and percentages of the most common species (*Brigantedinium* spp.
537 *Lejeunecysta* spp., *Selenopemphix* spp. and *Selenopemphix antarctica*) were calculated to identify
538 productivity trends and/or the presence of sea ice (see Supplementary Material). P dinocysts are
539 likely produced by heterotrophic dinoflagellates⁸¹ and, at present, dominate the assemblages in
540 Antarctic sediments in areas with high nutrients and/or (year-round) sea-ice cover. At present,
541 samples in quasi perennial sea-ice covered areas are dominated by *Selenopemphix antarctica*
542 (~75%), with abundant *Brigantedinium* spp. and rare occurrence of other species^{82,83,84}. G cysts are
543 generally produced by phototrophic dinoflagellates. *Operculodinium* spp. is the most abundant, has
544 species representatives among the extant cysts and has been selected to represent temperate-warm
545 conditions. At present, it is almost exclusively found in temperate areas of the Southern Ocean north
546 of the Subantarctic Front and never occurs in circum-Antarctic sediments south of the Polar Front⁸².
547 In contrast, it is common to abundant in other Antarctic warm Miocene records^{85,86}. Reworked

548 dinocysts include Eocene and Oligocene taxa (mostly *Vozzhennikovia* spp., but also few *Spinidinium*
549 spp. and *Enneadocysta diktyostila*).

550 **Sediment Volume Estimate**

551 The volume of sediment comprising Sequence 2 was estimated based on seismic data for the Ross
552 Sea continental shelf²³. The isopach maps were developed by interpolating between available seismic
553 reflection profiles²³, giving a total volume of $175,526 \pm 17,553 \text{ km}^3$. The 10% uncertainty accounts
554 for uncertainty in seismic velocities, which vary from 1700-2700 ms^{-1} at Site U1521 based on
555 tomography and 1970-2480 ms^{-1} based on down-hole measurements. As the provenance data suggest
556 a West Antarctic sediment source for Site U1521 Sequence 2, we assume that all the sediments east
557 of 180° and south of 73° are derived from West Antarctica. This is the vast majority ($123,627 \pm$
558 $12,363 \text{ km}^3$) of the sediment across the shelf. Our sediment volume estimate is conservative, as the
559 top of Sequence 2 (surface D-b) has been truncated across much of the continental shelf by RSU4²³.
560 Significant sediment volumes are also likely to be present beyond the edge of the seismic data from
561 the continental rise. Any sediment beneath the modern Ross Ice Shelf is also unaccounted for,
562 although this component is likely to be small.

563 To translate this sediment volume into an erosion rate, the approach and uncertainty range of Paxman
564 et al. (2019)¹⁸ was used to account for porosity and a small biogenic sediment component (Extended
565 Data Table 2). We note that using generic values in our porosity calculation is crude, with variation
566 in the porosity of these Antarctic sediments likely to be significant⁸⁶, but nevertheless sufficient for
567 our order-of-magnitude estimate of erosion. It is reasonable to assume the major ice divides have
568 remained in largely the same positions since the Early Miocene, as indicated by various modelling
569 studies using reconstructed topographies^{4,5,16}. The size of the eastern Ross Sea catchment (i.e. Ross
570 Sea sector of the WAIS) was therefore assumed to be similar to the modern, with a 20% uncertainty.
571 Some sediment in these units clearly contains reworked material; there are high concentrations of

572 Eocene-Oligocene palynomorphs and diatoms. Although this means our erosion rate is not indicative
573 of pure bedrock incision, it still represents a significant change to the topography and bathymetry of
574 West Antarctica. The material removed likely exceeds our conservative estimate of ~87 m across the
575 catchment. The 317,416 year duration is based on the cyclostratigraphic analyses described in the
576 age model section, with a 20,000 year uncertainty.

577 **IODP Site U1521 Age Model**

578 The age model for IODP Site U1521 uses magnetostratigraphy, biostratigraphy, cyclostratigraphy,
579 $^{87}\text{Sr}/^{86}\text{Sr}$ dating of microfossils, and $^{40}\text{Ar}/^{39}\text{Ar}$ ages of hornblende grains to correlate rock units to the
580 Geomagnetic Polarity Timescale (GPTS)⁴⁹. Key events and tie points are summarized in Extended
581 Data Table 1 and illustrated in Extended Data Figures 1 and 8. Biostratigraphic constraints include
582 first and last appearance datums of diatoms. The maximum and minimum age range reported for
583 these datums are derived from total and average ranges^{88,89} and hybrid range models derived from
584 Constrained Optimization (CONOP) methods^{89,90}. Hybrid range model ages are used as primary
585 constraints for our age model. This is because they best account for up section reworking of
586 microfossil datums, which is common in glacial sedimentary environments, whilst recognising that
587 major down section reworking is unlikely (partly because of the rarity of bioturbated intervals). They
588 are marked by base of arrows in Extended Data Figure 1 and mentioned in the text below.

589 Biostratigraphic datums and magnetic polarity reversals provide tie points to construct lines of
590 correlation (LOC) with the GPTS. The age model presented here includes the interval of West
591 Antarctic sediment provenance (Sequence 2) and is described from the base of the borehole at 650
592 mbsf to 75 mbsf.

593 Biostratigraphic constraints through the interval from 650 mbsf to near the top of Sequence 3B (at
594 ~286.1 mbsf) are sparse as the sediments are deeper than the Opal-CT transition and diatom
595 preservation is relatively poor. Our correlation of the four distinct magnetozones R5, N4, R4, and N3

596 to the GPTS is therefore primarily based on regional correlation of prominent seismic reflectors to
597 other dated drill cores from the Ross Sea shelf, backed up by diatom biostratigraphic constraints. The
598 section from 650 mbsf to 567.95 mbsf at Site U1521 (Sequence 1) is characterised by reversed
599 magnetic polarity but offers no constraints which we can confidently use for correlating this reversed
600 interval to the GPTS. However, robust age constraint for sediments at the base of Sequence 2 can be
601 determined through regional correlation of RSU5 to other sites where chronostratigraphic data are
602 available. RSU5 intersects Site U1521 at 567.95 mbsf (the base of Sequence 2) and is correlated
603 across the Glomar Challenger Basin and tied to DSDP Site 273 at 282 mbsf²³. The LAD of *T.*
604 *praeфрага* is observed at 309 mbsf in DSDP Site 273, which suggests that RSU5 is younger than
605 17.95 Ma at that site. RSU5 cannot be directly correlated into the western Ross Sea, but a major
606 unconformity (U2) occurs in the AND-2A drill site at 774.94 mbsf and likely corresponds with
607 RSU5 based on chronostratigraphy¹¹. Specifically, sediments that directly underlie U2 in AND-2A
608 are characterised by a reversed magnetic polarity and are correlated to Chron C5Er (18.636 to 18.497
609 Ma) based on constraints that include ⁴⁰Ar/³⁹Ar dates of 18.82 ± 0.15 Ma on pumice clasts within a
610 tuffaceous siltstone at 831.66 mbsf. The age of sediments that overlie U2 at the AND-2A drill site
611 are constrained by the FAD of *T. praeфрага* at 771.5 mbsf (<18.46 to 18.58 Ma), and a ⁴⁰Ar/³⁹Ar date
612 of 18.04 ± 0.31 Ma on pumice clasts within a tuffaceous siltstone at 709.17 mbsf. These observations
613 require correlation of the reversed magnetic polarity zone that characterise the sediments above U2
614 to Chron C5Dr.2r (18.007 to 17.676 Ma). All evidence presented above shows that between ~18.6
615 and ~17.8 Ma, a significant, regionally extensive, erosional event (or series of events) created surface
616 RSU5/U2.

617 Sediments deposited on top of RSU5 at Site U1521 are characterised by reversed magnetic polarity.
618 Based on the known age of RSU5 at DSDP Site 273 and U2 at AND-2A, we correlate the top of
619 reversed magnetozone R5 in Site U1521 to Chron C5Dr.2r. This interpretation is consistent with the
620 observation that *T. praeфрага* is not present in a diatom-bearing sample at 563 mbsf, despite

621 comprehensive searches for this species in this sample as well as diatom-bearing samples higher in
622 Sequence 2. As *T. praeфрага* is a small and compact diatom not prone to fragmentation which would
623 likely be preserved in the observed diatom assemblages, we are confident this absence is not a result
624 of poor preservation below the Opal-CT transition. *T. praeфрага* is a common species in upper
625 Oligocene and lower Miocene sediments recovered from several sites across the Ross Sea, including
626 Cape Roberts Project-2/2A, DSDP Site 273, and AND-2A^{11,91,92}. The total reported CONOP model
627 based age range for the LAD of *T. praeфрага* is 17.95 to 16.82 Ma and the hybrid model range is
628 17.95 to 17.36 Ma^{88,89,90}. Consequently, we view the absence of *T. praeфрага* as strong evidence that
629 the sediments above 563 mbsf at Site U1521 are younger than 17.95 Ma.

630 We then correlate the magnetic polarity reversal (MPR) R5/N5 between 526.8 and 524 mbsf to
631 C5Dr.1n/C5Dr.2r (17.676 Ma), the MPR N4/R4 between 517.2 and 515.1 mbsf to C5Dr.1r/C5Dr.1n
632 (17.634 Ma), and the MPR R4/N3 between 400.5 and 397.2 mbsf to C5Dn/C5Dr.1r (17.466 Ma). We
633 extend a line of correlation from this MPR to the top of Sequence 2, where it intersects with seismic
634 surface D-b²³. The correlation presented here by interpolating through these MPRs indicates
635 sediments in Sequence 2 span the time interval from ~17.7-17.4 Ma. The occurrence of the diatom
636 taxon *Thalassiosira* sp. cf. *T. bukryi* at 450.52 mbsf supports this correlation as the range reported for
637 this taxon at ODP Site 744 is 17.7-17.4 Ma^{89,93}.

638 To refine the likely sedimentation rate and timespan of Sequence 2, a cyclostratigraphic analysis was
639 conducted on clast abundance data (Extended Data Fig. 3) spanning 568 to 380 mbsf. These data
640 were analysed using TimeOpt⁹⁴, which is a statistical optimization method for astronomical time
641 scale construction and astrochronologic testing, executed by the *astrochron* package in R⁹⁵ (function
642 ‘timeOpt’). Given a range of plausible sedimentation rates and a series of specified astronomical
643 periodicities (for precession, obliquity, and eccentricity), TimeOpt identifies the age model that
644 results in a time-series that best aligns with the predictions of Milankovitch theory. Specifically, two

645 diagnostic attributes of the astronomical hypothesis are evaluated: the hierarchy of cyclic frequencies
646 expected of Milankovitch Cycles, r^2_{spectral} , and the match between eccentricity cycles and the
647 precession-band envelope, r^2_{envelope} ^{94,96}. These two values (r^2_{power} and r^2_{envelope}) are multiplied to
648 produce an r^2_{opt} value, which provides insight into the strength of a hypothesized astronomical signal
649 at each evaluated sedimentation rate.

650 Assuming plausible average sedimentation rates between 40 cm kyr⁻¹ and 65 cm kyr⁻¹, TimeOpt
651 yields an optimal sedimentation rate of 59.2 cm kyr⁻¹ for Sequence 2, with an r^2_{opt} of 0.396. To assess
652 the statistical significance of the result, a Monte Carlo astrochronologic test is conducted to evaluate
653 the null hypothesis that the observed variability in clast abundance arises entirely by stochastic
654 processes, rather than astronomical forcing. The Monte Carlo simulations are generated using the
655 function “timeOptSim”, which creates a large number of similar time-series of stochastic (“red”)
656 noise, to assess the probability that such datasets can produce an r^2_{opt} value comparable to the one
657 generated by the clast abundance data^{94,96}. This analysis yields a p-value of 0.005, indicating that the
658 null hypothesis (i.e. the data is generated from a stochastic “red noise” process; specifically an AR1
659 process) can be rejected with a high degree of confidence. Given that the astrochronologically-
660 estimated sedimentation rate is derived independently from the paleomagnetic data, their consistency
661 is remarkable and provides strong evidence in support of an estimated duration of ~317 kyrs for
662 Sequence 2 (Extended Data Fig. 1)²⁶.

663 While the ‘floating’ TimeOpt-derived astronomical time scale preserves information about elapsed
664 time, it must be separately anchored to a specific numerical age. To do so, we use the ‘slideCor’
665 function in the *astrochron* package⁹⁵; this is an automated approach to find the optimal anchoring of
666 the floating TimeOpt-derived time scale to the theoretical astronomical solution of Laskar et al.
667 (2004)⁹⁷. Specifically, we have applied a Taner bandpass filter⁹⁸, isolating the periods between 60 ka
668 and 27 ka for both the obliquity component of the astronomical solution⁹⁷, and for the TimeOpt-

669 derived floating astrochronology. The optimal match between the astronomical solution and floating
670 astrochronology is identified using the squared Pearson correlation coefficient.

671 Independent biostratigraphic and magnetostratigraphic constraints mean we can restrict our
672 'slideCor' assessment to a feasible ~800 ka interval; our lower limit (17.950 Ma) is based on the
673 absence of *T. praeфрага* and the correlations of RSU5 described above, and our upper limit is based
674 on the C5Cr/C5Dn MPR (17.154 Ma). Since the precise relationship between clast abundance and
675 astronomical forcing is not known with certainty, any time-anchor for the astronomically calibrated
676 section should be treated as having an uncertainty of at least a full obliquity cycle (~41 ka).
677 Application of the slideCor function identifies two plausible regions of the astronomical solution for
678 anchoring the Sequence 2 clast abundance data. The optimal match ($r^2 = 0.8497$) results in an
679 astronomically calibrated section ranging from 17.601 Ma to 17.918 Ma (± 0.02 Ma). This would
680 indicate that the interval is ~140-220 kyrs older than the age range suggested by the paleomagnetic
681 interpretation, giving a very poor match with the measured polarities. However, a slightly less
682 optimal match ($r^2 = 0.7704$) anchors the section to span 17.398 Ma to 17.715 Ma (± 0.02 Ma), which
683 places it within ~40 kyrs of the paleomagnetic interpretation. This agreement of geochronological
684 frameworks derived from paleomagnetism and astrochronology, which are broadly independent,
685 provides strong support for the age model presented here.

686 Uncertainties in the magnetostratigraphic age model, most notably for Subchrons C5Dr.1n and
687 C5Dr.1r and Chron C5Dn, may account for some of the slight disagreement with the
688 astrochronological approach described above. The available astronomically tuned durations of these
689 (sub-)chrons agree within 10%^{99,100}. The small discrepancies in duration of (sub-)chrons originate
690 from the astronomical tuning approach (carbon and oxygen isotopes tuned to eccentricity, tilt and
691 precession at Site 1090⁽⁹⁹⁾ and carbonate content to eccentricity only at Site U1336⁽¹⁰⁰⁾), as well as

692 physical and palaeomagnetic recording processes such as bioturbation and the palaeomagnetic lock-
693 in depth^{101,102}. Paleomagnetic measurement methods are discussed in detail in the cruise report²⁶.

694 We suggest 17.95-17.40 Ma as the absolute uncertainty of the timing of Sequence 2 deposition,
695 based on the absence of *T. praeфрага* (17.95 Ma) and occurrence of MPR C5Dn/C5Dr.1r (17.466
696 Ma) near the top of Sequence 2. However, more precise constraint on the duration of Sequence 2
697 deposition can be achieved based on the remarkable agreement of sedimentation rates based on the
698 astronomical analysis of clast data and interpolation through magnetostratigraphic tie points, which
699 suggest deposition occurred over ~317 kyrs. Combined with the close correlation between our
700 astrochronological analyses and the timing of MPRs, we suggest a more precise interval for the
701 deposition of Sequence 2, spanning ~17.72-17.40 ± 0.02 Ma. The ~20 kyr error represents
702 uncertainty in the phase relationship between clast abundance and obliquity forcing. This range
703 coincides closely with many independent records indicating ice-sheet growth, including a sea-level
704 lowstand recorded on the New Jersey continental margin (~17.8-17.46 Ma)¹, evidence for ice sheet
705 growth in the AND-2A drill core sediments (~17.8-17.4 Ma)¹¹ and a peak in obliquity sensitivity
706 (~17.8-17.5 Ma)¹⁵ (Fig. 2).

707 The age of Sequence 3A and 3B (324.20- 209.17 mbsf), bracketed by seismic surface D-b and
708 regional unconformity RSU4a, is difficult to tightly constrain. Diatom preservation increases
709 significantly in a sample at 286.1 mbsf at the base of Sequence 4A and the FADs of *Nitzschia sp. 17*
710 *Schrader*, *Synedropsis cheethamii*, and *Denticulopsis maccollumii* suggest sediments below this
711 stratigraphic level are older than 17 Ma. The LAD of *F. maleinterpretaria* in this sample provides a
712 minimum age constraint and suggests that the sediments below 286.1 Ma must be older than 16.41
713 Ma. These constraints require that the sediments between 344.6 and 286.3 mbsf, characterised by
714 reversed polarity, correlate with either the Subchron C5Cn.2r or the base of Chron C5Cr. Correlation
715 to the base of Chron C5Cr is our favoured option as this would indicate that the interval of time

716 missing across seismic surface D-b is relatively short, whereas regional unconformity RSU4a at the
717 top of this unit records a hiatus of longer duration. The alternative interpretation is shown with a
718 dashed line in Extended Data Figure 1.

719 We constrain the slope of the LOC through Sequence 3B based on the sedimentation rate indicated
720 for the diatom-bearing Sequence 4B as the sediments are similar, although affected by diagenesis in
721 Sequence 3B. The sedimentation rate in Sequence 3A is assumed to be comparable to the Sequence 2
722 diamicts. We also acknowledge that the actual first appearance of the diatom taxa identified in the
723 sample at 286.1 mbsf may have originally been deeper, but their presence has since been obscured by
724 diagenesis. This would require that the LOC sit to the left (younger) of its current position.

725 Therefore, we include an error box (orange box in Extended Data Fig. 1) in our age model to show
726 that the LOC could occur anywhere within this area depending on the amount of time missing across
727 D-b and the sedimentation rate during deposition. We are confident that the MPR between 400.5 and
728 397.2 mbsf (N3/R3) is C5Dn/C5Dr.1r (17.466 Ma) based on constraints above and below this
729 interval outlined above and place our LOC through the reversal. This LOC requires a time gap of ~
730 180 kyrs across regional seismic surface D-b²³ that separates Sequences 2 and 3.

731 The relatively thin interval of reversed polarity within Chron C5Dn (at ca. 380 mbsf) is not identified
732 in the current version of the GPTS (Extended Data Fig. 8), but a similar short-duration reversed
733 polarity event roughly halfway through Chron C5Dn is recorded in the AND-2A
734 magnetostratigraphic record¹¹. Taking the palaeomagnetic uncertainties of ice-proximal sediments
735 into account, we hypothesise that this rarely recorded reversed polarity event could be a genuine
736 feature of the geomagnetic field that has not been detected in marine sediments due to signal
737 smoothing at low sedimentation rates¹⁰³.

738 The age of sediments above RSU4a are very well constrained by diatom data, ⁸⁷Sr/⁸⁶Sr ages and
739 magnetostratigraphy. The LAD of *F. maleinterpretaria* indicates that the sediments above 286.1
740 mbsf must be younger than 16.41 Ma. An ⁸⁷Sr/⁸⁶Sr date on shell fragments at 272.65 mbsf indicates

741 the interval with reversed polarity containing the fragments correlates with Subchron C5Cn.1r
742 (16.351 to 16.261 Ma). This correlation means that the hybrid age model underestimates the
743 maximum age of the FAD of *Nitzschia grossepunctata*, which occurs at 286.1 mbsf, and suggests the
744 age indicated by the total range model age for this datum (16.23 Ma) is more likely. Together, these
745 data indicate that the base of Sequence 4A dates to less than ~16.351 Ma. We correlate the MPR
746 (R3/N2) between 209 and 205 mbsf to C5Cn.1n/C5Cn.1r (16.261 Ma). The sequence of well-dated
747 shells through Sequence 4B allows us to correlate the sediments between 209 and 106.3 mbsf that are
748 characterised by normal polarity with Subchron C5Cn.1n (16.261 to 15.994 Ma) and the MPR
749 between 106.3 and 105.5 to C5Br/C5Cn.1n (15.994 Ma). The FADs of *Denticulopsis lauta*,
750 *Actinocyclus ingens*, *Denticulopsis hyalina*, and *Denticulopsis simonsenii* at 84.99 mbsf indicate a
751 major hiatus at this depth spanning from ~15.83 Ma to at least 14.48 Ma. This stratigraphic horizon
752 correlates with RSU4, a major regional unconformity²³.

753 **Sediment Provenance Interpretations**

754 To interpret the provenance data from IODP Site U1521, they must be placed in a regional context. In
755 the Supplementary Material, we therefore present a short geological summary of the Ross Sea
756 sector^{31,37,104-170}, including a compilation of published zircon U-Pb data^{33,105-129}. We also include a
757 more detailed discussion of our hornblende $^{40}\text{Ar}/^{39}\text{Ar}$ ^{136,154,171-175}, clast petrography, clay
758 mineralogy^{158,183-188}, and palynology^{35,72,78,84,189-192} datasets. Additional insights into the sediment
759 provenance of Sequences 1, 2 and 3A are also explored^{23,33,38,184,193-199}. A compilation of literature
760 neodymium and strontium isotope data (visualised in Extended Data Figures 4 and 5) is provided in
761 Supplementary Table 1.

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1181 **Data availability** The datasets generated as part of this study are available in the British Geological
1182 Survey National Geoscience Data Centre. Datasets include Nd and Sr isotope data
1183 (<https://doi.org/10.5285/3a646c8a-8422-4079-a928-a159532439eb>), zircon U-Pb dates
1184 (<https://doi.org/10.5285/cfadf931-0804-484c-a9d0-96254239c421>), clast counts
1185 (<https://doi.org/10.5285/b043471f-22e5-40e4-b274-1c875316d725>), clay mineralogy data
1186 (<https://doi.org/10.5285/b3cb3574-49b0-44c8-a934-3da88ca4ef93>), hornblende $^{40}\text{Ar}/^{39}\text{Ar}$ dates
1187 (<https://doi.org/10.5285/926cad28-669f-4703-8a5b-5e7e843a4ee1>) and palynological counts
1188 (<https://doi.org/10.5285/adea0809-5fe5-4fb5-9f3e-9d774534d26d>).

1189 Acknowledgements

1190 This research used data and samples provided by the International Ocean Discovery Program
1191 (IODP), which is sponsored by the US National Science Foundation (NSF) and participating
1192 countries under the management of Joint Oceanographic Institutions. J.W.M. was supported by a
1193 NERC DTP studentship (grant number NE/L002515/1). Neodymium and Sr isotope analysis and U-
1194 Pb dating of detrital zircons was funded through NERC UK IODP grant NE/R018219/1. Clast counts
1195 performed by L.Z., F.T. and M.P. and the participation of L.D. and F.C. was funded by the Italian
1196 National Antarctic Research Program (PNRA - Programma Nazionale Ricerche in Antartide) - grant
1197 numbers PNRA18-00233, PNRA16-00016 and PNRA18-00002. R.M.M. was supported by Royal
1198 Society Te Apārangi Marsden Fund (18-VUW-089). R.M.M., J.P., and R.L. were supported by the
1199 New Zealand Ministry for Business Innovation and Employment grant ANTA1801. P.V. was
1200 partially funded by NERC Standard Grant NE/T001518/1. L.F.P. has been funded by the European
1201 Union's Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant
1202 agreement No. 792773 WAMSISE. T.E.v.P. has been funded by NERC grants NE/R018235/1 and
1203 NE/T012285/1. D.K.K. was supported by the IODP JOIDES Resolution Science Operator and
1204 National Science Foundation (grant numbers OCE-1326927 and OPP-2000995). A.E.S. and I.B.
1205 were supported by the US Science Support Program. Southern Transantarctic Mountain rock samples
1206 for Nd and Sr isotope analysis were provided by the Polar Rock Repository with support from the
1207 National Science Foundation, under Cooperative Agreement OPP-1643713. We thank B. Coles, K.
1208 Kreissig and P. Simões Pereira for technical support. We also thank the numerous scientists who
1209 collected invaluable site survey data and developed the proposals and hypotheses that ultimately led
1210 to IODP Expedition 374. Expedition 374 was conducted under Antarctic Conservation Act Permit
1211 Number: ACA 2018-027 (permit holder: Bradford Clement, JRSO, IODP, TAMU, College Station,
1212 TX 77845).

1213 **Author Contributions**

1214 J.W.M., T.v.d.F, R.M.M., L.D.S. and A.E.S. designed the research in collaboration with the entire
1215 IODP Expedition 374 science party. J.W.M. conducted the Nd and Sr isotope analyses. L.Z., F.T.
1216 and M.P. performed the clast counts. J.W.M., P.V. and A.C. produced the zircon U-Pb data. F.B. and
1217 V.B.R. collected the clay mineralogy data. F.S., J.P. and C.B. performed the palynological counts
1218 and interpretations. S.R.H. provided the hornblende $^{40}\text{Ar}/^{39}\text{Ar}$ data. K.J.L. provided guidance on
1219 geochronology interpretations. L.F.P., F.C. and L.D.S. calculated the sediment volume estimate. R.L.,
1220 R.M.M., T.E.v.P., D.H., D.K.K. and E.M.G. improved the shipboard age model. N.B.S and S.R.M.
1221 conducted the astrochronological analyses. D.K.K. provided the XRF data. E.G. and B.K. helped
1222 integrate sediment provenance data with numerical modelling. I.B., G.K., and J.E.D. advised on
1223 specific technical aspects of the manuscript. J.W.M. created the figures and wrote the text with
1224 assistance from all authors and particular guidance from T.v.d.F, C.D.H, E.G., and M.J.S.. All
1225 Expedition 374 scientists contributed to the collection of shipboard datasets and the interpretations of
1226 the data.

1227 **Consortia**

1228 *IODP Expedition 374*

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1261 **Competing Interests** The authors declare no competing interests.

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1263 **Extended Data Figure and Table Legends**

1264 **Extended Data Figure 1. Age model constraints below 75 mbsf at Site U1521.** From left to right
1265 are: depth (metres below sea floor), core number, core recovery (black = recovered), inclination prior
1266 to and after 10 and 20 mT demagnetisation (black, blue and red points, successively), and
1267 corresponding polarity interpretations (black = normal, white = reversed, grey = no interpretation).
1268 Note that the polarity interpretations have been simplified compared to those in the cruise report²⁶,
1269 with small uncertainties related to core gaps removed. Note Site U1521 is in the Southern
1270 Hemisphere. The geomagnetic polarity timescale⁴⁹ is shown across the top of the plot. The orange
1271 shaded regions indicate uncertainties in our age model and the dashed line marks an alternative line
1272 of correlation for Sequence 3. The blue line indicates the age model for Sequence 2 based on our
1273 astrochronological analyses, with the light blue shading indicating the ~20 kyr uncertainty associated
1274 with the phase relationship between clast abundances and obliquity. This astrochronological
1275 anchoring agrees closely with linear interpolations between magnetostratigraphic tie points (black
1276 line).

1277 **Extended Data Figure 2. Selected palynological counts compared to strontium and neodymium**
1278 **isotope data.** Palynological data are reported as percentages (crosses) and counts/gram (circles). The
1279 blue shaded area represents Sequence 2, which is interpreted as consisting of sediments with a West
1280 Antarctic provenance. Error bars indicate a 95% confidence interval⁴⁸.

1281 **Extended Data Figure 3. Down-core clast and clay mineral distribution.** The blue shaded area
1282 highlights Sequence 2, which is interpreted to consist of sediments with a West Antarctic
1283 provenance. a) Core lithology (see Figure 2 for key). b) Chronostratigraphic sequences. c) Clast
1284 abundance. d) Percentages of different clast lithologies. e) Ratio between dolerite and total number
1285 of clasts (red) and volcanic rocks and total number of clasts (green), with 95% confidence interval
1286 shown as pale shading⁴⁸. f) Clay mineral abundances.

1287 **Extended Data Figure 4. Map of approximate ϵ_{Nd} values in rocks and offshore sediments from**
1288 **around the Ross Sea embayment.** Epsilon Nd values are overlain on MODIS imagery²¹⁰ and the
1289 BedMachine Antarctica V1 modern bed topography^{43,44}, with the MEaSURES grounding line and ice
1290 sheet margin shown^{45,46}. The approximate boundary between West and East Antarctic lithosphere is
1291 shown using a white dashed line⁴⁷. Modern/late Holocene and terrestrial till samples are represented
1292 by circles with the same colour bar^{28,30,55}. Although ice flow patterns have changed since their
1293 deposition, Last Glacial Maximum tills in offshore sediments are also plotted as squares to improve
1294 spatial coverage²⁸. Individual samples and references are reported in Supplementary Table 1. The
1295 bedrock map was produced by Kriging between sample locations within a group, then masking to the
1296 outcrop area. Beacon and Ferrar Group (Fig. 1) rocks are often not differentiated in geological
1297 mapping, but are roughly equal volumetrically¹³⁶, with the uppermost Beacon Supergroup formations
1298 having a Ferrar-like isotopic signature¹³⁹. We hence assume a 60% Ferrar, 40% Beacon mixture is
1299 representative.

1300 **Extended Data Figure 5. Kernel density estimate plots for literature measurements of rock ϵ_{Nd}**
1301 **compared to measurements on fine-grained Miocene detritus from Site U1521.** For references
1302 and a list of all the data, see Supplementary Table 1. The height of the curve indicates the density of
1303 measurements and n the total number of samples analysed. Colour scheme is identical to Figure 1,
1304 with sediments in grey.

1305 **Extended Data Figure 6. Kernel density estimates for hornblende $^{40}Ar/^{39}Ar$ ages compared to**
1306 **zircon U-Pb ages younger than 1500 Ma.** The two dating methods are show in red and blue,
1307 respectively. Bold letters correspond with those in Figure 3. The positions of major peaks and
1308 number of grains analysed are labelled in the corresponding colours. Stratigraphic position is shown
1309 in Figure 2.

1310 **Extended Data Figure 7. Close up of the Site U1521 interval with a West Antarctic provenance.**

1311 The stratigraphic log (a) is displayed alongside the percentage of reworked dinocysts (b), basalt clast
1312 fraction (c), relative abundance of smectite (d), Nd isotope data (e) and Fe/Ti ratios determined by X-
1313 ray fluorescence scanning (f).

1314 **Extended Data Figure 8. Correlation of Site U1521 magnetostratigraphic tie points.** Shown are

1315 correlations between the AND-2A record¹¹, Site U1521²⁶ and the GPTS⁴⁹.

1316 **Extended Data Table 1. Age tie points for Site U1521 below 75 mbsf.** FAD: First Appearance

1317 Datum, LAD: Last Appearance Datum. Depth errors for the biostratigraphic datums reflect the
1318 position of the first downhole sample in which the reported species was not observed. We cannot
1319 exclude the possibility that the true first observation occurs between this sample and that reported as
1320 the FAD. Opal-CT indicates that the lowermost occurrence is uncertain due to poor preservation
1321 below the Opal-CT transition (~286.1 mbsf). Age errors for the biostratigraphic events are given as
1322 the maximum and minimum reported ages based on hybrid range models^{89,90}. Magnetic Polarity
1323 Reversals (MPR) depths are given as midpoints between samples with differing polarities, with the
1324 depth error indicating the distance to these samples.

1325 **Extended Data Table 2. Values used in the erosion rate calculation.**