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Coordinator: Prof. Lorenza Trabalzini

**OMICS-Based Profiling in Inherited Retinal Dystrophies: Dissecting
Oligogenic Inheritance through Mutational Burden Models and
Developing a Plasma Proteome-Based Framework**

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ACADEMIC SUPERVISOR: Prof. Andrea Bernini

INDUSTRIAL SUPERVISOR: Dr. Matteo Bertelli

PhD STUDENT

Medori Maria Chiara

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ABSTRACT

Inherited Retinal Dystrophies (IRDs) are a clinically and genetically heterogeneous group of disorders characterized by the progressive degeneration of photoreceptors and retinal pigment epithelium, leading to irreversible vision loss. More than 250 genes have been implicated in IRDs, with inheritance patterns including autosomal dominant, autosomal recessive, and X-linked modes. However, despite the widespread application of next-generation sequencing (NGS), approximately 40% of IRD patients remain genetically unsolved. In many of these cases, only single heterozygous variants in recessive genes are identified, which is insufficient to explain the phenotype under classic Mendelian interpretation. This observation suggests the existence of complex, non-Mendelian inheritance mechanisms such as digenic, triallelic, or oligogenic interactions. The concept of *mutational burden*, which quantifies the cumulative effect of multiple rare variants in functionally related genes, has emerged as a powerful interpretative model for these unresolved cases. In parallel, the clinical progression of IRDs does not follow a linear trajectory. Instead, patients often alternate between stable (latent) phases and rapid-degenerative (active) phases, in the absence of clear genetic or clinical predictors. Plasma proteomics offers a promising avenue to detect early molecular signatures of disease activity, including markers of inflammation, oxidative stress, and cell death. Identifying these transitions is critical for developing therapeutic strategies aimed at halting or delaying vision loss.

This work introduces a model designed to address two major challenges in IRD research and clinical practice: the genetic complexity of unresolved IRD cases and the non-linear dynamics of disease progression. First, we developed a mutational burden model to quantify the aggregate impact of rare heterozygous variants across selected biological pathways, with the aim of identifying patients whose phenotype may be explained by oligogenic inheritance. Second, we developed a machine-learning classifier using plasma proteomic data to distinguish between the active and latent phases of retinal degeneration. These

complementary approaches aim to improve diagnostic yield, enable better patient stratification, and support personalized clinical management.

We analyzed clinical and genetic data from 527 individuals (453 IRD patients and 74 controls). Variants were annotated and classified according to ACMG guidelines, and a pathogenicity score was assigned: pathogenic (P) = 0.5, likely pathogenic (LP) = 0.3, and variants of uncertain significance (VUS HOT) = 0.2. To account for age-dependent expressivity, scores were normalized by age. Using curated databases (KEGG, Reactome, STRING), we mapped the retinal-related molecular pathways. Mutational burden scores were computed as the sum of pathogenicity weights across genes in each pathway. Differences between patients and controls were assessed using the Mann–Whitney U test. Kernel Density Estimation (KDE) was applied to the burden distribution to define the 90th percentile threshold for high-burden classification. Additionally, we identified gene pairs present in patients but absent in controls within significantly burdened pathways, highlighting possible oligogenic interactions.

We also generated a synthetic dataset of 500 plasma proteomic profiles, each containing 315 proteins relevant to IRD pathophysiology. Expression levels were scaled using MinMax normalization. Proteins were grouped into ten biological pathways: inflammation, oxidative stress, immunity, apoptosis, aging, visual perception, ciliopathies, lipid metabolism, cellular transport, and signal transduction. For each sample, a pathway activation score was computed. Samples were classified as “active phase” if at least two pathways exceeded an activation threshold of 0.70; otherwise, they were labeled as “latent phase”. We trained four machine learning models (Logistic Regression, Support Vector Machine, Random Forest, and XGBoost) on 80% of the dataset and evaluated them on the remaining 20% using accuracy, precision, recall, and F1-score. Feature importance was assessed to identify the most informative proteins.

The mutational burden model identified two significantly enriched pathways in the patient group: *Retinoid Cycle Disease Events* ($p = 0.00002$) and *The Canonical Retinoid Cycle in Rods* ($p = 0.012$), with a high correlation ($r = 0.92$). KDE analysis established a 90th percentile burden threshold, above which patients were classified as high-burden. Among these, we identified two gene combinations—*ABCA4–RDH12* and *ABCA4–RBP3*—that are present exclusively in patients. The model enables prioritizing variants for functional validation and reclassifying previously unsolved cases.

About proteomics, the machine learning classifier reached the best performance with Logistic Regression (accuracy: 72%; precision: 0.72; F1-score: 0.71). The most discriminative biomarkers included TIMP3 and VEGFA (inflammation and fibrosis), CAPN5 and CLN3 (neurodegeneration), and PRDM13 (transcriptional regulation). These proteins have previously been implicated in photoreceptor apoptosis, complement activation, and extracellular matrix remodeling—key processes in IRD progression. The model captured the transition between disease phases using pathway-level proteomic data, supporting the hypothesis of molecular thresholds driving phase shifts in retinal degeneration. The mutational burden model can be integrated into clinical diagnostic pipelines to reclassify patients who test negative under Mendelian criteria, improving genetic counseling and guiding inclusion in gene therapy programs. The proteomic classifier provides a novel tool for dynamic patient monitoring, identifying disease activity phases that may benefit from therapeutic intervention. Both approaches are scalable, data-driven, and suitable for translation into omics-based diagnostics. They can be deployed in biotechnological platforms for clinical decision support, biomarker discovery, and stratification in clinical trials targeting IRDs.

This study presents an integrated omics approach to address both the genetic and temporal complexity of inherited retinal dystrophies. By combining mutational burden analysis with machine-learning-based proteomic classification, we provide a framework capable of

reclassifying patients with unresolved genotypes and detecting clinically relevant shifts in disease progression. These tools contribute to a paradigm shift beyond Mendelian diagnostics, supporting the development of precision medicine strategies for retinal diseases. Future steps include validation in independent IRD cohorts using real-world proteomic and genomic data, functional characterization of novel gene combinations, and integration with imaging and clinical phenotypes.

CHAPTER 1 – INTRODUCTION

1.1 Inherited Retinal Dystrophies (IRDs)

Inherited Retinal Dystrophies (IRDs) are a diverse group of rare, genetically inherited disorders that primarily affect the photoreceptor cells and the retinal pigment epithelium (RPE), leading to progressive visual impairment and, ultimately, blindness. These diseases encompass a wide range of clinical entities, including retinitis pigmentosa (RP), Leber

congenital amaurosis (LCA), cone-rod dystrophy, Stargardt disease, and Usher syndrome. Although these disorders differ in their specific genetic causes, age of onset, and rates of progression, they share a common endpoint: the irreversible degeneration of photoreceptors and the disruption of the retinal architecture [1-3].

Epidemiological studies estimate the global prevalence of IRDs at approximately 1 in 3,000 individuals, which, when aggregated, makes them one of the most frequent causes of inherited blindness in the developed world. Clinically, patients may present with nyctalopia, peripheral field constriction, color vision defects, or loss of central vision, depending on the specific photoreceptor populations involved. The disease course is usually slowly progressive, yet the pace and pattern of deterioration can vary substantially between patients—even among those harboring identical pathogenic variants. This variability highlights the complexity of the molecular pathways related to retinal homeostasis and suggests that additional modifiers, both genetic and environmental, influence disease expression [4,5].

From a genetic perspective, IRDs exhibit extreme locus and allelic heterogeneity. More than 270 genes have been identified to date as causative, encompassing diverse biological processes such as phototransduction (*RHO*, *CNGB1*, *GNAT1*), visual cycle metabolism (*ABCA4*, *RPE65*, *RDH12*), ciliogenesis (*USH2A*, *CEP290*, *RPGR*), and synaptic transmission (*CACNA1F*, *CABP4*). Genetic variants in these genes can be transmitted through autosomal dominant (AD), autosomal recessive (AR), or X-linked modes of inheritance. However, several genes, such as *ABCA4* and *PRPH2*, are known to exhibit variable inheritance patterns depending on the nature of the variant and its interactions with other alleles or genes [6]. The genotype and phenotype in IRDs are further compounded by incomplete penetrance and variable expressivity. Also, the phenotypic manifestations may vary widely, considering the dynamic state of retinal molecular pathways [7]. This complexity challenges the traditional Mendelian model, which assumes a one-to-one association

between a single pathogenic variant and the resulting phenotype. For this reason, a considerable fraction of IRD patients remain without a definitive molecular diagnosis, prompting a reevaluation of disease causality frameworks [8].

1.2 Mendelian and Oligogenic Models

The complex nature of retinal dystrophies stems from multiple factors, among them locus heterogeneity. Proteins encoded by locus heterogeneity genes exhibit high interconnectivity within the human protein interaction network and tend to cluster together [9]. Up to 30% of cases of locus heterogeneity involve disease-causing proteins that are members of the same protein complex [10]. This clustering suggests that these genes participate in similar biological processes and pathways [9]. Network analysis of retinitis pigmentosa genes and their interacting partners has identified potential new disease candidates and provided insights into the disorder's etiopathology [8]. Understanding these protein-protein interactions and molecular pathways is crucial for elucidating the mechanisms underlying locus heterogeneity [8, 10]. Studying complex protein-protein interactions and molecular pathways could be an appropriate approach to examine the associations among genes involved in several disorders.

Traditional genetic testing for Mendelian inheritance in hereditary retinal dystrophies has shown limitations in accurately diagnosing the diverse forms of these conditions. Recently, it has become evident that additional modes of inheritance, beyond the classic Mendelian framework, may contribute to retinal diseases. Indeed, retinal dystrophies can also result from interactions among single-allele variants across multiple genes, such as in digenic, trigenic, and oligogenic inheritance [7, 11]. Digenic inheritance, in which two genes are involved in disease, trigenic inheritance involving three genes, and oligogenic inheritance, indicating the influence of several genes, are examples of inheritance patterns that do not fit Mendelian inheritance but contribute to disease phenotypes [12, 13]. These concepts

bridge the gap between Mendelian and multifactorial traits, offering insights into how multiple genetic variations can converge to influence phenotypic outcomes. Oligogenic inheritance can affect not only retinal dystrophies but also related syndromes such as Usher syndrome (type ID), Usher syndrome (type IIC), Joubert syndrome 9, Joubert syndrome 15, Methylmalonic aciduria and homocystinuria, cblC type, and Bardet-Biedl syndrome (**Table 1**) [14-21].

Oligogenic diseases have been studied using a mutational burden model to identify potential genetic causes [22]. The Digenic Diseases Database (DIDA) contains information on 44 digenic diseases, comprising 213 digenic combinations, and defines a digenic combination as a set of variants in two distinct genes that together cause the patient's phenotype [23]. In a study of 124 digenic combinations from DIDA, 69% of the combinations had heterozygous variants in both genes. Of these heterozygous cases, 31% were true digenic cases, meaning that both genes were required for the development of the disease. The remaining 69% were composite cases, in which a variant in one gene was sufficient to produce the phenotype, but an additional variant in a second gene altered the disease phenotype or the age of onset, a phenomenon called epistasis [23]. Another study used a mutational burden model to identify digenic interactions in human diseases and developed the Digenic Interaction Effect Predictor (DIEP). DIEP is a machine-learning approach that achieved high accuracy and sensitivity in independent testing datasets, outperforming another gene-level digenic predictor. DIEP was able to discriminate between digenic interaction effects and bi-locus effects and demonstrated enrichment of digenic interactions in genome-wide pathogenic coding gene pairs [24]. Finally, mutational burden has been proposed to affect many genetic diseases, suggesting that the combined impact of rare genetic variants influences disease phenotype and contributes to clinical variability [25, 26].

The complexity of retinal dystrophies, stemming from the complex genetic landscape, variable symptoms, and diverse inheritance patterns, underscores the need for new

diagnostic methods. Patients with genetic disorders can exhibit various variants in single alleles of different recessive genes, leading to the production of altered proteins that may contribute to the disorder's manifestation [27]. The proteins produced by these mutated genes often interact within the same biochemical pathway, complicating the diagnostic process [28-30]. The presence of multiple variants in a single pathway can create a complex interplay of genetic and environmental factors that influence the severity and presentation of the disorder [31]. Advanced computational approaches, such as machine learning, are becoming increasingly crucial tools in analyzing complex genetic data and predicting disease outcomes and could be used to analyze the complex interplay among genes, gene-protein interactions, and protein-protein interactions [24]. Applying the Mendelian inheritance model yields negative diagnostic results in a substantial proportion of cases, ranging from 25% to 40% [32, 33]. We hypothesize that a subset of the negative results for the Mendelian inheritance model may test positive, considering other models of inheritance.

1.3 Molecular Pathways, Proteomics, and Phases of IRDs

Several genes responsible for IRDs have been identified; however, the clinical course can still be influenced by environmental and metabolic factors, including light exposure, chronic inflammation, oxidative stress, latent viral infections, excessive caloric intake, and micronutrient deficiencies [34, 35].

The clinical variability of IRDs is exemplified by phenotypic differences observed in patients with *CNGA1* and *CNGB1* mutations, in which earlier and more severe macular atrophy is often seen in *CNGB1*-related disease [36]. Likewise, *CRB1* mutations can manifest as a spectrum ranging from classic retinitis pigmentosa to severe early-onset Leber congenital amaurosis [37, 38].

Photoreceptor degeneration in individuals with *ABCA4* mutations is accelerated by exposure to high-energy blue light, which promotes the accumulation of toxic retinal byproducts [39, 40]. Also, chronic neuroinflammation—sustained by persistent activation of the complement cascade—exacerbates retinal damage and contributes to disease progression [41]. Genetically, truncating mutations typically result in a complete loss of protein function, often correlating with early onset and more aggressive phenotypes. In contrast, missense variants cause partial functional deficits that cumulatively induce cellular stress, eventually exceeding the retina’s compensatory capacity and triggering degeneration once a threshold is crossed [42-44].

IRDs follow a non-linear progression, marked by alternating latent and active phases driven by molecular thresholds that govern retinal homeostasis. In this framework, disease onset typically begins with a latent phase initiated by genetic defects or environmental stressors. During this stage, photoreceptors remain functionally preserved due to the activation of compensatory pathways [45-48]. The retina activates protective mechanisms, including the release of neurotrophic factors such as BDNF and CNTF, which support photoreceptor viability and Müller cell function. [49, 50] Concurrently, metabolic adaptations—including enhanced angiogenesis and upregulated fatty acid oxidation—serve to meet the retina’s high energetic demands, particularly in the context of chronic hypoxia. As these mechanisms gradually lose efficacy under persistent stress, the system enters an active phase characterized by accelerated degeneration [51, 52].

An additional protective mechanism involves upregulating molecular chaperones, such as BiP and GRP94, which alleviate endoplasmic reticulum stress by facilitating proper protein folding and limiting the accumulation of misfolded proteins [53-54]. Despite these compensatory pathways, subclinical damage accumulates during the latent phase. A key driver of the transition to degeneration is mitochondrial stress, which disrupts the electron transport chain and results in excessive reactive oxygen species production [55, 56].

Early indicators of metabolic stress can be detected through non-invasive imaging techniques. Retinal autofluorescence, for instance, reveals toxic bisretinoid accumulation—often asymptomatic initially—that reflects underlying oxidative burden. In patients with *ABCA4* mutations, impaired visual cycle clearance leads to a pathological buildup of A2E in the RPE, exacerbating oxidative damage and reducing antioxidant defenses. This process follows a biphasic trajectory: an initial phase of gradual autofluorescent material deposition with preserved visual function, followed by a second phase marked by blood-retinal barrier disruption. The onset of cystoid macular edema or choroidal neovascularization during this stage is associated with rapid visual decline [57, 58].

Recent findings indicate that mitochondrial stress responses are tightly regulated by microRNAs, particularly miR-181a/b, which play a crucial role in photoreceptor survival. Inhibition of these microRNAs in murine models has been shown to attenuate apoptosis, suggesting that crossing a critical mitochondrial stress threshold may be sufficient to trigger irreversible neurodegeneration [59].

Inflammation plays a central role in the progression of IRDs, particularly during the transition to the active degenerative phase. Activation of the complement cascade—primarily through C3a and C5a—amplifies retinal injury and contributes to neuronal loss [60-62]. Experimental evidence indicates that pharmacological inhibition of complement components can attenuate tissue damage during active disease phases, supporting their therapeutic relevance [63]. In parallel, the depletion of antioxidant defenses during this stage leads to the accumulation of reactive oxygen species, initiating apoptotic pathways that further compromise photoreceptor integrity [64]. Additionally, the accumulation of lipofuscin in the RPE induces the release of pro-inflammatory cytokines, such as IL-1 β and TNF- α , further destabilizing the blood-retinal barrier and facilitating the shift toward the active phase. Concurrently, retinal microglia become strongly activated, secreting inflammatory mediators that intensify neuroinflammation and hasten neuronal degeneration [65, 66].

Plasma proteomics is a valuable tool for complementing genetic diagnostics in IRDs by identifying molecular signatures associated with early neurodegeneration, inflammation, and vascular dysfunction [67-70]. In patients with *CRB1* mutations, elevated plasma levels of Complement Factor H and CFHR2 suggest chronic complement activation linked to accelerated photoreceptor loss [71]. Increased neurofilament light chain (NfL) correlates with axonal damage and visual field constriction, while truncated rhodopsin fragments in individuals with *RHO-P23H* mutations indicate ongoing rod degeneration [72].

Similar profiles are observed in age-related macular degeneration (AMD), where elevated CFH and Complement Factor B levels predict neovascular risk, particularly in carriers of the Y402H polymorphism [73]. In geographic atrophy, membrane attack complex accumulation reflects sustained inflammation, with increased fibulin-3 and TIMP-3 predicting lesion progression. A VEGF/PEDF ratio above 13 has been shown to anticipate neovascular membrane formation months in advance. Integration of APOE, C3a, and MMP-9 improves the prediction of AMD progression, reaching 89% accuracy [74].

To capture the non-linear dynamics of IRDs, several mathematical models have been developed [75, 76]. In retinitis pigmentosa, partial differential equation models incorporating oxygen diffusion and cell density have demonstrated how rod loss induces hyperoxia, driving damage propagation via toxic gradients [75]. Other models using ordinary differential equations and Hill kinetics have shown that metabolic coupling between glycolysis and oxidative stress in cones can produce bistable states, explaining abrupt degeneration [76]. Experimental work in murine models has confirmed these dynamics, identifying a conserved pattern of latent compensation followed by rapid photoreceptor loss, linked to sequential activation of apoptotic pathways [77]. These findings reinforce the importance of dynamic biomarkers for real-time disease phase classification.

1.4 Aim of the Project

This project aims to address two critical challenges in the diagnosis and clinical stratification of Inherited Retinal Dystrophies (IRDs): the genetic resolution of Mendelian-negative cases and the dynamic characterization of disease progression.

First, we aim to determine whether individuals lacking a definitive genetic diagnosis exhibit a statistically significant accumulation of rare, heterozygous variants in genes involved in retinal function. We hypothesize that such mutational accumulation—when distributed across functionally related pathways—may underlie pathogenic mechanisms consistent with oligogenic inheritance. To test this, we developed a quantitative model of mutational burden. By mapping these variants to curated biological pathways, we assessed their enrichment in unsolved IRD cases relative to controls. Furthermore, we sought to identify gene combinations recurrently found in patients, but absent in controls, which may represent novel oligogenic signatures with potential diagnostic relevance.

Second, we aim to model the non-linear behavior of IRDs by developing a machine learning–based classifier capable of distinguishing between active and latent disease phases using plasma proteomic data. Given that IRD progression involves discrete molecular transitions not captured by static genetic data, there is a pressing need for biomarkers that reflect dynamic biological states. Our approach uses protein expression profiles associated with ten key biological domains—inflammation, oxidative stress, immune response, apoptosis, aging, visual perception, ciliopathies, lipid metabolism, cellular transport, and intracellular signaling—to generate a classification model.

Together, these complementary models aim to improve the diagnostic yield of IRDs studying oligogenic patterns of inheritance in unresolved cases and provide a model for disease monitoring based on proteomic phase classification.

CHAPTER 2 – MATERIALS AND METHODS

2.1 Mutational Burden Model

2.1.1 Data Collection

A dataset was constructed retrospectively analyzing demographic data, genetic data, and specific ophthalmologic data collected by clinical specialists for hereditary degenerative disease. The dataset includes patients who were referred as negative for Mendelian genetic testing but have symptoms similar to an inherited retinopathy; indeed, their visual field is very limited. These patients were referred to as “Unhealthy patients”. Another dataset of patients diagnosed with other genetic diseases was included as “Control patients”. The datasets include, anonymously coded, information such as age, genetic variants, nucleotide, amino acid, “ACMG classifications”, VF (Visual Field) in the right eye, VF in the left eye, and mean VF. Genetic variants have been classified according to the ACMG guidelines as pathogenic, likely pathogenic, and variant unknown significance (VUS HOT) [78].

The patients were informed about the significance of genetic testing, and we obtained written informed consent from all of them, in accordance with the Declaration of Helsinki. Ethical

approval and clearance were received from the Ethical Committee of Azienda Sanitaria dell' Alto Adige, Italy (Approval No. 132-2020).

2.1.2 Data processing and data transformation

For each ACMG interpretation, we assigned a value based on the effect of the variant with respect to the phenotype. Therefore, we assumed a variant classified as “Pathogenic” or “Likely Pathogenic” to have a higher role in the possible occurrence of the disease than a “VUS”. ACMG classifications were assigned weights based on their pathogenicity levels (P = 0.5, LP = 0.3, VUS HOT = 0.2) and normalized by age to account for potential age-related biases. The data processing pipeline was designed to normalize the “Pathogenicity weight”, assigned to each variant, by patient age, map mutated genes to metabolic pathways, and perform statistical comparisons between patient and control groups. The overall workflow is summarized in **Figure 1**. Normalized “Pathogenicity weight” were integrated into the dataset, which included patient ID, mutated gene, ACMG classification, mean clinical evaluations of the eyes (VF Mean), and date of birth. This normalization step ensured that the impact of age on genetic evaluation was minimized before further analysis. Clinical data of control patients were missing for VF. These individuals were not diagnosed for any retinal diseases; therefore, we assumed that the VF of these individuals was 10. In the “unhealthy patients” group, missing VF values were imputed with random values ranging from 1 to 7. Given these last steps, the datasets were considered semi-synthetic.

A dictionary was constructed to map genes to their corresponding metabolic pathways using publicly available databases, including KEGG and Reactome, as well as STRING, an open-source tool used to retrieve enriched pathway information for genes with at least one variant in the dataset (**Table 2**). Mutated genes identified in the “unhealthy patients” group were systematically mapped to these metabolic pathways to enable detailed pathway enrichment

analysis. Dummy columns were added to the main dataframe to represent the mutated genes and their associated pathways, facilitating downstream calculations.

Once “Pathogenicity weight” was normalized, they were multiplied by the corresponding values in the metabolic pathway columns to calculate a weighted score that represented the contribution of each gene to its associated pathways. The data were then grouped by patient ID, with the pathway scores and “Pathogenicity weight” aggregated by summing the metabolic pathway data and averaging the “Pathogenicity weight”. This step provided a consolidated view of each patient’s genetic and pathway-level data. Mean values for each metabolic pathway were also calculated separately for the interest group (patients with retinal dystrophies) and the control group. Finally, a Mann-Whitney U test was performed to compare the metabolic pathway scores between the interest group and the control group. This non-parametric test was chosen to account for the non-normal distribution of the data, enabling robust statistical comparisons of the mean values across pathways. The results of this analysis highlighted pathways with significant differences between the two groups, shedding light on the potential role of metabolic pathways in the disease mechanism.

2.1.3 Statistical Analysis

Statistical analyses were performed using the Mann-Whitney U test and the Shapiro-Wilk test for normality to evaluate data distributions, correlations, and significance levels. The Mann-Whitney U test was applied to assess differences between gender and key variables, including MEDIA LE+RE (LE: left eye; RE: right eye), mutated gene counts, and age. Correlation analysis was conducted to examine relationships between variables, with correlation heatmaps constructed to visualize the dataset's interactions. Python libraries like Pandas, NumPy, Seaborn and scikit-learn were used to perform statistical analysis on the dataset and for data visualization. Data were considered to be statistically significant when p value was lower than 0.05.

2.1.4 Probabilistic Kernel Density Estimation

Kernel Density Estimation (KDE) was used to quantify the association between mutational burden and retinal conditions, specifically focusing on a single pathway. To ensure comparability across the cohorts, feature values were standardized to have a mean of zero and a standard deviation of one. To determine the optimal smoothness of the KDE model, a rigorous cross-validated grid search was conducted to pinpoint the best bandwidth parameter. With the optimal bandwidth identified, the KDE model was fitted to the standardized feature values, and a comprehensive evaluation of the density across a range of values was performed. A key component of the analysis involved the calculation of percentile ranks for each patient's standardized feature value. A threshold at the 90th percentile was established, classify patients based on their mutational burden. Mutational burden is associated with the retinal condition in patients exhibiting higher feature values, surpassing the threshold.

2.2 Active/Latent Phase

2.2.1. Synthetic Dataset Generation

A synthetic dataset consisting of 500 samples was generated to simulate the plasma proteomic profiles of healthy individuals and patients affected by IRDs. Random gender and age values from 40 to 60 years were imputed for each sample. 315 proteins (**Table 3**) were selected based on their relevance to the molecular processes involved in retinal degeneration [<https://retnet.org/>]. Considering mass spectrometry data distribution [79, 80] and taking as an example the concentration of proteins in public databases (<https://www.proteinatlas.org/>), protein concentration levels were imputed with arbitrary

values. Normalization was performed using MinMax scaling, transforming protein expression values into a range between 0 and 1 to ensure data uniformity.

2.2.2 Protein Classification in Biological Pathways

To select the most representative proteins, only those with an expression frequency equal to or greater than 50% in the samples were considered for the further steps of the analysis. The selected proteins were categorized into ten major biological pathways associated with the pathogenesis of retinal dystrophies based on literature and database search: inflammation, oxidative stress, immunity, apoptosis, aging, visual perception, ciliopathies, lipid metabolism, cellular transport, and signal transduction. For each sample, a pathway score was calculated as the weighted average of the expression levels of the proteins belonging to each pathway, allowing the functional analysis of the synthetic proteomic profiles.

2.2.3 Patients Classification in Active/Latent Phase

The samples were classified as belonging to the active or latent phase of the disease based on the level of activation of biological pathways. Pathways with a normalized score equal to or greater than the arbitrary value 0.70 were considered "active," while those with values below this threshold were defined as "latent." Samples with at least two activated pathways (score ≥ 0.70) were classified as being in the active phase of the disease, while those with all pathways in a latent state or only one activated pathway were assigned to the latent phase.

2.2.4 Machine Learning Model

To classify the samples into the active or latent phase, a machine learning model was implemented using Python. The final dataset was divided into a training set (80%) and a test set (20%) for model validation. Before training, the data were rescaled using MinMaxScaler to ensure uniform numerical scaling of the variables. Four ML algorithms were tested: Support Vector Machine (SVM), Random Forest (RF), Logistic Regression (LR), and Extreme Gradient Boosting (XGBoost). The selection of the best model was performed by comparing standard performance metrics, including accuracy, precision, recall, and F1-score, with parameters optimized through cross-validation techniques. The analysis of variable importance was conducted by evaluating the coefficients of the ML model with the best performance metrics, identifying the proteins with the greatest contribution to sample classification. This procedure allowed for the selection of the most relevant protein biomarkers for patient stratification and the interpretation of molecular mechanisms involved in the progression of hereditary retinal dystrophies.

CHAPTER 3 – RESULTS

3.1 Mutational Burden Model

3.1.1 Clinical Data

The cohort is composed of 527 patients divided into “unhealthy patients” and control patients, with the clinical data reported in **Table 4**. The “unhealthy patients” group includes 453 individuals, while the control patients group consists of 74 individuals. Among the unhealthy patients, 53% were males and 47% females, compared to the “control patients” group that was composed of 69% males and 31% females. The age range of unhealthy patients spans from 11 to 102 years, with a mean age of 47 ± 19 years. The control patients have an age range from 8 to 86 years, with a mean age of 46 ± 20 years. Unhealthy patients showed a Mean LE+RE of 4.44 ± 1.38 , whereas control patients exhibited a significantly higher score of 10 ± 0 . This is in line with the creation criteria of the semi-synthetic dataset. The “Pathogenicity weight” score is higher in unhealthy patients (0.38 ± 0.13) compared to control patients (0.18 ± 0.03), indicating that, although control patients have a higher average number of mutated genes (4.96 ± 1.77 vs 2.52 ± 1.67), their variants are on average of low pathogenicity. The Mann-Whitney U test result indicated that there was no statistically significant difference between age distributions in the two groups ($p = 0.617$). The similar age distributions between the control and unhealthy groups suggest that age is not a confounding factor in the comparison of other variables, such as pathway activations and “Pathogenicity weight” scores. The chi-square test for independence result indicated that there was a statistically significant difference in the gender distribution between the control

and unhealthy groups. The higher proportion of males in the unhealthy group suggests a potential gender-related factor in the prevalence of retinal conditions, warranting further investigation [80, 81].

3.1.2 Pathway Enrichment, Mutational Burden Distribution, and Identification of Unique Gene Combinations in IRD Patients

The correlation analysis assessed the relationship among different molecular pathways. Several key pathways involved in photoreceptor function and retinal maintenance exhibited strong positive correlations, with Pearson correlation coefficients approaching 1.0. These findings suggest a high degree of functional connectivity among the genetic modules implicated in IRDs (**Table 5**). To identify pathways with significantly different activation levels between patients and controls, we performed a Mann–Whitney U test. The results, displayed in **Figure 2** as a scatter plot of p-values on a logarithmic scale, allowed us to prioritize pathways based on statistical relevance. The two most significantly enriched pathways in the patient group were “The Canonical Retinoid Cycle in Rods” (Twilight Vision) ($p = 0.012084$) and “Retinoid Cycle Disease Events” ($p = 0.00002$), highlighted in red. Additional pathways, including those related to visual phototransduction, sensory perception, and retinal homeostasis, also showed notable differences, indicated in blue.

To further characterize the distribution of mutational burden across individuals, we applied KDE, focusing on “The Canonical Retinoid Cycle in Rods” (Twilight Vision) pathway due to its statistical significance and strong correlation with the “Retinoid Cycle Disease Events” pathway. The establishment of a 90th percentile threshold facilitated the classification of patients. KDE allowed for non-parametric estimation of the distribution of pathway-specific burden values. **Figures 3A** and **3B** illustrate this distribution, with the KDE curve depicting density and a vertical dashed line marking the high-burden cutoff. Peaks in the KDE curve

denote subgroups of patients sharing similar mutational profiles, improving the interpretability of burden stratification.

In addition to quantifying mutational burden, we examined whether specific gene combinations within the twilight vision pathway were uniquely present in affected individuals. Given the overlapping gene content and high correlation between the two most significant pathways, we focused our analysis on the twilight vision pathway. We first selected all individuals carrying at least one variant in any gene within this pathway, identifying 207 patients and 27 controls. We then enumerated all possible gene pair combinations within this subset and filtered for those exclusively observed in the patient group. Two gene pairs—(*ABCA4*, *RDH12*) and (*ABCA4*, *RBP3*)—were found only in the affected cohort (**Figure 4**). Although Fisher's exact test did not show a statistically significant difference in the frequency of these combinations between patients and controls (**Table 6**), their exclusive presence in the disease group, coupled with their biological relevance, supports their candidacy as potential oligogenic contributors, warranting further functional validation.

3.2 Active/Latent Phase

3.2.1 Proteomic Panel and Phase Classification of Synthetic IRD Samples

The synthetic proteomic dataset comprised expression profiles for 315 proteins implicated in retinal dystrophies. **Table 7** summarizes the expression frequency, mean intensity, and standard deviation of the most represented proteins across the 500 simulated samples. As shown in **Figure 5**, the dataset exhibited substantial heterogeneity in protein expression. Proteins such as *CAPN5*, *CLN3*, *NDP*, and *TIMP3* showed high inter-sample variability, suggesting dynamic regulation consistent with disease phase transitions. Conversely, proteins like *ABCC6*, *AFG3L2*, and *CFB* exhibited relatively low and stable expression across the dataset. To contextualize the proteomic signals within relevant biological

processes, the top 82 most consistently expressed proteins ($\geq 50\%$ expression frequency) were annotated to ten retinal disease-associated pathways: inflammation, oxidative stress, immune response, apoptosis, aging, visual perception, ciliopathies, lipid metabolism, cellular transport, and signal transduction (**Table 8**).

For each sample, a pathway activation score was calculated by averaging the normalized expression levels of the proteins associated with each pathway. Based on these scores, samples were categorized into two groups: active phase (≥ 2 pathways with scores ≥ 0.70) and latent phase (all pathways below threshold or only one active). Using this classification strategy, 262 samples were assigned to the active phase, while 238 were labeled as the latent phase, reflecting a balanced distribution suitable for machine learning analysis.

3.2.2 Machine Learning Classification of IRD Disease Phases

To assess the capacity of proteomic data to discriminate between active and latent phases of inherited retinal dystrophies, four machine learning algorithms—Logistic Regression (LR), Support Vector Machine (SVM), Random Forest (RF), and XGBoost—were trained and evaluated on the synthetic dataset. Model performance was assessed using standard classification metrics: accuracy, precision, recall, and F1-score. As reported in **Table 9**, Logistic Regression outperformed the other models, achieving an accuracy of 72%, a precision of 0.72, and an F1-score of 0.71. XGBoost and SVM followed closely with accuracies of 70% and 69%, respectively. The Random Forest model exhibited the lowest performance, with an accuracy of 64%.

To further evaluate the classification behavior of the best-performing model (Logistic Regression), a confusion matrix was generated on the test set of 100 samples (**Figure 6**). The model correctly identified 43 active-phase and 29 latent-phase cases. However, 16 samples were incorrectly classified as active-phase (false positives), and 12 were misclassified as latent-phase (false negatives). This distribution highlights a slightly higher

sensitivity toward detecting the active phase but also underscores areas for future optimization. Also, we investigated the feature importance within the Logistic Regression model to determine which proteins most strongly contributed to phase discrimination (**Figure 7**). The analysis revealed TIMP3, VEGFA, PRDM13, CAPN5, and CLN3 as the most influential biomarkers. These proteins are known to be involved in key retinal processes, including extracellular matrix remodeling, angiogenesis, transcriptional regulation, and neurodegeneration—supporting their potential as dynamic indicators of IRD progression.

IRDs represent a heterogeneous group of monogenic disorders characterized by progressive dysfunction and degeneration of photoreceptors, leading to irreversible vision loss [1-3]. Although the advent of NGS technologies—including targeted panels and exome sequencing—has substantially improved diagnostic yield, a significant proportion of patients remain genetically unsolved when interpreted under traditional Mendelian paradigms. This diagnostic gap underscores the need to explore alternative models of inheritance that better capture the complexity of retinal diseases [9].

Building on emerging evidence that rare variant accumulation across functionally interconnected genes may drive disease phenotypes [25-26], we developed a model to quantify mutational burden in IRDs. This approach integrates systems biology with mathematical modeling to assess whether the cumulative effect of multiple rare heterozygous variants in biologically related pathways contributes to disease expression in Mendelian-negative individuals. Using curated IRD gene sets and pathway mappings from KEGG, Reactome, and STRING, we constructed a mutational burden model applied to semi-synthetic clinical datasets comprising genetically unsolved IRD cases and unrelated controls. For the model development, two semi-synthetic datasets were used, each reporting clinical and genetic data of patients affected by retinal dystrophies (“Unhealthy patients”) or patients affected by other genetic diseases (“Control patients”). The model tries to assess the cumulative impact of genetic variants within the selected genes and the identified molecular pathways.

Statistical comparison between groups showed two pathways with the most significant burden enrichment: “The Canonical Retinoid Cycle in Rods” (Twilight Vision) ($p = 0.0121$) and “Retinoid Cycle Disease Events” ($p = 0.00002$). These pathways show the robust activation in the patient group, and they were also highly correlated ($r = 0.92$), suggesting shared mechanisms for photoreceptor maintenance and visual cycle metabolism. To delineate individuals with exceptionally high mutational loads, KDE was used to model the

distribution of burden scores. A threshold set at the 90th percentile was used to stratify patients, defining a high-burden subgroup potentially at risk due to cumulative oligogenic effects.

One of the central challenges in clinical genomics is the interpretation of variants that lie outside the explanatory power of single-gene Mendelian inheritance [83, 84]. Our results support growing research in systems biology and genomics, indicating that variants in different genes—particularly those participating in the same molecular pathways—can interact synergistically to produce disease phenotypes. This paradigm shift recognizes the retina not as a collection of isolated gene functions, but as an integrated molecular system governed by thresholds, redundancy, and interaction dynamics [85, 86].

The mutational burden framework enabled the identification of gene pairs exclusive to the patient group but absent in controls— (*ABCA4*, *RDH12*) and (*ABCA4*, *RBP3*). While statistical significance was not reached due to sample size, the recurrence of *ABCA4*, a well-characterized gene associated with Stargardt disease and cone-rod dystrophy, in previous studies has demonstrated its oligogenic interactions with *ROM1*, *PRPH2*, and *PROM1* [86-88].

The identification of new oligogenic signatures offers a promising strategy for reclassifying unsolved IRD cases. However, several limitations must be acknowledged. The model relies on the accuracy and completeness of existing protein–protein interaction networks and gene–pathway annotations, which may be subject to knowledge biases and database limitations [84, 89, 90]. Additionally, the datasets used were semi-synthetic, which, while controlled and standardized, may not capture the full spectrum of interindividual genetic variation seen in real cohorts. Furthermore, retinal dystrophies are phenotypically and genetically diverse, with variable expressivity and incomplete penetrance that can obscure genotype–phenotype relationships. Functional studies and independent studies should validate the results obtained [84, 89].

Despite these limitations, our results align with recent studies that used machine learning and network-based modeling to study complex genetic datasets [25]. In summary, our approach contributes to a broader effort to contribute to genetic diagnostics in IRDs by moving beyond Mendelian constraints. If validated in larger and independent cohorts, the mutational burden model could offer a powerful tool to discover novel oligogenic patterns, refining molecular diagnoses, and improving personalized treatment strategies in retinal disease. This work reinforces the principle that genotype interpretation must increasingly consider the interplay of multiple rare variants within biologically coherent networks, paving the way for new approaches to clinical genomics.

IRDs follow a non-linear course marked by alternating latent and active phases, driven by molecular thresholds regulating retinal homeostasis. This degeneration involves episodic photoreceptor stress, cellular remodeling, and inflammation [45, 46]. During the latent phase, visual function is maintained through compensatory mechanisms despite underlying mitochondrial and inflammatory stress [47, 48]. As oxidative and metabolic damage accumulates, critical thresholds are crossed, triggering the active phase with complement activation, apoptosis, and irreversible photoreceptor loss [63, 64]. Timely identification of the transition from latent to active phase represents a major clinical challenge, especially in the context of treatment stratification and early intervention. To address this, we developed a classification model trained on a synthetic proteomic dataset that simulates protein expression dynamics across key biological pathways implicated in IRDs. While the absence of a real cohort limits clinical translation at this stage, the model provides a proof-of-concept for leveraging pathway-level protein profiles to discriminate disease phases based on molecular activity. Classification was driven by a systems-level interpretation of ten key retinal pathways, with samples categorized as "active" if two or more pathways showed elevated activation scores. This approach mirrors the complex nature of retinal degeneration, where simultaneous dysregulation of oxidative stress, inflammation,

apoptosis, and visual transduction networks underlies clinical progression. The resulting classifier achieved robust discrimination between simulated active and latent profiles, despite the artificial nature of the dataset, and generated biologically plausible outputs.

From a biomarker discovery perspective, feature importance analysis highlighted proteins most influential in classifying IRD disease phases. In our synthetic dataset, TIMP3, VEGFA, PRDM13, CAPN5, and CLN3 emerged as key contributors—pointing to roles in extracellular matrix remodeling, vascular permeability, and neurodegeneration [91-95]. These findings align with prior evidence linking TIMP3 and VEGFA to retinal fibrosis and neovascularization [91, 92] and implicating CLN3 and CAPN5 in calpain-mediated neurodegeneration [93-95]. Although based on simulated data, the model demonstrates the potential of proteomic-based computational approaches for identifying phase-specific biomarkers. However, as a proof of concept, it requires validation on real cohorts and datasets to confirm its clinical relevance and ability to accurately distinguish between latent and active disease stages.

Both models provide a comprehensive framework that captures both the genetic complexity and the dynamic molecular behavior of IRDs, offering an integrated systems-level perspective that could advance diagnostic interpretation.

CHAPTER 5 – INDUSTRIAL APPLICATION

The two developed models—the mutational burden model and the proteomic-based phase classifier—offer distinct yet complementary industrial and clinical applications.

The mutational burden model provides a novel framework for extending the diagnostic capability of existing NGS pipelines. Quantifying the cumulative effect of rare variants across functionally related pathways enables the reclassification of Mendelian-negative patients and identifies potential oligogenic gene interactions. This model can be incorporated into bioinformatics platforms as an advanced interpretation module, improving diagnostic

accuracy and supporting patient selection for gene and cell therapy programs. For the industry, it offers a scalable computational tool that enhances variant prioritization and facilitates target discovery in multi-gene therapeutic approaches.

The proteomic-based model, trained to distinguish latent and active disease phases, provides a proof-of-concept for dynamic patient monitoring based on molecular activity rather than clinical endpoints. Once validated on real-world proteomic data, this approach could evolve into a companion screening or diagnostic tool for tracking therapeutic response, optimizing treatment timing, and stratifying patients in clinical trials. The identification of key biomarkers such as TIMP3, VEGFA, CAPN5, and CLN3 supports the potential development of commercial assays or biosensor platforms for disease activity monitoring.

From a patient care perspective, these models pave the way for personalized, predictive, and preventive ophthalmology. Integrating genomic and proteomic information enables clinicians to anticipate disease progression, intervene earlier, and tailor therapies to individual molecular profiles. Industrial validation and regulatory approval of these tools could lead to their integration in diagnostic laboratories and specialized retinal centers, transforming IRD management from descriptive to data-driven precision medicine.

CHAPTER 6 – CONCLUSIONS

IRDs represent one of the most genetically heterogeneous groups of monogenic disorders, and yet a significant portion of patients remain unsolved under traditional Mendelian diagnostic frameworks. Concurrently, the clinical course of IRDs is non-linear, marked by alternating latent and active phases that cannot be fully captured by static genomic data. These two limitations—genetic diagnostic incompleteness and lack of dynamic disease monitoring—form the foundation of the present study.

To address the first challenge, we developed a mutational burden model capable of quantifying the cumulative effect of rare heterozygous variants across functionally related genes. By integrating pathway-based annotation with pathogenicity scoring and KDE, we stratified patients based on their overall genetic burden. The model identified two

significantly enriched visual cycle pathways and gene combinations exclusive to IRD patients— (*ABCA4*, *RDH12*) and (*ABCA4*, *RBP3*)—suggesting a potential oligogenic basis in a subset of Mendelian-negative cases. Although these findings require validation in real cohorts, they demonstrate how systems biology and mathematical modeling can reveal hidden layers of genetic causality and aid in reclassifying previously unsolved patients.

To address the second challenge, we developed a proteomic phase classifier using synthetic plasma data and supervised machine learning. The model accurately distinguished between latent and active disease phases based on pathway-level protein expression, identifying key biomarkers such as *TIMP3*, *VEGFA*, *CAPN5*, and *CLN3*. These proteins are implicated in inflammation, neurodegeneration, and extracellular matrix remodeling, core processes in IRD progression. Despite the synthetic nature of the dataset, the classifier generated biologically plausible outputs and provides a preliminary model for developing dynamic tools to monitor disease activity and guide clinical decision-making.

Taken together, the two models offer a complementary framework that addresses both the static genetic architecture and the dynamic molecular behavior of IRDs. The mutational burden model improves diagnostic yield by identifying oligogenic contributors, while the proteomic classifier supports real-time stratification and potential treatment monitoring. Both approaches reflect a shift from monogenic and phenotype-based reasoning to a network-based, multi-omic paradigm that is increasingly necessary in complex rare diseases.

From a translational perspective, these tools have potential industrial and clinical applications. The genetic model could enhance variant interpretation pipelines in commercial diagnostics, inform gene therapy eligibility, and prioritize targets for functional validation. The proteomic model could evolve into a biomarker-based monitoring system, assisting clinicians in determining when to intervene and how to stratify patients for precision treatments.

Despite their promise, the current models are limited by their use of semi-synthetic datasets and require validation on real patient data. Future work should focus on applying these methods to large, multi-ethnic IRD cohorts, integrating genomic, proteomic, imaging, and clinical variables. Functional studies will be essential to confirm the pathogenicity of novel gene combinations and to validate phase-specific biomarkers. Moreover, expanding these models to incorporate transcriptomic or metabolomic data could offer a more comprehensive view of IRD pathophysiology.

In conclusion, this study demonstrates the feasibility and utility of multi-omic, computational approaches in advancing the diagnosis, monitoring, and understanding of inherited retinal dystrophies. By bridging gaps in genetic resolution and disease phase detection, it contributes to the foundation for precision ophthalmology, ultimately aiming to improve patient care and accelerate therapeutic development in the field of retinal genetics.

TABLES

TABLE 1. Digenic and Oligogenic Diseases Affecting Retina and Vision. This table presents examples of digenic and oligogenic diseases that impact retinal function and vision. It includes the disease name, OMIM number, associated genes, mode of inheritance, and relevant references.

Disease	OMIM	Genes	Inheritance
Retinitis pigmentosa 7	608133	<i>ROM1-RDS</i>	Digenic
Retinitis pigmentosa	-	<i>RP1L1-C2orf71</i>	Digenic
Usher syndrome, type ID	601067	<i>PCDH15-CDH23</i>	Digenic
Usher syndrome, type IIC	605472	<i>ADGRV1-PDZD7</i>	Digenic
Joubert syndrome 9	612285	<i>CC2D2A-CEP41</i>	Digenic
Joubert syndrome 15	614464	<i>CC2D2A-CEP41</i>	Digenic
Methylmalonic aciduria and homocystinuria, cblC type	277400	<i>MMACHC-PRDX1</i>	Digenic
Barde-Biedl Syndrome	-	<i>BBS1-BBS2-BBS4-BBS5-</i>	Oligogenic

		<i>BBS6-BBS7-BBS9-APOE- C8orf37-CEP290-DNAAF1- ESR1-GHR-GUCY2C- MC4R-MCHR1-MKS1- NCOA2-NPC1-PDX1-RYR1- STRA6-ZNF423</i>	
Familial exudative vitreoretinopathy	-	<i>FZD4-LRP5</i>	Digenic

TABLE 2. List of analyzed pathways and involved genes for each pathway.

Pathways	Genes
Activation of the phototransduction cascade	<i>CNGB1, PDE6A, RHO, CNGA1, PDE6B, SAG</i>
BBSome-mediated cargo-targeting to cilium	<i>BBS2, BBS10, MKKS, BBS7, BBS4, TTC8, BBS1, BBS12</i>
The canonical retinoid cycle in rods (twilight vision)	<i>ABCA4, RHO, RLBP1, MYO7A, RBP3, RDH12, RPE65, LRAT</i>
Retinoid cycle disease events	<i>ABCA4, LRAT, RDH12, RLBP1</i>
Cargo trafficking to the periciliary membrane	<i>CNGB1, RHO, BBS2, BBS10, MKKS, BBS7, RP2, BBS4, TTC8, NPHP3, BBS1, BBS12</i>
Inactivation, recovery, and regulation of phototransduction	<i>CNGB1, PDE6A, RHO, CNGA1, PDE6B, GUCY2D, SAG, GUCA1B</i>
Visual phototransduction	<i>ABCA4, CNGB1, PDE6A, RHO, CNGA1, PDE6B, GUCY2D, RLBP1, MYO7A, SAG, RBP3, RDH12, RPE65, LRAT, GUCA1B</i>
Sensory processing of sound by outer hair cells of the cochlea	<i>USH1G, FSCN2, MYO7A, PCDH15, WHRN, CDH23</i>
Sensory processing of sound by inner hair cells of the cochlea	<i>USH1G, FSCN2, MYO7A, PCDH15, WHRN, CDH23</i>
Cilium Assembly	<i>CEP290, CNGB1, RHO, BBS2, BBS10, MKKS, BBS7, RP2, BBS4, TTC8, IFT140, NPHP3, ALMS1, BBS1, BBS12, IFT172, OFD1</i>

Sensory Perception	<i>ABCA4, USH1G, CNGB1, PDE6A, RHO, CNGA1, FSCN2, PDE6B, GUCY2D, RLBP1, MYO7A, PCDH15, SAG, RBP3, WHRN, RDH12, CDH23, RPE65, LRAT, GUCA1B</i>
Retinopathies	<i>PCARE, TOPORS, RPGRIP1, SPATA7, CEP290, RP1, CNGB1, CNGA1, BBS2, FAM161A, RAB28, BBS10, CRX, MKKS, BBS7, C8orf37, TULP1, RP2, RP1L1, BBS4, TTC8, IFT140, NPHP3, POC1B, TTLL5, ALMS1, BBS1, BBS12, IFT172, OFD1, ARL2BP</i>
Phototransduction	<i>CNGB1, PDE6A, RHO, CNGA1, PDE6B, GUCY2D, GUCA1B, SAG</i>
Eye Development	<i>BBS4, BBS7, CEP290, FSCN2, GRM6, IFT140, IFT172, IMPG2, MERTK, MYO7A, NR2E3, NRL, PDE6A, PDE6B, PROM1, PRPH2, RHO, ROM1, RP1, RP1L1, RPE65, RPGRIP1, RS1, TOPORS, TTC8, TTLL5, TULP1, USH1C, ZNF513</i>
Detection of light stimulus	<i>ABCA4, AIPL1, BEST1, CACNA1F, CNGB1, ELOVL4, EYS, GRM6, NR2E3, PDE6B, PRPH2, RGR, RHO, ROM1, RP1, RPE65, RS1, SAG, TULP1</i>
Detection of visible light	<i>ABCA4, AIPL1, BEST1, CACNA1F, CNGB1, ELOVL4, EYS, GRM6, PDE6B, PRPH2, RGR, RHO, ROM1, RP1, RPE65, RS1, SAG, TULP1</i>
Photoreceptor cell development	<i>BBS1, BBS4, C8orf37, CDHR1, CEP290, CNGB1, FSCN2, IFT140, MYO7A, NR2E3, NRL, PCARE, PRPH2, ROM1, RP1, RP1L1, RPGRIP1, TOPORS, TULP1, USH1C</i>
Photoreceptor cell differentiation	<i>BBS1, BBS4, C8orf37, CDHR1, CEP290, CNGB1, FSCN2, IFT140, MYO7A, NR2E3, NRL, PCARE, PROM1, PRPH2, ROM1, RP1, RP1L1, RPGRIP1, TOPORS, TTC8, TULP1, USH1C</i>
Photoreceptor cell maintenance	<i>ABCA4, ADGRV1, BBS1, BBS10, BBS12, BBS2, BBS4, CDH23, CDHR1, CLRN1, CNGB1, MKKS, NPHP3, PCDH15, PROM1, RDH12, RHO, RP1L1, SPATA7, TULP1, USH1C, USH1G, USH2A</i>
Retina homeostasis	<i>ABCA4, ADGRV1, AIPL1, BBS1, BBS10, BBS12, BBS2, BBS4, CDH23, CDH3, CDHR1, CLRN1, CNGB1, MKKS, NPHP3, PCDH15, POC1B, PROM1, RDH12, RHO, RP1L1, RPE65, SPATA7, TULP1, USH1C, USH1G, USH2A, WHRN</i>

Sensory perception	<i>ABCA4, ADGRV1, AIPL1, BBS1, BBS10, BBS2, BBS4, BBS7, BEST1, CACNA1F, CDH23, CDH3, CLRN1, CNGA1, CNGA3, CNGB1, CNGB3, CRX, EYS, FAM161A, FSCN2, GPR179, GRM6, GUCA1B, GUCY2D, HMCN1, IMPG1, IMPG2, LRAT, MKKS, MYO7A, NR2E3, NRL, NYX, PCARE, PCDH15, PDE6A, PDE6B, PDZD7, PRCN, PRPH2, RAX2, RBP3, RDH12, RGR, RHO, RIMS1, RLBP1, ROM1, RP1, RP1L1, RP2, RPE65, RPGR, RPGRIP1, RS1, SPATA7, TIMP3, TRPM1, TTC8, TULP1, USH1C, USH1G, USH2A, WHRN, ZNF513</i>
Visual perception	<i>ABCA4, ADGRV1, AIPL1, BBS1, BBS10, BBS2, BBS4, BBS7, BEST1, CACNA1F, CDH23, CDH3, CLRN1, CNGA1, CNGA3, CNGB1, CNGB3, CRX, EYS, FAM161A, FSCN2, GPR179, GRM6, GUCA1B, GUCY2D, HMCN1, IMPG1, IMPG2, LRAT, MKKS, MYO7A, NR2E3, NRL, NYX, PCARE, PCDH15, PDE6A, PDE6B, PRCN, PRPH2, RAX2, RBP3, RDH12, RGR, RHO, RIMS1, RLBP1, ROM1, RP1, RP1L1, RP2, RPE65, RPGR, RPGRIP1, RS1, SPATA7, TIMP3, TRPM1, TULP1, USH2A, ZNF513</i>
Sensory perception of light stimulus	<i>ABCA4, ADGRV1, AIPL1, BBS1, BBS10, BBS2, BBS4, BBS7, BEST1, CACNA1F, CDH23, CDH3, CLRN1, CNGA1, CNGA3, CNGB1, CNGB3, CRX, EYS, FAM161A, FSCN2, GPR179, GRM6, GUCA1B, GUCY2D, HMCN1, IMPG1, IMPG2, LRAT, MKKS, MYO7A, NR2E3, NRL, NYX, PCARE, PCDH15, PDE6A, PDE6B, PRCN, PRPH2, RAX2, RBP3, RDH12, RGR, RHO, RIMS1, RLBP1, ROM1, RP1, RP1L1, RP2, RPE65, RPGR, RPGRIP1, RS1, SPATA7, TIMP3, TRPM1, TULP1, USH1C, USH1G, USH2A, WHRN, ZNF513</i>

TABLE 3. Proteomic Panel

Protein	GeneCards Link
ABCA4	https://www.genecards.org/cgi-bin/carddisp.pl?gene=ABCA4
ABCC6	https://www.genecards.org/cgi-bin/carddisp.pl?gene=ABCC6
ABHD12	https://www.genecards.org/cgi-bin/carddisp.pl?gene=ABHD12

ACBD5 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ACBD5>
ACO2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ACO2>
ADAMTS18 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ADAMTS18>
ADGRA3 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ADGRA3>
ADGRV1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ADGRV1>
ADH1C <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ADH1C>
ADH7 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ADH7>
ADIPOR1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ADIPOR1>
AFG3L2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=AFG3L2>
AGBL5 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=AGBL5>
AHI1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=AHI1>
AHR <https://www.genecards.org/cgi-bin/carddisp.pl?gene=AHR>
AIPL1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=AIPL1>
ALDH1A2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ALDH1A2>
ALDH1A3 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ALDH1A3>
ALDH8A1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ALDH8A1>
ALMS1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ALMS1>
APC <https://www.genecards.org/cgi-bin/carddisp.pl?gene=APC>
APOD <https://www.genecards.org/cgi-bin/carddisp.pl?gene=APOD>
APOE <https://www.genecards.org/cgi-bin/carddisp.pl?gene=APOE>
ARHGEF18 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ARHGEF18>
ARL2BP <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ARL2BP>
ARL3 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ARL3>
ARL6 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ARL6>
ARMS2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ARMS2>
ARSG <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ARSG>
ASRGL1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ASRGL1>
ATXN7 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ATXN7>
BBIP1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBIP1>
BBS1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS1>
BBS10 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS10>
BBS12 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS12>
BBS2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS2>
BBS4 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS4>
BBS5 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS5>
BBS7 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS7>
BBS9 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BBS9>
BEST1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=BEST1>
C12orf65 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=C12orf65>
C1QTNF5 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=C1QTNF5>
C2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=C2>
C3 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=C3>
C8orf37 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=C8orf37>
CA4 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CA4>

CABP4 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CABP4>
CACNA1F <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CACNA1F>
CAPN5 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CAPN5>
CC2D2A <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CC2D2A>
CCT2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CCT2>
CD36 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CD36>
CDH23 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CDH23>
CDH3 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CDH3>
CEP164 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CEP164>
CEP19 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CEP19>
CEP250 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CEP250>
CEP290 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CEP290>
CEP78 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CEP78>
CERKL <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CERKL>
CFB <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CFB>
CFD <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CFD>
CFH <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CFH>
CFHR1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CFHR1>
CHM <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CHM>
CIB2 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CIB2>
CLCC1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CLCC1>
CLN3 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=CLN3>
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WFS1 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=WFS1>
WHRN <https://www.genecards.org/cgi-bin/carddisp.pl?gene=WHRN>
ZNF408 <https://www.genecards.org/cgi-bin/carddisp.pl?gene=ZNF408>

TABLE 4. Demographic and Clinical Characteristics of the Analyzed Cohort.

Characteristic	Unhealthy patients (n=453)	Control patients(n=74)	p-value
Gender (Male/Female)	238/215 (53%/47%)	51/23 (69%/31%)	<0.05
Mean Age (years, Min– Max ± SD)	47 (11 – 102) ± 19	46 (8 – 86) ± 20	>0.05
Mean LE+RE (±SD)	4.44 ± 1.38	10 ± 0	<0.05
Mutated gene count	2.52 ± 1.67	4.96 ± 1.77	<0.05
“Pathogenicity weight” score	0.38 ± 0.13	0.18 ± 0.03	<0.05

TABLE 5. Correlation analysis results between retinal pathways and possible scientific rationale for the correlations.

Pathways	r value	Possible scientific rationale
Retinoid Cycle Disease Events and The Canonical Retinoid Cycle in Rods (Twilight Vision)	0.92	Abnormalities in the retinoid cycle are closely associated with the development and progression of retinal diseases.
Visual Phototransduction and Sensory Perception of Light Stimulus	0.99	Modulating phototransduction could influence sensory responses.
Visual Perception and Sensory Perception	0.99	Improvements in visual perception could positively impact broader sensory capabilities.
Photoreceptor Cell Maintenance and Retina Homeostasis	0.74	The maintenance of photoreceptor cells is essential for the overall health and homeostasis of the retina.

TABLE 6. Gene combinations in the twilight vision pathway present in unhealthy and not in control patients.

Combination	Gene 1	Variant 1	Gene 2	Variant 2	Patients
ABCA4, RBP3	ABCA4	NM_000350.3:c.5 603 A>T	RBP3	NM_002900.3:c.371 5C>T	1
ABCA4, RBP3	ABCA4	NM_000350.3:c.6 148G>C	RBP3	NM_002900.3:c.371 5C>T	2
ABCA4, RDH12	ABCA4	NM_000350.3:c.7 66G>T	RDH12	NM_152443.3:c.C18 4C>T, NM_152443.3:c.805 _809del	3
ABCA4, RDH12	ABCA4	NM_000350.3:c.3 936G>C, NM_000350.3:c.5 74G>A	RDH12	NM_152443.3:c.578 G>A	4

TABLE 7. Synthetic Dataset. Summary of protein expression frequency, mean intensity, and standard deviation across the 500 synthetic samples. Due to its size, the complete version of the table is not included here but is available upon request.

TABLE 8. Selected proteins and their correlation with pathways associated with the pathogenesis of retinal dystrophies.

Pathway	Proteins
Inflammation	COX2, CFB, CFD, CFHR1, TIMP3, VEGFA, LTB4R, LTE4
Oxidative Stress	APOD, APOE, ARSG, HMCN1
Immunity	C2, C3
Apoptosis	CAPN5, TIMP3, RB1
Aging	APOE, ARMS2, PRPF4, GRK1
Visual Perception	CNGB3, GRK1, GUCY2D, PDE6B, PDE6C, RGS9BP, SAG, RGR, RP1L1, RPGR, NRL, AIPL1, CABP4, BEST1, CLRN1, RLBP1
Ciliopathy	ARL6, BBS10, BBS2, CC2D2A, CLUAP1, IFT27, NPHP1, POC1B, RPGR, TTC8, USH2A, ALMS1, ARL2BP, CLN3, PCARE, PDZD7, WDPCP, C8orf37

Lipid Metabolism	ABCC6, ACBD5, APOD, APOE, LRP5, PEX7
Cellular Transport	ACBD5, AFG3L2, CHM, CLCC1, CNNM4, CYSLT1R, ESPN, HGSNAT, LCA5, LRAT, LZTFL1, MYO7A, PDE6B, PDE6C, SDCCAG8, TUBGCP4, TUBGCP6, ITM2B, KLHL7, REEP6
Signal Transduction	NEK2, PRDM13, TSPAN12

TABLE 9. Machine learning models performance. Accuracy, precision, recall and F1 score are showed for the four tested machine learning models, Support Vector Machine (SVM), Random Forest (RF), Logistic Regression (LR), Extreme Gradient Boosting (XGBoost).

Model	Accuracy (%)	Precision	Recall	F1 score
SVM	69%	0.69	0.68	0.68
RF	64%	0.64	0.64	0.64
LR	72%	0.72	0.71	0.71
XGBoost	70%	0.70	0.69	0.69

FIGURES

FIGURE 1. This figure illustrates the steps for the mathematical model development, including “Pathogenicity weight” normalization, data transformation, data aggregation, and probabilistic modeling.

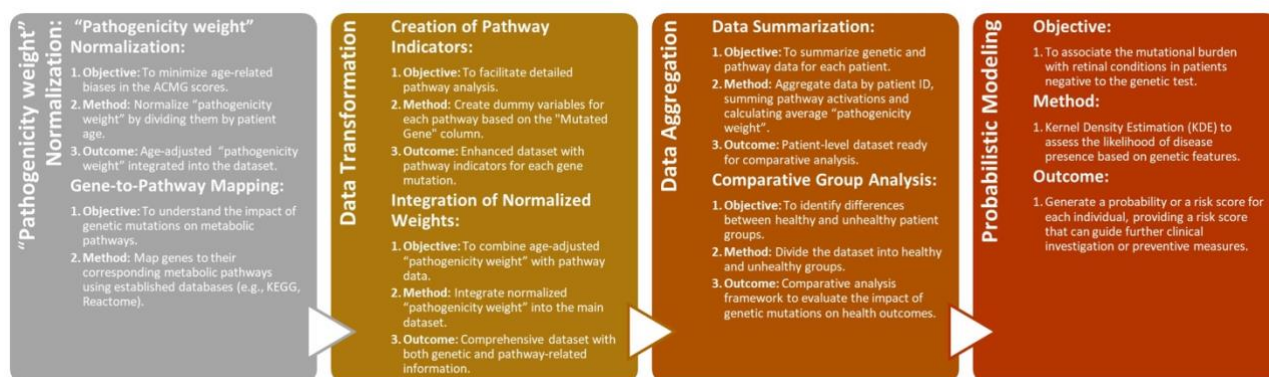


FIGURE 2. This figure shows the result of the Mann Whitney U test to compare the data from the interest group and the control group for each of the identified advantageous metabolic pathways. The two pathways that result significantly are: the canonical retinoid cycle in rods (twilight vision): $p = 0.012084$. Retinoid cycle disease events: $p = 0.000002$. The p -values are plotted on a logarithmic scale to highlight the most significant pathways.

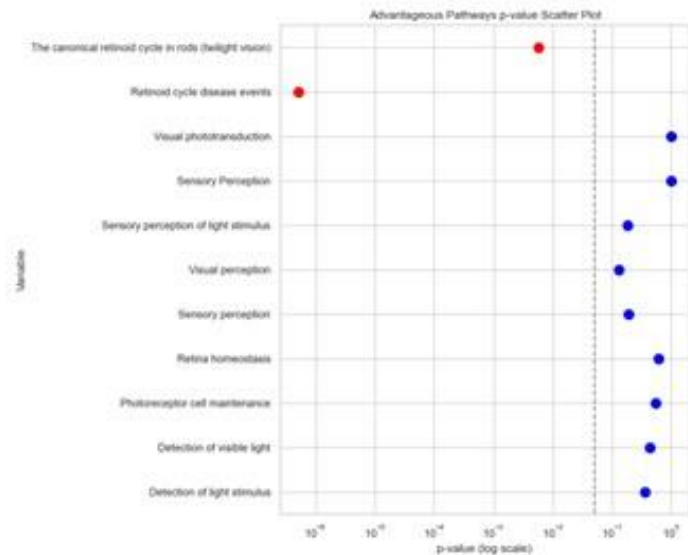


FIGURE 3. KDE curve delineates the density distribution of data points, and a vertical dashed line indicates the set threshold for patient classification. The X-axis represents the percentile rank estimated by the KDE for the average of the “pathogenicity weight” that summed for each variant in the target pathway, while the Y-axis indicates the estimated density. For higher accuracy in the significant pathway result, we use both Kernel density and U-Mann Whitney test. **A)** represents the KDE based on the canonical retinoid cycle in rods (twilight vision) pathway, and **B)** represents the Retinoid cycle disease events pathway.

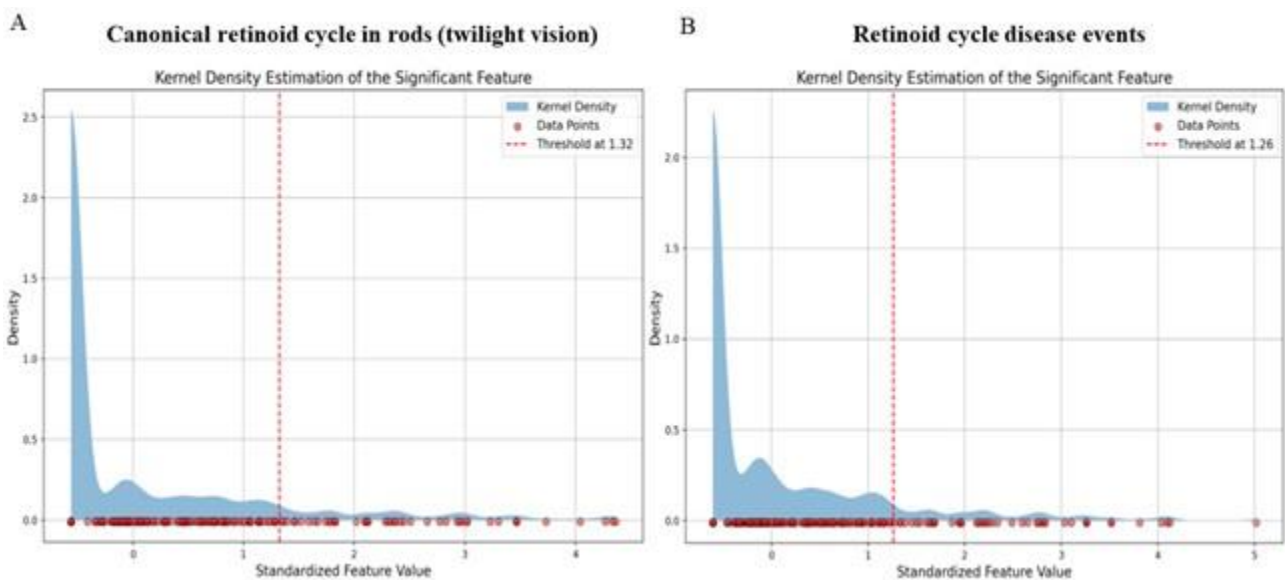


FIGURE 4. Flowchart of the model used to identify genetic combinations present in unhealthy patients but absent in controls. The process includes selecting patients with variants in genes from the twilight vision pathway, calculating genetic combinations in the analyzed cohorts, and selecting combinations exclusive to unhealthy patients.

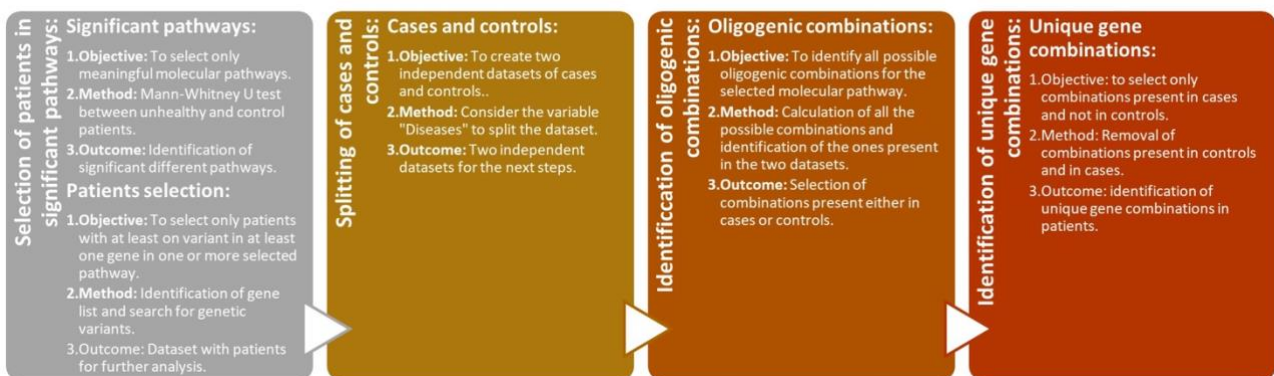


FIGURE 5. Proteins spectral counting distribution. Proteins are showed on the X axes, with their expression levels showed on the Y axes.

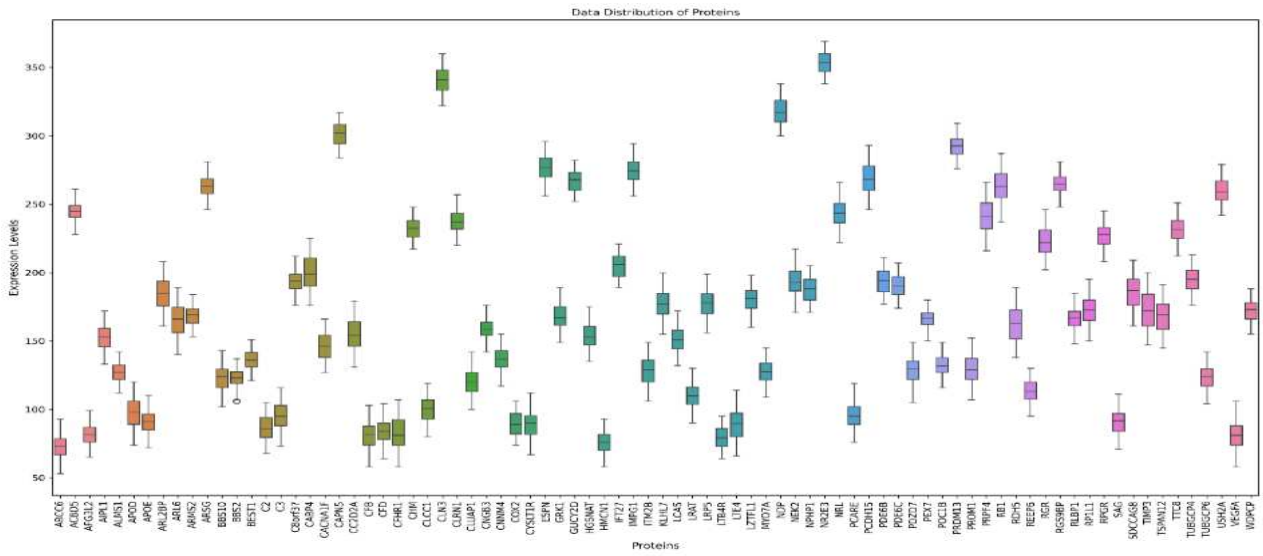


FIGURE 6. Confusion matrix of LR.

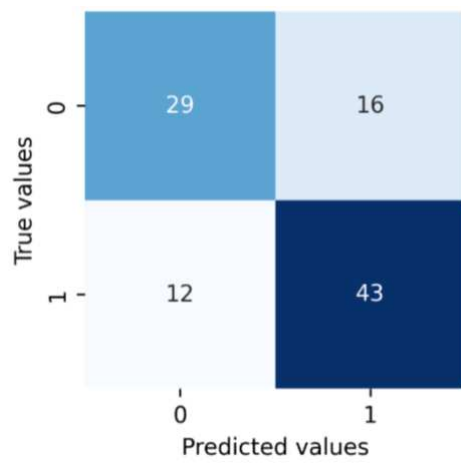
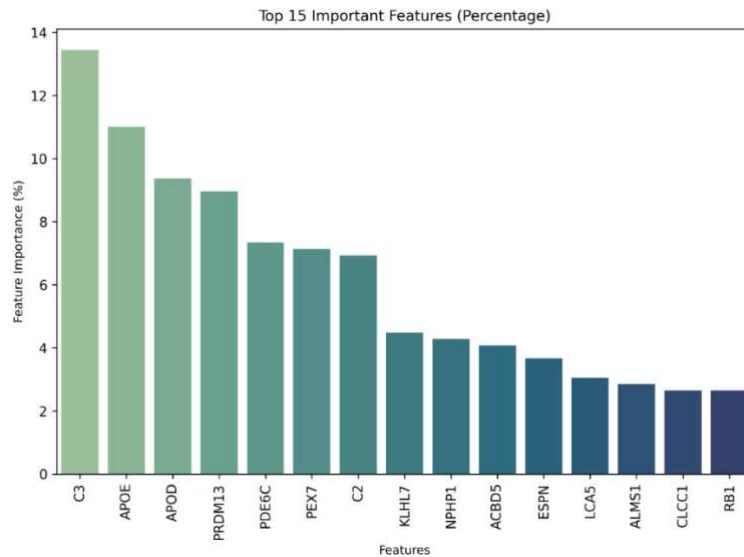


FIGURE 7. Feature Importance of LR, 15 most contributing proteins.



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